

Friendship International



JANUARY 13, 2023

TRADITIONS : OLD + NEW

BY JULIE STEVENSON

We have just passed a time of year that celebrates both the old and the new.

Many holidays like Thanksgiving, Christmas and Hanukkah focus on old traditions. Year after year, children grow up and start families of their own, carrying on the traditions of their families that they loved so much growing up.

On New Year's Eve together we turn our attention to a fresh new year ahead of us. A chance to make a new start, set new goals, leave some bad habits behind, and try, once again, to become a little bit better version of ourselves.

We cherish the old because it is precious to us. It's full of meaning because of the memories made and the people involved. But without the new in our lives beckoning us forward, we will stay stuck. Never changing. Never improving.

This reminds me a lot of this year of Friendship International. We brought back many old traditions. Our favorite parts of the things we used to do. But as we returned from our 2 years online, now meeting in a new location, we also saw it as a chance to start fresh and try some new ways of doing things.

We hope this balance of savoring both the old and the new helps Friendship International to be the best that it can be for each one of you.

**Welcome back to our Spring 2023 semester.
We are so happy to have you.**



UPCOMING DATES

January 13	First day back at Friendship <i>Table Talk: Where Have You Traveled</i>
January 16	Martin Luther King Jr. Day, <i>No School for Fayette County</i>
January 20	Friendship Tea Party
January 27	Line Dancing

Free Family Fun Day at Explorium of Lexington
440 West Short Street, Lexington
Saturday, January 14th
Open 10AM to 5PM - *When you register, you choose an arrival time*

A special event for kids birth through age 5 only (and parents).

FREE Event. Registration required.
[Click here for more info and to register.](#)



Discovery Saturday
The Living Arts & Science Center
362 N. Martin Luther King Blvd.
January 21st, 11AM to 2PM
For January's Discovery Saturday the new 2023 story featured for our StoryWalk Trail will be open. This trail will feature a seasonally rotating selection of children's books that will be available for all to visit.
FREE Event. NO registration required.
[Click here for more.](#)

TWO MORE FUN OPPORTUNITIES THAT HAVE A SMALL CHARGE:

- #1** The Living Arts & Science Center has regular **Planetarium Shows** for just \$5 per person. More information with dates, times and topics [can be found on their Events page.](#)
- #2** **The University of Kentucky Gymnastics team** has their opening night at Rupp Arena, this Friday night, January 13th at 6PM. Tickets range from \$5 to \$10 (plus some fees charged by Ticketmaster). Kids 5 and under are free. [Click here for more.](#)



FEATURED RECIPE FROM THE COOKING CLASS:
BRIE & RED PEPPER JELLY APPETIZER BITES



A FUN WINTER THEME CRAFT:
CLICK HERE FOR "SNOWFLAKE SUNCATCHER"