

APRIL 2023

WISCONSIN WESTIE RESCUE

CHANGING LIVES ONE WESTIE AT A TIME

WISCONSINWESTIERESCUE.COM

WWR ADOPTIONS

Meet Winston Hopkins! *By Megan Hopkins*

My family and I were lucky enough to adopt little Winston this last November and, within just a few days, he became my little buddy and my new baby boy. It was very clear that Winston needed a mom. I was very happy to fill that role! Winston is the sweetest little boy who just wants to be loved and snuggled. He is happiest when he is being held or being cuddled on the couch or in bed. He is always by my side, sitting on my feet when I brush my teeth and standing between my feet while I do the dishes. He is my little shadow and I love it!

Winston does not always know how to act around people and other dogs because he had a bit of a difficult life before we adopted him, but he is learning very quickly. He responds very well to positive reinforcement and serves a great reminder that it is important to be patient and to allow time to adapt. In the short 4 months we have spent together, he has already learned a great deal from his brother, Cooper the corgi, and sister, Candy, our senior girl who was also adopted from the Wisconsin Westie Rescue. Sometimes I think Winston has learned more from following his siblings around the house.

Winston has become a fan favorite everywhere he goes! From the vet's office to meeting friends and



family, it is impossible not to fall in love with him! Not only is he sweet, but his crooked little teeth and gorgeous tiny face melt everyone's hearts. His grandma and grandpa especially love him and he loves them! He gets so excited when I tell him grandma and grandpa are coming to see him. I do believe they would steal him away from us if they could. He loves spending his days with them while I'm at work and he soaks in the extra love and attention.

Winston is the perfect example of why people should rescue before purchasing a westie from a breeder. He is the cutest little boy who is incredibly devoted to all of us. I believe that he knows he was rescued and loves us all more because of it! We are so thankful to the WWR for bringing him into our lives. I can't imagine my life without him.

WESTIE ADOPTIONS

Meet Winston Olk!! *By Jane Olk*

Hello everyone! My name is Winston!

When I was born, I was named Thor Jr. I was supposed to be a "stud" at a kennel in Indiana, but then I was sold to a kennel in South Beloit, Wisconsin. Lucky for me, my cute little ears would just not stand up, so they would not let me father puppies! I was then put on a website and sold to a very nice lady and her husband in Wisconsin Rapids, but I was too much for them! I had way too much energy, so they kindly turned me in to WWR. And now my wonderful new life has begun!

WWR asked my mom and dad, Jane and Peter Olk, to foster me. But after taking one look at me, my mom says it was all over and she was going to fail fostering again! They fell in love with me instantly and now I am making history in Hortonville. And although I really, really like to chew and destroy things including couches and recliners, I am learning to be better about what I chose to chew on. I have been granted lots of time outs when I get too riled up, but I am quickly forgiven because of my great personality and because, after all, I am still part puppy!

I have two older sisters, Gracie and Neely, both who have been adopted through WWR and I love them dearly! Especially my Gracie momma! We play and play and play and then play some more! I have been so good for Gracie that she has even lost 4 pounds, which makes everyone happy. I particularly like to lay and wait and then surprise her by pouncing on top of her and grabbing her one remaining ear...she mostly doesn't mind, but always lets me know when I am going overboard! I let her think she is in charge and is putting me in my place, but I do it because I know it makes her feel good!



I also just started going to school because mom says she wants me to learn some manners. I know I can get away with most anything because I am so cute, but I am told that I need to learn a few basic things so I can be a better boy. My first class went fairly well and I am looking forward to the next 5 weeks of being with my new friends! I did promise my mom that I would practice in between classes so I can graduate with honors!

Thank you all for reading my story! I am looking forward to meeting as many of you as I can at the next Westie picnic! You will recognize me by my trademark floppy ears!

WWR BOARD UPDATE

Thank you Barbara Peden!

