

Alex Danieli

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[Website](#)

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Education

Union College - Schenectady, NY

Aug 2023 - Jun 2027

Psychology, B.Sc.; Philosophy (minor) and Seward Organizing Theme (minor) - GPA: 3.89

Relevant Course Work: Statistical Methods in Psychology (SPSS & Jamovi), Research Methods, Clinical 1: Disorders, Clinical 2: Treatment Interventions, Clinical 3: Internship, Developmental Psychology, Adolescent Development, Psychology of Personality, Neuroscience: Brain and Behavior, Psychology Of Language, Juvenile Delinquency, Social Construction of Deviance, Logic and Critical Thinking, Symbolic Logic, Introduction to Ethics, Theory of Knowledge, Mind and Machines, Taming Big Data (Python)

Achievements: Dean's List - Academic Years: 2023/24, 2024/25, 2025/26; Scholars Honors Program through Seward Fellowship Minor; 2026 Prize Day Recipient of Shaffer Library Research Award; Inducted into Psi Chi; Received Presidential Scholarship (Merit Based Scholarship)

Bergen Community College - Paramus, NJ

Aug 2026

Non-Degree Seeking: PSY-102 Introduction to Abnormal Psychology - Grade:

Relevant Professional Experience

Volunteer Crisis Counselor - Crisis Text Line

July 2026 - Current

- Completed 30+ hours of clinical training in evidence-based crisis response techniques including crisis intervention, safety planning, and trauma-informed communication.
- Delivered real-time, text-based crisis intervention to individuals experiencing suicidal ideation, self-harm, anxiety, and acute psychological distress, applying risk assessment and collaborative safety planning protocols.
- Utilized active listening, validation, and de-escalation techniques grounded in crisis intervention and trauma-informed care frameworks to stabilize high-risk conversations.
- Exercised sound clinical judgment and maintained composure across crisis conversations, flagging conversations to supervisors when emergency services were needed indicated per protocol.
- Adhered to strict confidentiality standards and ethical guidelines consistent with Crisis Text Line and APA principles governing client welfare and informed consent.

Summer Intern - Commissioner Zur's Office - Bergen County, NJ

Jun 2026 - Aug 2026

- Researched, drafted, and revised multiple white papers and proposals on initiatives ranging from interinstitutional collaboration between universities to school policy reform, incorporating feedback from senior staff through several rounds of revisions.
- Served as a trusted point person for the intern cohort, supervising daily workflow and providing continuity on ongoing projects through consistent full-time presence in the office.
- Gained firsthand exposure to county systems intersecting with public health and mental health, including tours of the county jail, courthouse, and public safety/health programs, informing understanding of systemic factors affecting community wellbeing.

Summer Lecture Series - Bergen County Prosecution Office - Hackensack, NJ

Jun 2026 - Aug 2026

- Audited summer lecture series offered by prosecution office alongside legal interns
- Speakers included judges, prosecutors, defense attorneys, law enforcement, and other officers of the court
- Topics included: The Role of Forensic Psychology, Major Crimes, Special Victims, Special Courts, Victim Witness, Narcotics Task Force, Special Investigations Unit, Cyber Crimes, Financial Crimes

Clinical Intern - St. Anne's Institute - Albany, NY

Mar 2026 - Jun 2026

- Observed and supported trauma-informed care crisis response interventions for adolescent girls in a residential treatment setting, developed skills in behavioral de-escalation and risk assessment
- Facilitated psychoeducational support groups focused on emotional regulation and conflict de-escalation using evidence-based research on breathing techniques and created posters, which were posted around the facility as well as smaller versions that were given to residents for personal use

- Participated in multi-disciplinary clinical and legal team meetings including: short and long-term treatment planning, progress evaluations, legal consultations addressing the legal dimensions of youth residential care.
- Engaged in introductory supervision sessions based on case-conceptualizations written, discussed the complexities of professional boundaries working in a youth residential facility

Family Court Intern - Martin Cirincione, Child Advocate Lawyer - *Schenectady, NY*

Aug 2024 - Mar 2025

- Assisted a child advocate attorney in active cases such as custody, juvenile delinquency, matrimonial proceedings, gained substantive exposure to child-welfare system, family court procedure, and legal frameworks of family court
- Provided informal case conceptualizations based in psychological research after home visits for children in foster care system, evaluating their adjustment and behaviors in relation to details of their specific case
- Observed and critically analyzed a forensic psychiatric evaluation in a high-profile double homicide case involving a potential mental disease defense; synthesized relevant insight from psychological literature and studies that aligned with evaluators testimony, demonstrating capacity for forensic case analysis and strong critical thinking and case comprehension
- Contributed to cross-examination preparation of a therapist during a 28-day custody trial featuring two senior matrimonial attorneys, provided psychologically informed questions to child advocate attorney; strengthened understanding of how clinical evidence is presented and challenged in legal proceedings

Therapeutic Equine-Assisted Facilitator - Wise Horse Ranch - *Branchville, NJ*

Mar 2021 - Current

- Studied and applied equine psychology and natural horsemanship, utilizing behavioral principles of the “Five Herd Roles” framework to facilitate equine-based learning programs
- Served as a facilitating staff member in workshops, guiding participants and groups in observing and interpreting horses’ behavior to promote core therapeutic engagement skills such as self-awareness, emotional attunement and interpersonal insight.
- Assisted as facilitator in workshops for corporate executives where the emphasis surrounded leadership skills and setting boundaries. Focused on promoting awareness of actions as well as their effect.
- Responsible for the physical safety of multiple participants and unrestricted horses in the arena, both in guiding people to be attentive to horse’s behavior as well as personal awareness.

