

# Friendship International



MARCH 8, 2024

## WHAT IS "FLUSHABLE"?

*This article is brought to us by special guest writer, Arvid Metcalf. Arvid used to teach a Car and Home Care class at Friendship for many years! We are grateful to have him share some home expertise with us.*

Many things on the store shelves today claim to be "flushable," meaning you can flush them safely down the toilet without causing problems in your pipes. But I advise you, it is better not to take your chances!

Wipes, dog waste bags, paper towels, tissues, cotton swabs, kitty litter and feminine products are just some of the items that are tempting to flush down the toilet, and the packaging may even say that they are "safe to flush." But all these items can create clogs in the plumbing drainage system. **The ONLY things that should be flushed down the toilet are human waste and toilet paper.**

Although tissues and paper towels look like toilet paper, they will not always disintegrate fast enough to prevent a clog. Clogs can be very expensive to clear out of a drainage pipe.

There are some chemicals for sale that are made to clear drains but **DO NOT USE THEM!!** Clogs need to be cleaned out mechanically and are best done by a qualified plumber. For very simple clogs, use a plunger or you can look on YouTube to get ideas on how to do it yourself. Chemicals purchased from the stores can wear down and damage the pipes. So remember only toilet paper and human waste should be flushed down a toilet. You will thank me when you do not have to call a plumber!



## UPCOMING DATES

March 8	Singing with Jama & Julie
March 15	No Friendship/ No School in Fayette County
March 22	Easter Story with Karen Wright
March 29	Games with Mary
April 5	No Friendship/ Spring Break

## TRAVEL IDEAS: DAY TRIPS CLOSE TO LEXINGTON

Spring Break is just a couple weeks away for many students! Many people enjoy traveling this time of year. It's highly recommended to reserve your tickets in advance (before your trip) for these attractions!

### Louisville Zoo

Distance: 1.5 hours from Lexington

Website: <https://louisvillezoo.org/>

Admission: Varies, but currently is \$15.50 per adult | \$12.50 per child

### Newport Aquarium

Distance: 1.5 hours from Lexington

Website: <https://www.newportaquarium.com/>

Admission: Varies but approximately \$29 per adult | \$21 per child

### Mammoth Cave

Distance: 2 hours from Lexington

Website: <https://www.nps.gov/macac/index.htm>

Admission: Varies by Tour



## DAYLIGHT SAVING TIME

Each spring most of the United States moves their clocks forward one hour at the start of Daylight Saving Time (also referred to as "Spring Forward"). You need to set some of your clocks forward one hour **before you go to bed this Saturday, March 9th** to ensure you are on time to your activities the following day!

Most phones, computers, smart watches and other devices will automatically change. You will need to think about changing clocks like your (not smart) watch, wall clock, oven, microwave, and the one in your car, for example.

**What does this mean?** Sadly, you will lose an hour of sleep Saturday night, unless you go to bed earlier! ☹️ After the time change, the sun will rise later in the morning than it has been and it will become dark later in the evening. This means more daylight in the evenings for outdoor activities as the weather continues to get warmer!



EXCITED FOR SPRING! A CRAFT FOR THE GROWN-UPS: PRETTY SPRING MASON JARS



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