As many of you know, Barbara retired from the rescue at the end of 2022. We want to take a moment to express our sincerest gratitude for her tireless dedication and unwavering commitment as a volunteer with the Wisconsin Westie Rescue. Her time, energy, and effort have truly made a lasting impact on the lives of so many individuals and families in our community, changing lives one Westie at a time. Her selflessness and generosity have left a mark on our organization that will endure for years to come. Her dedication to our cause has been an inspiration to us all, and her absence will be felt deeply. We wish Barbara all the best in this new phase of her life. Barbara, please know you will always have a special place in our hearts. Thank you for your extraordinary service and for being an integral part of our team. We wish you all the happiness, health, and success in your retirement.

Meet The New Board Members

JANE OLK—Jane resides in Hortonville which is west of Appleton, WI She is the owner of Donaldson's Gourmet & Gift, a café coffee shop and retail store. Jane was first introduced to our breed back in 2000 with her first Westie Tina. She fell in love and adopted Tina as her first rescue from a Chicago rescue. In 2015, Jane became involved with WWR when she and her husband Peter adopted their first two WWR rescues; Finlay and Abby. She and Peter fell in love with these two adoptees and have never looked back! They began fostering in 2017. Recently they have adopted their "failed foster" Winston at the end of 2022. Jane and her husband also have two additional Westies adopted through WWR - Neely and Gracie.

EMMA RUDD— Emma resides in the Milwaukee area and is an architect. Her parents, Cindy and Gary, introduced Emma to the breed over 13 years ago when they adopted their first westie, Bindley, as a puppy. Later the family adopted Tillie, one of our mill mamas. When Emma moved to Milwaukee, she became a dog sitter for one of the WWR volunteer foster homes. It was while sitting for a somewhat grumpy senior westie, Butter Bean, that she fell in love with him. Butter soon found himself hanging with her in her new home.

Please welcome these two members to our board. We look forward to their contributions in the steering of our organization!!

***Thank you,
Wisconsin Westie Rescue***

WWR Photos Needed for 2024 Calendar

Work on WWR's 2024 is expected to begin soon! We are once again looking for your best Westie photos for our 2024 calendar. We try to include at least one each of the Westie photos submitted in the calendar. This has been one of our favorite fund-raising activities and everyone loves to see all the photos of our rescued Westies, Westie mixes and siblings!

Barbara Peden has retired from WWR and Lana Olson is assuming her tasks on the calendar project. Please email photos (do not compress photos please) to lanolson@gmail.com or mail to Lana Olson, 15213 W Union Dane County Line Rd., Brooklyn, WI 53521. We are happy to return photos if requested.

We do have some remaining 2023 calendars available for the low price of \$18 which includes shipping. Email Lana for availability!

WWR 2023 Picnic - Save The Date

Saturday, July 29, 2023 - Hosted by *Ron & Janell Westmayer*

Mark your Calenders for a fun day at Ron and Janell's house, 7476 Spruce Street, Minocqua, WI 54548. Email at Westmayer@gmail.com. A fenced -in yard will allow Westies and their owners to relax and mingle!

Watch your mail in early June for more information, and your RSVP! Let's get ready to party with our Westies!!



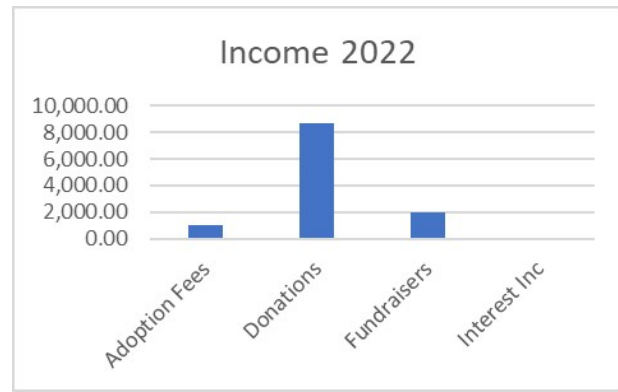
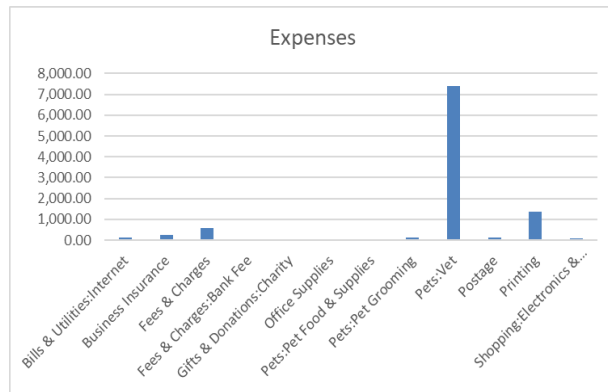
KEEP UP WITH WWR

