

# THE MOVEMENT

Together, we will provide resources for trapped women in abusive situations to end the cycle of trauma and live free.

## Vision: Looking Ahead

Spring and Summer of 2023 includes:

- Continuing to help spread the message of hope that there is a life of freedom possible for any woman currently or recently in abusive systems or relationships that have yet to get the needed treatment they deserve.
- Partner with more individual and organizational donors so that soon we can offer our first scholarship to the first woman. Money is the only barrier now!
- Continuing to be a partnering organization in the Western Carolina Community in the work of offering services to the most marginalized of people within our community.
- Continue learning about human-trafficking and prevention during the Quarterly Anti-Human Trafficking Coalition.



## Anti-Human Trafficking Awareness Month

Co-Founder Sarah Hollis, LCAS, LCMHC joined the Western North Carolina Anti-Human Trafficking Coalition Team for the first meeting and training session of 2023. We now have received more training about the trafficking type of Patient Brokering, and our MMF team will be part of the solution to ensure that when we refer and pay for services, especially related to substance abuse treatment, the women we are supporting encounter safe and expert services. MMF will also be joining the WNC Rapid Response Team, which ensures women with emergency needs specific to trafficking will have the wrap-around services needed in that crucial moment of leaving trafficking. This is a team that will support local agencies if they face a funding depletion and in that moment would have to turn a woman away. Sarah also enjoyed meeting new agencies and providers who share a similar passion for ending the cycle of trauma at the Human Trafficking Awareness Expert Panel. MMF will continue to increase our trusted referral database by getting to know these providers in the local community.



## Our Partner Meetings

Our President and Co-Founder, Sarah Hollis has been out in the Western North Carolina communities speaking to and meeting with therapists, pastors, survivors, prisoners, CEO's, case managers, chaplains, volunteers, directors... all who share MMF's passion to empower individuals to live free. Thank you to all the coffee shops and restaurants who have hosted us and those willing to listen to a trafficking survivor.

From Sarah's time sharing her story with prison inmates at Western Correctional Center for Women, these inmates voted to present MMF with a sizable donation from their Women's Service Organization. These women shared that they felt seen... that their trauma matters and there exists an organization wanting to put money where it matters. Thank you to these women who in the margins of our society want to help others live free. Thank you for leading by example.

### THANK YOU TO OUR DONORS!!

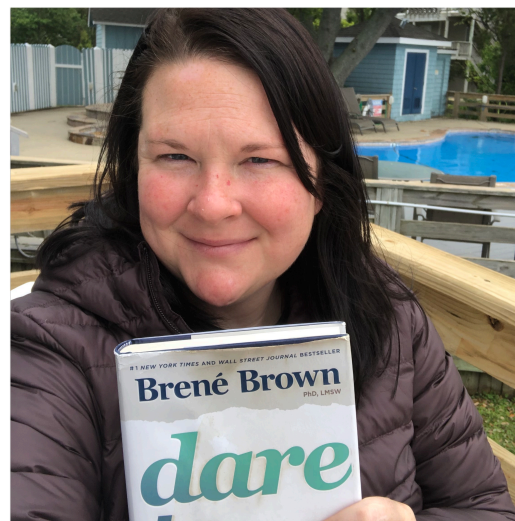
Your generous donations allow our Mission to be possible!  
We appreciate You!

## ONE WOMAN AT A TIME FROM START TO FREEDOM

The growing number of peer-reviewed research data shows that the number of traumatic experiences in childhood directly correlates to the likelihood of being victimized again in adulthood. For example, a girl who experiences 4 separate traumatic experiences is 6.04 times more likely to be sexually victimized as an adult compared to someone without these adverse childhood experiences.

There is a growing conversation within our communities of how to deal with significant social issues like homelessness, foster care, crime, domestic violence, unemployment and healthcare costs. Mercy Mountain Foundation believes that one of the several important solutions to these social concerns is access to high-quality long-term treatment. High-quality therapeutic treatment helps provide women with a real solution and minimizes the threat of being victimized again so they can live free in our communities. This is our Mission.

And, so all the donations received in 2023 will be going directly to our scholarship fund. Each scholarship recipient will receive high quality and evidence-based treatment intervention to create an intensive care plan to help them engage life in new ways. The highest quality of care will be provided through her entire journey of healing and independence. Mercy Mountain Foundation began with this vision in mind: for a person, who for so long has thought the power and privilege to end repetitive traumatic situations to be inaccessible, will now find healing and freedom. We seek for freedom to include not only the emotional freedom from the past, but financial and relational freedom as well.



Caption: Sarah Resting by a Carolina Beach soaking up the book, Dare To Lead.