

What type of Therapy Do I Need?

Therapy Type	Common Disabilities Supported	Provided At By A State School if Qualified
Early Intervention Therapy	Developmental delays, Down Syndrome, ASD	Yes
Speech-Language Therapy	ASD, Apraxia, Down Syndrome, Hearing Impairment	Yes
Occupational Therapy	ASD, Sensory Processing Disorder, CP, Developmental delays	Yes
Physical Therapy	CP, Muscular Dystrophy, Developmental Delays, Injury recovery	Yes
Applied Behavior Analysis (ABA)	ASD, ADHD, Behavioral Disorders	No but can collaborate with classroom teachers in some states
Cognitive Behavioral Therapy (CBT)	Anxiety, Depression, ASD, ADHD	No
Play Therapy	Trauma, ASD, Behavioral Disorders	No
DIR/Floortime Therapy	ASD, Global Developmental Delay	No
Sensory Integration Therapy	ASD, Sensory Processing Disorder, ADHD	No
Vision Therapy	Vision Impairments, Learning Disabilities	No
Hippotherapy	CP, Sensory Processing Disorder	No
Aquatic Therapy	CP, ASD, Muscular Dystrophy	No
Music Therapy	ASD, Anxiety, Behavioral Disorders	No
Feeding Therapy	Feeding disorders, ASD, CP	No
Executive Function Coaching	ADHD, Learning Disabilities, ASD	No
Art Therapy	Trauma, Emotional Disorders, ASD	No
Family Therapy	Family systems issues, ASD, Emotional Disorders	No
Special Education Services (IEP/504 Plans)	ASD, Learning Disabilities, CP, ADHD	No
Assistive Technology Support	ASD, Physical Disabilities, Learning Disabilities	Yes with SLP and Specialized classrooms.