If you have not visited the WWR Website (<https://wisconsinwestierescue.com>) recently, please take a look. You will find information about adopting and surrendering, available dogs, current news, information and lots of Westie pictures. If you have a picture of your favorite Westie that you would like to see on the website, please email it to wwrnewsletter@wisconsinwestierescue.com. We will add it to our photo gallery. Please note, we do not use photos that include people.

Also, visit us on Facebook at "[Wisconsin Westie Rescue](#)".

Financial Review 2022

2022 was a quiet year for the rescue. We only placed five Westies – Audie, Winston, Murphy, Walker and Winston (#2!). The only fundraiser we did was calendar sales. A big thank you once again to Lana Olson for taking on this effort. Our net profit was \$1,372. We did receive a number of donations from our supporters, so expenses and income were almost even. Our cash balance increased by \$1,587. Be-



WWR Licensing Update

As some of you already know, we are licensed by the Wisconsin Department of Agriculture, Trade and Consumer Protection (DATCP) as a dog seller. Each year we are inspected by the DATCP. Greg Ver-Plank met with the inspector in November of last year to review all of the paperwork for 2022. This includes all documentation related to intake and adoption. The most important piece is the Certificate of Veterinary Inspection (CVI) which is required for all adoption placements. We passed the inspection with flying colors and all of our paperwork was in order. We received our new license in December. If anyone would like a copy of the license, please send an email to info@wisconsinwestierescue.com.

Heartworm Treatment Guidelines

The only request by the state during WWR's 2022 inspection was to add specific content regarding how WWR would treat a dog coming into rescue with heartworms. Heartworm or dirofilariasis is a parasitic roundworm that can multiply and attack the heart. It is a very serious infection. (Learn more at www.heartwormsociety.org) Fortunately infected dogs coming into WWR have been a rarity. However, based on the state's request, WWR has added the following pieces to our formal documentation for future inspections. We thought you might find it interesting to review.

Heartworm Treatment Guidelines for the Pet Owner

The American Heartworm Society recommends the following heartworm treatment protocol for dogs. This method effectively eliminates most heartworm infections when closely followed by both you and your veterinarian. The overall goals of treatment are to safely and successfully eliminate current adult and immature heartworms, prevent new infections and minimize treatment related complications in your dog. The recommended treatment consists of the 5 steps outlined below.

Initial Treatment (Day 0)

From the moment your dog is diagnosed with heartworm disease your dog must be kept strictly confined! That means your dog should be restricted to a very small area at all times throughout the entire treatment period (the use of a small cage or crate may be necessary), and continuing for 6 to 8 weeks after the last injection of melarsomine (the drug that kills adult heartworms). To ensure exercise restriction, your dog must be kept on a leash when going outside. Your veterinarian will tell you when it is permissible to gradually allow your dog to exercise again.

Your dog will be started on a once-monthly medication called a "preventive," to kill immature heartworms and prevent new infections from developing. You should continue to give it to your pet throughout treatment as well as for the rest of his/her life.

Your dog will also be given the antibiotic doxycycline or minocycline for 30 days. This medication kills bacteria which live in the heartworms. These bacteria help the worms survive and reproduce. They also may cause worsening inflammation when adult heartworms die. By giving this antibiotic prior to the medication that will kill your dog's heartworms, we decrease the likelihood of complications from the treatment and optimize the chance for complete elimination of the infection.

