

Registered Behavior Technician Exam Overview

The **Registered Behavior Technician (RBT) exam** is structured around six key domains, each representing essential competencies for behavior technicians. Here's a **comprehensive review** of each domain:

1. Measurement

- Understanding **data collection methods** (e.g., frequency, duration, latency, interval recording).
- Using **graphs** to analyze trends in behavior.
- Calculating **percentages, rates, and mean duration** of behaviors.
- Identifying **reliable vs. unreliable data** and ensuring fidelity in measurement.

2. Assessment

- Conducting **preference assessments** to determine effective reinforcers.
- Implementing **functional behavior assessments (FBA)** under supervision.
- Identifying **antecedents and consequences** that influence behavior.
- Recognizing **skill deficits** and behavioral excesses.

3. Skill Acquisition

- Teaching new skills using **reinforcement, prompting, shaping, chaining, and fading**.
- Implementing **discrete trial training (DTT)** and **naturalistic teaching strategies**.
- Understanding **task analysis** for breaking down complex skills.
- Using **error correction procedures** to support learning.

4. Behavior Reduction

- Implementing **behavior intervention plans (BIPs)** designed by a BCBA.
- Using **extinction, differential reinforcement, and punishment procedures** appropriately.
- Recognizing **secondary effects** of extinction and punishment.
- Ensuring interventions are **ethically and effectively applied**.

5. Documentation and Reporting

- Writing **objective session notes** and maintaining accurate records.
- Reporting **data trends** to supervisors.
- Following **confidentiality guidelines** and HIPAA regulations.
- Documenting **incidents and progress** in a professional manner.

6. Professional Conduct and Scope of Practice

- Adhering to the **BACB Code of Ethics**.
- Maintaining **professional boundaries** with clients and families.
- Understanding **cultural humility and responsiveness** in service delivery.
- Avoiding conflicts of interest, including **gift-giving and receiving**.