



The Indigenous Clinical Pastoral Training Program

(Member of the International Council on Pastoral Care and Counseling)

Website: www.icpcc.net

**“AS IRON SHARPENS IRON,
SO ONE MAN SHARPENS ANOTHER”**

Proverbs 27 : 17

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About Clinical Pastoral Education (CPE):

Clinical Pastoral Education is professional education for ministry which brings theological students, ordained clergy, members of religious orders, and qualified lay-persons or church members into supervised encounters with "living human documents". This helps to facilitate development of one's pastoral identity, interpersonal competence and spirituality; develops the skills of pastoral assessment, inter-professional collaboration, group leadership, pastoral care, counseling and theological reflection. CPE started in the 1920's at a psychiatric hospital in Worcester, Massachusetts by the Reverend Anton T. Boisen and Dr. Richard Cabot. In addition to psychiatric hospitals, CPE is presently offered in a variety of other clinical settings that include general hospitals, social service agencies, prisons, university campuses, medical schools, parishes or churches and military establishments. CPE and Pastoral care focuses on people, irrespective of one's creed, social position or prestige. It is the caring for humankind in all walks of life; from the bricklayer to the structural engineer, from the school girl to the grandmother; whether in the prime of health or incurably ill, in joy or sadness, in good times or bad, people struggle and can benefit from pastoral care. The stresses of life impacts the body, mind, spirit and soul. Pastoral care responds to this impact, especially in situations of intense pain and suffering. Pastoral care is shared compassion. More people turn to clergy when they are in trouble than any other profession so it is especially important that the pastor or minister be equipped by acquiring CPE skills. Although CPE began in North America (in the United States and later Canada), it took root following the second post-World War years in Northern Europe, New Zealand and Australia. In the latter part of this century, American-based CPE operated in the Philippines and Hong Kong. It is only in the late 90s that **Indigenously** focused CPE (culturally appropriate" and contextually-sensitive CPE) began; first in Korea, then in Italy, the Bahamas, Philippines, Malaysia and Singapore. Credits go to the Rev. Dr. Richard Liew and the Rev. Dr. John DeVelder for their relentless efforts in helping these countries outside the United States to develop the augmented CPE training which fitted in nicely to these customs and cultures. From 2016 onwards they both refocused back towards the United States after receiving numerous inquiries for the indigenous way of CPE training. From that point onwards they raised the first generation of indigenous clinicians who are equipped to continue indigenous pastoral care training. This has come to birth what is now called Indigenous Clinical Pastoral Training (ICPT). Hence, what began as an effort to help pastoral care givers outside the United States to acquire and practice pastoral care skills according to one's culture in 1999 has now returned to an increasingly diverse culture in the United States which has a huge influx of immigrants from all over the globe.



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Who can apply.....

Ordained clergy, clergy seeking ordination, theological students, members of religious orders, qualified laypersons or church members, pastoral care givers and chaplains, any clinician or person who is interested in the care ministry.

Program features for One CPE Unit

This is a 400 hours accredited training with the following five curriculum elements:

- 1. Pastoral Field Work (70%)** The development of pastoral care skills through actual provision of pastoral care.
- 2. Didactic / Lecture (12%)** The acquisition of theoretical knowledge in the shaping of effective pastoral care and competency.
- 3. Clinical Seminars (6%)** An objective examination and analytical understanding of real-case presentation.
- 4. Integrational Peer Group Clinic (6%)** The development of group life dynamics and leadership for personal and professional formation. It covers essentials in the art of conversation and intense listening as a way of developing peer relationships.
- 5. Individual Supervision (6%)** A personal supervisor will be assigned for individual guidance and supervision sessions.

Program Scheduling: This runs over a period of approximately seven months. Class sessions are usually held fortnightly on weekdays from 9am till 5pm.

Programs Cost: The course fee is USD1,000 for the whole program. Fee includes all relevant course materials and documents but **excludes** books, transportation, accommodation and food. Upon successful completion of all program requirements, the Trainee will be awarded a certificate for one unit of CPT issued by The American Association of Indigenous Clinical Pastoral Supervision & Psychotherapy, Inc.



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Educational Philosophy of Indigenous Clinical Pastoral Training

1. Adult Learning

Teaching and learning is student-centred and individualized. Students assume responsibility for their learning.

2. Clinical Learning

Learning arising out of the actual practice of ministry.

3. **Small group learning** (Not more than 7 people in a group).

4. Supervised Learning

The learning is focused, purposeful and coordinated by a professionally qualified CPT Supervisor who maintains frequent contact with the student to enable optimum use of the curriculum elements to achieve the students learning needs and goals.

5. Theological Learning

"Theology on wheels" learning whereby theology is correlated with human experience and the "real world" (the guts of life and the human condition), enabling students to bring congruency between their "espoused theology" and their "operational theology" (their creed and their deed). It is "theology in the flesh", it is theology that speaks to the soul - the core of one's being - of both the caregiver and care receiver.

6. Methodology of Learning

The teaching and learning principles derived from the early CPT movement invented by the Rev. Anton T. Boisen and Dr. Richard Cabot, but contextualized to reflect multi-cultural society, making it relevant to the local need wherever the training is taking place.



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Areas of CPT Competency

1. Self Awareness

Students will become aware of self as minister/care giver/counselor; which includes one's attitudes, values, assumptions, strengths and weaknesses and the ways that his or her care and ministry impacts the people being cared for.

2. Interpersonal Awareness

Students learn to accept and utilize the support of the peer group and practice communication skills required for confrontation and clarification for the integration of personal attributes and pastoral functioning.

3. Conceptual Ability

Students learn how persons, social conditions, systems and structures affect the lives of self and others and how to engage these issues in ministry effectively.

4. Pastoral Functioning

Students learn the basic skills for giving pastoral care to all people; make effective use of yours religious/spiritual heritage and theological understanding, and increase competency by using behavioral sciences; and function effectively as a unique member of an interdisciplinary team and to utilize pastoral and prophetic perspectives in a variety of functions.

5. Ministry Development and Management

Students learn about the clinical method of learning and use peer group and supervision to develop the capacity for evaluating one's ministry.



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To apply for Indigenous CPT training,

- 1) Email The Rev. Dr. Harold Lalande at aaicpsp@gmail.com for the Application Form or (preferably) download the form from the aaicpsp.org website.
- 2) Complete all parts of your application and mail or email back to Dr Lalande.
- 3) On receipt of your application form, a CPT Supervisor will contact you to arrange an interview.
- 4) On successful completion of the interview, an Admission Letter will be emailed to you with the start date for training.

Please note that as groups are limited in size, application forms are accepted at all times and interviews are conducted on a rolling basis. Applicants are encouraged to apply as soon as possible.

The AAICPSP's Indigenous Clinical Pastoral Training (ICPT) program is affiliated with

www.apccsp.com
www.icpcc.net
www.malaysiacpe.com