Permission to Use Sunscreen &

Insect Repellent

Sunscreen and insect repellent must be: 1) safe for the age of the particular child; 2) in the original container; 3) within the expiration date noted on the product; and 4) provided by the parent/guardian. **Combined sunscreen and insect repellents are prohibited.**

Insect repellent will be used only when recommended by public health authorities or requested by a parent/guardian. The repellent should contain a concentration of **30% DEET** or less. Repellents not containing DEET may only be used if safe for the age of the particular child. Oil of lemon and eucalyptus products may not be used on children under the age of 3. **Insect repellent will be applied to a child’s skin only once a day, but may be sprayed on clothes for later trips outside.** School-age children may apply insect repellent to themselves with adult supervision for proper application. The exposed skin will be washed off with soap and water after a child returns indoors.

Sunscreen/sunblock must provide UVB and UVA protection with an **SPF of 15 or higher** (without Paba is recommended)**.** Paba gives some children blotchy rashes.Sunscreen may be provided by a parent/guardian, labeled with the child’s full name. School-age children may apply sunscreen to themselves with adult supervision for proper application. Sunscreen will be applied only to exposed areas of skin, and **20 to 30 minutes before going outdoors** to be absorbed into the skin and to increase its effectiveness. **Sunscreen will be re-applied every two hours while outdoors**, or more often if the child is involved in water play or perspiring. Brimmed hats, long sleeved shirts and pants in light colors provide additional sun protection. Hats may only be worn **outside** the building, not within the Center unless approved by a member of management.

When applying any type of insect repellent or sunscreen, staff members must wear gloves. Aerosols

must be applied as directed on the container, which generally states:

1. Hold can 4 – 6 inches away from body and spray evenly (only to exposed areas).
2. **DO NOT** spray onto face. Spray into hand and then apply to face (caregivers must do this step).

Prior to use at a center/school, sunscreen and repellent should be applied to your child at least once at home to test for any allergic reaction. A Parent Release-Sunscreen and Insect Repellent form must be signed by the parent/guardian before either is used. This permission slip must be updated annually. The child’s sunscreen will be stored in his/her backpack and intended for his/her use ONLY.

Please check the box(es) that apply:

[ ]  My child, Enter Child’s Name, may have **SUNSCREEN** applied to exposed skin areas before going outside on warm sunny days.

[ ]  My child, Enter Child’s Name, may have **INSECT REPELLENT** applied to exposed skin areas before going outside.

Signature of Parent/Guardian: \_\_\_\_\_\_\_\_\_\_\_\_\_ \_ \_\_\_\_\_\_\_\_\_ Date: Click Date