

masterclass



Presenting YOU

A MASTERCLASS FOR EMPOWERING YOUR
PROFESSIONAL PRESENCE

Developing a Confident, Professional Style

The Style Rehab Masterclass offers a transformative experience designed to help participants embrace their unique style, build confidence, and refine their professional presence. Whether you're part of a corporate team, professional group, or an individual seeking personal growth, this workshop provides actionable tools to elevate your wardrobe and self-presentation.

Style REHAB

Overview



What to Expect

Through engaging activities and practical advice, participants will learn to:

- **Define Professional Presence:** Understand its importance and how it impacts trust, credibility, and leadership.
- **Reflect and Align:** Assess your strengths, growth areas, and wardrobe goals.
- **Dress for Your Shape:** Learn techniques to highlight your body shape and balance proportions.
- **Visualize Your Style:** Create a vision board and explore examples of versatile style personas.
- **Intentional Dressing:** Dress with purpose for specific workplace and social scenarios.
- **Simplify & Refine:** Purge and organize your wardrobe for ease and functionality.
- **Accessorize with Impact:** Discover how accessories add personality and polish to your look.
- **Mindful Shopping:** Shop with intention and avoid decision fatigue.

Style REHAB



Who Is This For?

- **Corporate Teams:** Build confidence and align style with your company's culture and values.
- **Professional Groups:** Empower members to elevate their presence at networking events, leadership roles, and conferences.
- **Individuals:** Take the first step in your style transformation journey.

Key Benefits

- Boosts confidence and morale.
- Encourages inclusivity and self-expression.
- Fosters a polished and cohesive professional image.

Delivery Options

- The workshop is available in-person (ideal for teams and groups) or remotely via live video presentation.

Style REHAB