Fall/Winter/Early Spring			
Name	**Common Name**	**Pollen/Nectar or Both**	**Blooms in**
Acer Rubrum	Red Maple	Pollen	Jan to Feb
Ajuga	Bugleweed	Pollen&Nectar	Feb to Apr
Alnus	Alder	Pollen	Feb to Mar
Cercis canadensis	Eastern Redbud	Pollen&Nectar	Feb to Apr
Chaenomeles	Flowering Quince	Pollen&Nectar	Feb to Apr
Corylopsis	Winter Hazel	Pollen&Nectar	Jan to Mar
Crocus	Crocus	Pollen&Nectar	Jan to Mar
Daphne	Daphne	Nectar	Jan to Apr
Fatsia japonica	Fatsia or paperplant	Pollen&Nectar	Nov to Dec
Forsythia	Forsythia	Pollen&Nectar	Feb to Mar
Hamamelis	Witch Hazel	Pollen&Nectar	Nov to Mar
Helleborus	Hellebore	Pollen&Nectar	Dec to Mar
Hyacinthus	Hyacinth	Nectar	Feb to Mar
Jasminium nudiflorum	Winter Jasmine	Nectar	Dec to Feb
Lamium	Spotted dead nettle	Pollen&Nectar	Dec to Apr
Leucojum	Spring snowflake	Pollen&Nectar	Jan to Mar
Lonicera fragrantissima	Honeysuckle	Nectar	Jan to Feb
Mahonia bealii	Beale's barberry or Leatherleaf Mahonia	Pollen&Nectar	Nov to Dec
Pieris japonica	Lily of the Valley bush or Japanese Andromeda	Pollen&Nectar	Dec to Mar
Prunus mume	Japanese Apricot	Pollen&Nectar	Dec to Feb
Pulmonaria	Lungwort, Jerusalem Sage or Jerusalem Cowslip	Pollen&Nectar	Feb to Apr
Rosmarinus officinalis	Rosemary	Nectar	Sept to Aug
Salix	Willow	Pollen&Nectar	Feb to Mar
Sarcococca	Sweetbox	Pollen	Jan to Feb
Scilla	Spring beauty or Wood squill	Pollen&Nectar	Feb to Mar
Symplocarpus	Skunk Cabbage	Pollen&Nectar	Feb to Mar
Taraxacum	Dandelion	Pollen&Nectar	Feb to May
Vaccinium	Blueberry	Pollen&Nectar	Mar to May

Year Round Planting for Honey Bees

Summer/Fall			
Name	**Common Name**	**Pollen/Nectar or Both**	**Blooms in**
Agastache foeniculum	Hyssop	Nectar	Jul to frost
Aptenia cordifolia	Heartleaf iceplant	Nectar	May to frost
Asclepias	Milkweed	Nectar	Jun to Aug
Bidens	Blackjack or Railway beggars tick	Pollen&Nectar	Jun to frost
Borago	Borage	Pollen&Nectar	Jun to frost
Buddleia	Butterfly bush	Pollen&Nectar	Jun to frost
Calamintha nepeta	Calamint	Nectar	Jun to Oct
Caryopteris x clandonensis	Blue Mist	Pollen	Aug to Sep
Cassia	Cassia	Pollen&Nectar	Jul to Sep
Ceanothus	California Lilac, Wild Lilac or Soap Bush	Nectar	May to Jul

Clethra	Summer sweet or Sweet pepper bush	Nectar	Jun to Jul
Cosmos	Cosmos	Pollen	Jun to frost
Cyrilla racemiflora	Leatherwood or Swamp cyrilla	Pollen&Nectar	June
Echinacea	Echinacea	Nectar	Jun to Sep
Eryngium	Sea Holly	Nectar	Jul to Sep
Escallonia	Apple Blossom	Nectar	Jun to Sep
Eupatorium	Christmas bush or Boneset	Pollen&Nectar	Aug to Sep
Fagopyrum esculentum	Buckwheat	Pollen&Nectar	Jul to Aug
Gaillardia	Blanket Flower (sunflower family)	Pollen&Nectar	Jun to Oct
Helianthus	Sunflower	Pollen&Nectar	Jun to Sep
Heptacodium miconiodes	Seven son flower	Nectar	Aug to Sep
Ilex glabra	Inkberry	Pollen&Nectar	June
Lagerstroemia	Crepe Myrtle	Pollen&Nectar	Jun to Sep
Medicago sativa	Alfalfa	Pollen&Nectar	Jul to Aug
Melilotus alba	White sweet clover	Pollen&Nectar	May to Aug
Mentha	Mint, Sweet Mint, Peppermint etc.. Mint family	Pollen&Nectar	Jul to Aug
Monarda	Bee Balm, Horsemint or Bergamot	Pollen&Nectar	Jun to Aug
Origanum	Oregano	Nectar	Jul to Sep
Parthenocissus quinquefolia	Virginia creeper	Pollen	Jul to Aug
Pelargonium graveolens	Rose Geranium	Nectar	May to Aug
Perovskia	Russian sage	Nectar	Jul to Sep
Phlox paniculata	Garden Phlox or Mountain Phlox	Nectar	Jun to Aug
Poliothyrsis sinensis	Chinese Pearlbloom	Pollen&Nectar	Aug to Sep
Polygonum aubertii	Silver Fleece	Pollen&Nectar	Aug to Sep
Prunella vulgaris	Selfheal	Pollen&Nectar	Jun to Jul
Pycnanthemum	Mountain mint	Pollen&Nectar	Jul to Sep
Rhus	Sumac (not the poisonous vine but the tree)	Pollen&Nectar	Jun to Jul
Rosa	Rose (open flower roses not closed flower)	Pollen	Jun to frost
Salvia officinalis	Sage	Nectar	Jun to frost
Scabiosa columbaria	Pincushion flower	Nectar	Jun to Oct
Sedum	Stonecrop	Pollen&Nectar	Aug to Sep
Silphium perfoliatum	Cup plant	Nectar	Jul to Sep
Thymus	Thyme	Nectar	May to Jun
Verbascum	Mullein	Pollen&Nectar	Jun to Aug
Verbena	Verbena	Nectar	Jul to frost
Vitex	Chastetree or Chasteberry	Nectar	Jun to Aug