



Instructions for use of MMS7000 – Ankle

1. Place the electrodes in a **crisscross (X)** pattern on the skin (see diagram).
2. Make sure lead wires are properly connected to each side of the MMS7000 and electrodes. (**red to red** – black to black)
3. Turn the MMS7000 on by pressing the **orange** power button.
4. Use “Ort” (orthopedic) mode (this is the initial setting when the MMS7000 is turned on).
5. Press the **+ and –** buttons to select desired amplitude. Once the desired setting is reached the treatment will automatically begin.

The treatment time is 20 minutes. The MMS7000 will automatically shut off when the treatment is done.

Recharge the battery when the display indicates “one bar”.

Please do **NOT** charge the MMS7000 **until** it gets to “one bar”.

To Charge: plug the AC wall adapter into an outlet and connect it to the unit. The MMS7000 can be used to provide treatments while recharging.

For questions or when you are done with the MMS7000 please call or text:

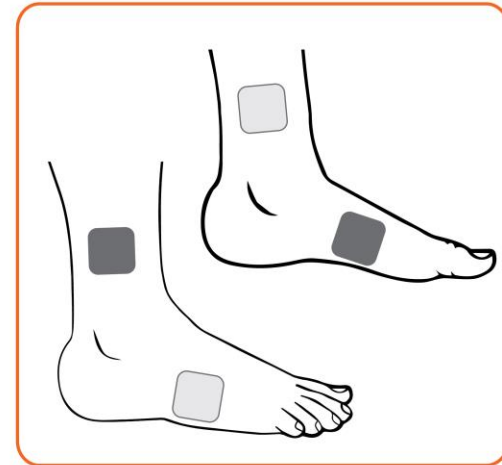
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Electrode Placement



Your Initial Setting

Adjust amplitude
(+ or -) as tolerated.

There should be **NO** skin
movement or muscle spasms.

Use 3+ times per day.

Allow 3-4 hours between
treatments.