



PLAY

The Artist

PLAY (**Patrycja Lucyna Altyńska**) is a Polish-born, London-based multidisciplinary artist working across painting, assemblage, found objects, wordplay and conceptual storytelling.

Her practice transforms overlooked materials and ordinary encounters into playful, layered propositions about perception, value, identity, appreciation and creative coherence. She calls her process ART-official Intelligence: a dance with everything life brings, from materials and happy accidents to strangers, fellow artists, circumstance and technology.

Education & Interdisciplinary Foundations

Degree in Politics, *University of Warsaw*, Poland
Professional qualifications and training in Life Coaching, Positive Intelligence, Energy Psychology, Yoga and Reiki

Long-term practice and study across meditation, yoga and consciousness-based approaches

Founder and author of *Play Godass*, an original framework connecting creative practice, perception, self-awareness and playful transformation

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Selected Exhibitions & Projects

2026 *Mellow Yellow*, Group Exhibition, Slovenia

2026 *Artworks East*, London, UK

2026 *Play Godass & The WhizzARTs*, Founder, Curator & Leading Participating Artist, London, UK

2026 *Souls United in Art*, Book Launch Exhibition, London, UK

2025 *BobCat Gallery*, Putney, Group Exhibition & Live Painting, London, UK

2024 *I Am an ARKTIVIST*, Group Exhibition curated by Laura Iosifescu, London, UK

2024 *Kei London*, Artwork Catwalk, London, UK

2024 *Royal Exchange Showcase*, High-Net-Worth Individuals Event, London, UK

2023 *Andakulova Gallery*, Dubai, UAE

2023 *Nicoleta Gallery*, Berlin, Germany

2023 *SWISSARTEXPO*, Zurich, Switzerland

2023 *Casa del Arte*, Palma, Spain

2023 *Cipriarte Venezia*, Venice, Italy

2023 *HUES, The Holy Art*, London, UK

2023–2025 *PLAY Mini Gallery*, permanent rotating presentation, *David Lloyd Club*, Chigwell, UK

Workshops & Community Projects

2026 *The Safe Healing Center*, Chigwell, UK, Artist-Led Workshop & Art Presentation

2026 *RAI Collective at The Creative Hub*, London, UK, Artist-Led Workshop & Art Presentation

2024 *Redbridge Lakes*, London, UK, Collaborative Painting Workshop with 16 participants; artwork on permanent display

Publications & Press

2026 Author, *PLAY GODASS: Discover the Hidden Map to a Magical Life*

2026 Featured in the Book *Souls United in Art*

2023–2025 Featured creative and lifestyle editor, *LAZIN UK*, digital fashion and art magazine