Friendship International

MARCH 22, 2024

EXPERIENCE THE SOLAR ECLIPSE

On April 8, 2024, a solar eclipse is set to take place traveling across North America. This aweinspiring event is when the moon passes between the sun and the Earth, blocking the sun and casting its shadow upon our planet.

A TOTAL solar eclipse is when the moon completely covers the sun for about 3.5 to 4 minutes. Many in the United States will experience a "partial" solar eclipse that day. But the "path of totality" will come somewhat close to us here. Here in Lexington, the sun is expected to be covered approximately 96.4% at maximum. <u>Click here to see the full path.</u>

In Lexington, the partial eclipse will start around 1:50 PM, ending around 4:24 PM. It will be at its maximum coverage at about 3:08 PM. <u>More on that here.</u>

In order to safely view the eclipse, you need to protect your eyes. Looking directly at the sun can cause permanent damage to your vision. Special solar viewing glasses, available at many local stores, are designed to filter out harmful rays, allowing you to look at the eclipse safely.

<u>Click here for more information on what the</u> <u>eclipse will look like in Lexington.</u>

Don't have special glasses? Check out the craft at the end of this newsletter for a homemade craft that will help you view the eclipse safely. You can also use an empty cereal box to create this same effect.

Fayette County Schools, and other local counties, have canceled school that day.



UPCOMING DATES

March 22	Easter Story with Karen Wright
March 29	Games with Mary
March 31	Easter Sunday
April 5	No Friendship/ Spring Break
April 8	Eclipse Day! No school
April 12	"Gardening Journey" with speaker Deborah Osborne

KENTUCKY STATE PARKS TO VISIT

There are two state parks nearby that are definitely worth a visit while you are living in Kentucky – Natural Bridge State Park and Cumberland Falls State Park. They both offer gorgeous scenery, hiking and other opportunities to enjoy the outdoors. Both parks also have lodges if you would like to spend the night and restaurants to enjoy delicious Kentucky specialties.

Many of our volunteers also love to travel, so ask one of them if you would like recommendations about other parks to visit in our state. See the list of websites to the right to learn more.





<u>Click here for Kentucky State Parks</u> <u>Click here for Natural Bridge State Park</u> <u>Click here for Cumberland Falls State Park</u>

RESURRECTION RALLY Music & Easter Egg Hunt for the Kids!

You are invited to attend this free kids Easter event at Ashland Avenue Baptist. This event is for all kids up to 5th grade!

The time begins with a short, but exciting rally time in the Worship Center at 10:30AM with music for the kids and a short presentation of the story of Easter. Following the rally, children will hunt for candyfilled eggs in three age-appropriate areas outside on the lawn. Bring your own basket or bag (bags provided if needed).

Ashland Avenue Baptist Church Saturday, March 30th at 10:30 AM





VIEW THE WONDER OF THE ECLIPSE SAFELY WITH THIS HOMEMADE VIEWER



"COMFORT-FOOD" DINNER RECIPE: BEEF AND NOODLES (SERVE A VEGETABLE ON THE SIDE!)