

**40 DAYS OF SPIRITUAL**

**QUARANTINE**

**FOR OWN HEALTH AND HOPE**



WEEK 3

# Not By Bread Alone

MATTHEW 4





# Deuteronomy 8:1-3

**<sup>1</sup> Be careful to follow every command I am giving you today, so that you may live and increase and may enter and possess the land the Lord promised on oath to your ancestors.**



# Deuteronomy 8:1-3

**<sup>2</sup> Remember how the Lord your God led you all the way in the wilderness these forty years, to humble and test you in order to know what was in your heart, whether or not you would keep his commands.**



# Deuteronomy 8:1-3

<sup>3</sup> He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your ancestors had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the Lord.



# Deuteronomy 8:1-3

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# Deuteronomy 8:12:28

**28 Be careful to obey all these regulations I am giving you, so that it may always go well with you and your children after you, because you will be doing what is good and right in the eyes of the LORD your God.**





# Matthew 3:13-17

**13** Then Jesus came from Galilee to the Jordan to be baptized by John.

**14** But John tried to deter him, saying, “I need to be baptized by you, and do you come to me?”



# Matthew 3:13-17

**15** Jesus replied, “Let it be so now; it is proper for us to do this to fulfill all righteousness.” Then John consented.



# Matthew 3:13-17

**16** As soon as Jesus was baptized, he went up out of the water. At that moment heaven was opened, and he saw the Spirit of God descending like a dove and alighting on him.



# Matthew 3:13-17

**17 And a voice from heaven said,  
“This is my Son, whom I love;  
with him I am well pleased.”**



# Matthew 4:1-11

- 1 Then Jesus was led by the Spirit into the wilderness to be tempted by the devil.**
- 2 After fasting forty days and forty nights, he was hungry.**



# Matthew 4:1-11

<sup>3</sup> The tempter came to him and said, “If you are the Son of God, tell these stones to become bread.”

<sup>4</sup> Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God.’”



# Matthew 4:1-11

**5 Then the devil took him to the holy city and had him stand on the highest point of the temple.**

**6 “If you are the Son of God,” he said, “throw yourself down. For it is written: ““He will command his angels concerning you...**

**and they will lift you up in their hands, so that you will not strike your foot against a stone.’[c]”**



# Matthew 4:1-11

6b ...and they will lift you up in their hands, so that you will not strike your foot against a stone.””

7 Jesus answered him, “It is also written: ‘Do not put the Lord your God to the test.’”





# Matthew 4:1-11

<sup>8</sup> Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor.

<sup>9</sup> “All this I will give you,” he said, “if you will bow down and worship me.”



# Matthew 4:1-11

**10** Jesus said to him, “Away from me, Satan! For it is written: ‘Worship the Lord your God, and serve him only.’”

**11** Then the devil left him, and angels came and attended him..”



# Hebrews 4:15

**15 For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are- - yet he did not sin.**



# Temptation 1 – HUNGER



# Temptation 1 – HUNGER

## Psalm 104:15

**15** wine that gladdens human hearts,  
oil to make their faces shine,  
and bread that sustains their hearts.



# Temptation 1 – HUNGER

John 4:34

34 “My food is to do the will of Him who sent me.”



# Temptation 1 – HUNGER

*“This is the air I breathe...  
This is my daily bread...  
And I – I’m desperate for You...  
And I – I’m lost without You”*



# Temptation 2 – PERSONAL RIGHTS





# Temptation 2 – PERSONAL RIGHTS

## Psalm 91:9-12

If you say, “The Lord is my refuge,” and you make the Most High your dwelling, no harm will overtake you... For he will command his angels concerning you to guard you in all your ways; they will lift you up in their hands so that you will not strike your foot against a stone.



# Temptation 2 – PERSONAL RIGHTS

Deuteronomy 6:15

**Do not put the Lord your God to the test!**



# Temptation 2 – PERSONAL RIGHTS

## Psalm 95:7b-10

Today, if only you would hear his voice,  
'Do not harden your hearts as you did at  
Meribah, as you did that day at Massah  
in the wilderness, where your ancestors  
tested me;



# Temptation 2 – PERSONAL RIGHTS

## Psalm 95:7b-10

They tried me, though they had seen  
what I did. For forty years I was angry  
with that generation; I said,  
‘They are a people whose hearts are  
astray, and they have not known  
My ways.’



# Temptation 2 – PERSONAL RIGHTS

## Psalm 95:7b-10

So I declared on oath in my anger,  
'They shall never enter my rest.'



# Temptation 3 – STRUGGLE-FREE LIFE



A man wearing a black hoodie and a black eye mask, with his arms raised in a gesture of triumph or defiance. The background is a blurred green field.

**LIFE IS PAIN, HIGHNESS.**

**ANYONE WHO TELLS YOU DIFFERENTLY IS  
SELLING SOMETHING.**

# Temptation 3 – STRUGGLE-FREE LIFE

Deuteronomy 6:13

**Worship the LORD your God and serve  
Him only.**





# Temptation 3 – STRUGGLE-FREE LIFE

## 1 John 2:16

For everything in the world — the lust of the flesh, the lust of the eyes, and the pride of life — comes not from the Father but from the world.



# WHAT'S THE POINT??



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# WHAT'S THE POINT??

***“God gave (America) grace...to change the course we were on. God had been taken out of our schools and lives. A nation had turned its back on (Him). I encourage you to use this time at home to get back in the Word, read our Bibles and spend time with our families.”***

**- Mike Lindell**





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