First Adulticide Treatment (Day 60)

Two months after starting heartworm preventive, you will need to bring your dog to the clinic for the first injection of melarsomine, the drug that kills adult heartworms. Because complications can occur, your veterinarian might require your pet to stay in the clinic for observation. Upon discharge, your veterinarian may also prescribe prednisone or another anti-inflammatory medication for your dog to reduce side effects.

Second Adulticide Treatment (Day 90)

One month after the first injection, two additional injections of melarsomine must be given 24 hours apart. Once again, your dog may need to stay at the clinic during this treatment period.

Interim Assessment of Health and Microfilaria Status (Day 120)

Your veterinarian will examine your dog to determine his/her status following treatment. This examination will include a careful physical examination with an emphasis on the heart and lungs as well as testing for circulating immature stages of heartworm (microfilaria). This interim assessment will help your veterinarian determine when your pet can gradually resume more vigorous physical activity. If microfilaria are still present, your veterinarian may prescribe an additional medication to help eliminate them and then retest at Day 150 to assess effectiveness.

Final Assessment of Efficacy (Day 365)

Your veterinarian will test your dog's blood to assess the success of adulticide treatment. The goal is to eliminate all stages of heartworms from your dog.

Home Care – Your Responsibility

Throughout the recovery period, please watch your pet for coughing, gagging, vomiting, diarrhea, or loss of appetite. Excessive sluggishness, respiratory distress, and coughing up blood are signs of a serious problem that require immediate veterinary attention.

The most important thing you can do to minimize complications during treatment is to restrict your pet's exercise before, during and after the melarsomine injections. When adult worms die, they collapse and are pushed deeper into the smaller branches of the vessels that supply blood to the lungs. Because exercise increases blood flow to the lungs, it increases the likelihood that dead worms will block blood flow. This can result in severe complications and possibly death. The importance of restricting your dog's activity cannot be overemphasized.



**AMERICAN
HEARTWORM
SOCIETY**
EST. 1974

Table 2. AHS-Recommended Heartworm Management Protocol

Day	Treatment
Day 0	<p>In a dog diagnosed and verified as heartworm positive:</p> <ul style="list-style-type: none"> • Positive antigen (Ag) test verified with microfilaria (MF) test • If no MF are detected, confirm with second Ag test from a different manufacturer • Apply an EPA-registered canine topical product labeled to repel and kill mosquitoes • Begin exercise restriction—the more pronounced the signs, the stricter the exercise restriction <p>If the dog is symptomatic:</p> <ul style="list-style-type: none"> • Stabilize with appropriate therapy and nursing care • Prednisone prescribed at 0.5 mg/kg BID first week, 0.5 mg/kg SID second week, 0.5 mg/kg every other day (EOD) for the third and fourth weeks
Day 1	<ul style="list-style-type: none"> • Administer appropriate heartworm preventive <ul style="list-style-type: none"> ◦ If MF are detected, pre-treat with antihistamine and glucocorticosteroids, if not already on prednisone, to reduce risk of anaphylaxis ◦ Observe for at least 8 hours for signs of reaction
Days 1–28	<ul style="list-style-type: none"> • Administer doxycycline 10 mg/kg BID for 4 weeks <ul style="list-style-type: none"> ◦ Reduces pathology associated with dead heartworms ◦ Disrupts heartworm transmission
Day 30	<ul style="list-style-type: none"> • Administer appropriate heartworm preventive • Apply an EPA-registered canine topical product to repel and kill mosquitoes
Days 31–60	<p>A one-month wait period following doxycycline before administering melarsomine is currently recommended as it is hypothesized to allow time for the <i>Wolbachia</i> surface proteins and other metabolites to dissipate before killing the adult worms. It also allows more time for the worms to wither as they become unthrifty after the <i>Wolbachia</i> endosymbionts are eliminated.</p>
Day 61	<ul style="list-style-type: none"> • Administer appropriate heartworm preventive • Administer first melarsomine injection, 2.5 mg/kg intramuscularly (IM) • Prescribe prednisone 0.5 mg/kg BID first week, 0.5 mg/kg SID second week, 0.5 mg/kg EOD for the third and fourth weeks • Decrease activity level even further: cage restriction; on leash when using yard
Day 90	<ul style="list-style-type: none"> • Administer appropriate heartworm preventive • Administer second melarsomine injection, 2.5 mg/kg IM • Prescribe prednisone, 0.5 mg/kg BID first week, 0.5 mg/kg SID second week, 0.5 mg/kg EOD for the third and fourth weeks
Day 91	<ul style="list-style-type: none"> • Administer third melarsomine injection, 2.5 mg/kg IM • Continue exercise restriction for 6 to 8 weeks following last melarsomine injections
Day 120	<ul style="list-style-type: none"> • Test for presence of MF <ul style="list-style-type: none"> ◦ If positive treat with a microfilaricide and retest in 4 weeks • Continue a year-round heartworm prevention program based on risk assessment described in prevention section
Day 365	<ul style="list-style-type: none"> • Antigen test 9 months after last melarsomine injection; screen for MF • If still Ag positive, re-treat with doxycycline followed by two doses of melarsomine 24 hours apart

