

Friendship International



OCTOBER 24, 2025

SAVING DAYLIGHT?

If your home country does not change their clocks twice a year, the practice here in the U.S. probably seems strange to you! Daylight Saving Time, or "DST," is a system used in the U.S. and some other countries to make better use of daylight in the evenings. The idea is to shift the clock forward by one hour in spring to give people more sunlight in the evening and less in the early morning hours. This change lasts from March through the end of October. It first started during World War I when some countries tried DST to save fuel by reducing the need for artificial light in the evening. Germany and Austria were the first to use DST in 1916, with several more countries after that. Finally, the U.S. followed in 1918.

The U.S. used DST again during World War II, but after the war, the states could choose if they wanted to follow DST and when they changed the clocks! As you can imagine, this could be quite confusing.

In 1966, the Uniform Time Act was passed and made the use of DST more consistent across the country. Now, most states in the U.S. change their clocks at the same time each year, except for two states (Hawaii and most of Arizona) that do not use it at all.

Now we continue to set our clocks to "spring forward" one hour in March and "fall back" one hour in early November. This year we will change our clocks back one hour on Saturday night November 1st. Technically the time change happens at 2AM early on Sunday morning, but most people make the change on Saturday night before they go to bed.



UPCOMING DATES

October 24	Extended Classes (No Program)
October 31	Cancer Awareness with Melanie Hunter (Wear Pink)
November 7th	Dollhouses with Diane Hodge
November 14th	International Music Day
November 21st	Thanksgiving Feast

Halloween Tips



Are you new to the U.S.? We have a few tips below so that you know what to expect for Trick-or-Treating on October 31st.

- Trick-or-Treating is going door-to-door in your neighborhood in a costume to gather small treats. Only Trick-or-Treat during the hours of 6-8PM on Halloween night. ([Click here for a round-up of other events, and to confirm trick-or-treat times where you live.](#))
- Parents should always accompany children, and can wear costumes if they like, but only children do the "Trick-or-Treating"
- A porch light ON usually means that home is participating.
- The sun will set during these hours - take a flashlight for after dark.
- Watch out for traffic, pets, and scary decorations or costumes that might upset young children - you can steer them away or avoid that house.

If you don't want to go out Trick-or-Treating (or you don't have kids), handing out treats at your home is a great way to meet your neighbors! Turn your porch light on as a signal that you are participating. Only hand out store-bought, individually wrapped candy, or very small toys (like plastic rings, bouncy balls, stickers and fun erasers). If you don't want to participate, that's okay! Keep your porch light off and the front door closed that night.



Peak Fall Foliage

Do you love it when the trees change color in the fall? Depending on the weather, every year it can be a little different, both how vibrant the colors are, and when to expect to see those beautiful colors. The article below shares experts predictions for when we will see color in the Lexington area this fall.

[Click here for the timeline](#)



Stepping Into the Holidays Fall Festival

Stepping Stone Farm is a little bit of a drive up to Paris, Kentucky, but we think it is worth it (and the drive itself is very pretty this time of year). This orchard is hosting their Fall Festival this Saturday. In addition to their normal attractions, they will have a variety of vendors to purchase food and items from. Costs vary for activities.

1674 Cynthiana Rd, Paris, KY

Saturday, October 25th from 10AM to 4PM

[Click here for more details](#)



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