Leadership

Psi Chi President - National Psychology Honor Society - *Union College, Schenectady, NY*

Jun 2026 - Current

- Lead chapter through membership and advisor transition as the sole returning officer, established continuity of chapter operations, culture, and introduction for new executive board
- Performed in the induction ceremony as incoming president to welcome new members of Psi Chi

Seward Fellow - Scholars Program Minor and Research - *Union College, Schenectady, NY*

Sep 2025 - Mar 2026

- Recipient of 2026 Shaffer Library Research Award: recognizing excellence in undergraduate research, bibliography skills, and reflection on research process
- Developed a multi-disciplinary analytical paper examining the juvenile justice system using psychological, sociological, and philosophical frameworks
- Danieli, A.(2026, May 8). *Critical assessment of the juvenile justice system through psychological, sociological, and philosophical lenses* [Conference presentation]. Steinmetz Symposium, Schenectady, NY.
- Danieli, A. (2026, March 4). *Critical assessment of the juvenile justice system through psychological, sociological, and philosophical lenses* [Poster presentation]. NYCHE Conference, Albany, NY.

Psi Chi Secretary - National Psychology Honor Society - *Union College, Schenectady, NY*

Jun 2025 - Jun 2026

- Contributed to chapter programs and outreach as officer of the national psychology honor society.
- Designed and coordinated mental health awareness themed events for students and faculty such as therapy dog events, spring wellness tie-dye, fundraising bake sale and sticker sale
- Coordinated chapter operations such as planning induction ceremony, scheduling, communications, and meeting documentation

Therapy Dog Handler - Bright and Beautify Therapy Dogs - *Bergen County, NJ*

Nov 2019 - Aug 2023

- Trained and prepared a therapy dog to meet formal certification requirements for therapy work while maintaining strict safety, hygiene, and behavioral standards
- Conducted recurring visits to local middle schools, supporting student well-being and providing a calming

classroom presence

- Collaborated with teachers, counselors, and staff to identify student needs and tailor interactions to enhance the impact of visits on students

Initiated Mental Health Talks - Covid-19 Pandemic Impact Talks - *Saddle River Day School, NJ* Sep 2020 - May 2022

- Independently conceptualized and launched monthly mental health lecture series during COVID-19 pandemic
 - Coordinated monthly lectures with eight outside guest speakers who discussed various critical topics related to mental health to provide emotional support for students and faculty during the pandemic, as well as facilitated discussion & support groups
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Other Work Experience

Administrative & Operations Support Intern - Precipio Inc. - *New Haven, CT*

Jun 2025 - Aug 2025

- Provided organizational, communications, and operational support across multiple departments, improving efficiency, accessibility, and team workflows.
- Projects: Created global organizational charts for company; developed new Employee Handbook with guides and QR codes; automated marketing brochure inventory tracking; reorganized website resources; drafted internal communications; updated SG&A spreadsheets and analyzed expenses

Student Assistant Coach/Media Manager - Union College Volleyball - *Schenectady, NY*

Aug 2023 - Nov 2023

- Conducted statistical analysis of player and team performance to inform strategy and improvement
- Developed and enhanced the team's social media presence, creating content to promote the schedule and increase visibility

Stage and Production Manager - Theater Department, Saddle River Day School - *Saddle River, NJ*

Sep 2019 - Mar 2023

- Responsible for all production efforts for ~40 school theater performances: coordinated with up to 35 students for rehearsal scheduling, roles & responsibilities
- Managed all stage constructions, sound and lighting, and the coordination of all components for successfully performances
- Served as student liaison for all school, theater and other related major events (such as TED Talks and charity performances)

Customer Service Employee - Dunkin Donuts - *Paramus, NJ*

May 2022 - Oct 2022

Customer Service Employee - Panera Bread - *Englewood, NJ*

Jun 2021 - Oct 2021

Extracurriculars

Volunteer Experience - Gamma Phi Beta - *Union College, Schenectady, NY*

Jan 2025 - Current

- Moonball: Was a member of the planning committee and designed merchandise for annual volleyball game to raise money for Girls On The Run
- Saratoga Therapeutic Equestrian Events: Participated in multiple community events, engaging with attendees and contributing to a positive, family-friendly atmosphere
- Schenectady Prom Store: Helped organize and set up a free dress shop in Schenectady, assisting with inventory, display, and community outreach to provide formalwear to those in need
- Girls on The Run: Supported events by cheering on participants and creating posters to encourage a positive atmosphere, help boost confidence and motivation

Leisure & Personal

- Fluent in English and Hebrew
- Extensive travel in Europe, Middle East and Asia
- Intermediate skier and loves puzzles/mind games