A Whimsical Westie Word Search

N C V P F K T R E A T X R C Q S P P
N A P B E L L Y R U B S S O V B L S
B Z N B B Y A E P D O M Q O W A A N
I N D E P E N D E N T D U D E L Y U
S I L L Y C E V C B X X I X S L R G
S T S T J I Q U M W X S R P T D E G
Z P Y O W S N O W D A Y R L I T S L
B E S T F R I E N D I G E O T U C E
A F F E C T I O N A T E L Y U Z U Q
M X T C H E W T O Y D Y Z A D H E A
L W A L K Z T X I J M T I L E T R L
S T U B B O R N M C U R I O U S A H

Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

AFFECTIONATE
BALL
BELLY RUBS
BEST FRIEND
CHEW TOY
CURIOUS
DIG

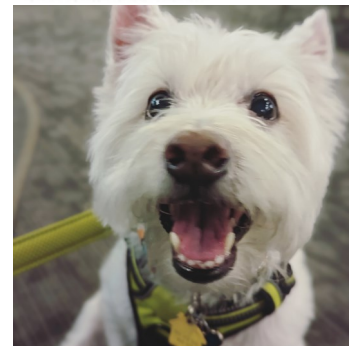
INDEPENDENT
LOYAL
NAP
PLAY
RESCUE
SILLY
SNOW DAY

SNUGGLE
SQUIRREL
STUBBORN
TREAT
WALK
WESTITUDE

"Whimsical Westie Word Search"

By

Butter the Westie!!



Share Your Westie Stories

We are starting a new section for the newsletter called "Sharing your Westie stories". We would love to hear your fun Westie memories and experiences. Each newsletter we will try to share one or two stories based on space available. Pictures are also welcome in a jpeg format.



Fun Fact:

Westies are loving and loyal who can adapt to a variety of home environments. They have happy, fun-loving personalities and love family life which makes them a wonderful family addition!

Newsletter Update

If you move or change your email, please be sure to update your mailing and email addresses with Wisconsin Westie Rescue. Changes can be sent to newsletter@wisconsinwestierescue.com.

We strongly encourage you to get newsletter via email as it helps us save trees and postage, as well as time.

Keep your mailing and email addresses up-to-date. Thank you!!

EDITOR NOTES

I am excited to assume the WWR Newsletter Editor tasks and look forward to many years of sharing the beautiful adoption stories and news. We adopted and fostered Hunter 12 years ago after he was surrendered at three months old. He has brought so much joy into our lives and we are so grateful to WWR!!



Also, I would like to take this time to send a **Big Thank You** to Jean Anderson for her years of dedication as the WWR Newsletter Editor! Jean continues her role as the WWR Webmaster.

Thank you,

Marilyn Kallimanes, WWR Newsletter Editor

Wisconsin Westie Rescue

c/o Marilyn Kallimanes

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