

# Friendship International



MAY 16, 2025

## YOUR SUMMER BUCKET LIST

Summer is just around the corner! With longer days and warmer weather, summer is the perfect time to have new experiences and make fun memories. Consider making a summer "bucket list" to help you make the most of your time.

Start by having your family brainstorm a list of what sounds fun to everyone this summer. Whether it is taking a road trip, trying a new restaurant or recipe, or camping in the backyard, write down everything that comes to mind. Don't hold back! This is a time to have fun just building your list.

Next, prioritize your list based on what is most important to you. Do you want to focus on outdoor activities or cultural experiences? Are there any time-sensitive events that you don't want to miss? Some of your ideas may be expensive, so be sure to keep your list balanced with plenty of easy, free or cheap ideas.

Finally, take a look at your calendar and schedule the things that must be booked in advance. Keep the rest of your list somewhere visible, like on your fridge, so that you are always thinking about what you can do and cross off the list.

It is good to plan, but it is also important to be flexible. Sometimes you can just be spontaneous. Here's a short idea list to get you going.

*Catch fireflies at night, build a campfire, learn to cook something new, plant a garden, visit a State or National Park, see fireworks on the 4<sup>th</sup> of July, go to an outdoor movie or performance, eat popsicles, go to the beach, run a 5k, ride bicycles.*

We will miss you this summer! For those of you returning to your home countries, remember to keep in touch, and consider joining us on Zoom in the Fall.



## UPCOMING DATES

May 16	Last Day of Friendship - Indoor Picnic (No Childcare, Kids welcome)
May 28	Last day of school for Fayette County
July 4	Independence Day (also called "4 <sup>th</sup> of July")
August 2025	Friendship registration will open



## Keep Talking with Coffee, Tea and Chat

One of our Zoom classes, Coffee, Tea and Chat, will continue to meet on Wednesday mornings at 9:30AM over the summer. If you are a registered member of Friendship, you are invited to attend. Just email the group leader, Lisa Kepf, at [lisamk2018@gmail.com](mailto:lisamk2018@gmail.com) and let her know you would like to join in the chat.

**We want to hear from you!** Would you help our planning of the future of Friendship by filling out this survey? **[Click HERE to Take the Survey.](#)**

## Hit the Trail this Summer

The Legacy Trail is a free 12-mile paved trail open all year round. Park for free to access the trail from three locations – across from Kentucky Horse Park Campground, mid-trail at Coldstream Park and at the North Lexington YMCA on Loudon Avenue. Bathrooms and water fountains available at these parking locations. Bring bikes or scooters or come out to walk or run!

The North Lexington YMCA has bikes for rent! From April through October, you can rent bikes from this location and hop right on the Legacy Trail.



## JAZZ IN THE PARK

Pack an evening snack and a picnic blanket (or a couple of chairs) and head over to the park for an evening of FREE live music on Tuesdays this summer. This concert series features a different jazz band each week, so the audience will experience a variety of jazz music through the summer.

For more information and a full schedule, visit:  
[www.lexingtonky.gov/big-band-jazz](http://www.lexingtonky.gov/big-band-jazz)



**ICE CREAM PAINTED ROCKS - FUN FOR KIDS & ADULTS**



**MAKE THIS EASY "RED, WHITE, AND BLUE" DESSERT FOR 4TH OF JULY THIS SUMMER**