

Friendship International



SEPTEMBER 8, 2023

BACK TO FRIENDSHIP!

Back to school season is now officially “Back to Friendship” season---and we could not be more excited to be back together!

Did you work on your “Summer Bucket List” the past few months? We hope that Summer 2023 was full of fun and memories.

A few things your summer might have been filled with - travel, swimming, bonfires, camping, outdoor concerts, long walks, fireworks, museums, fresh fruit, bike rides, gardening, going to the farmer’s market, ice cream, and more.

Summer truly is a special time of year. Long sunny days, late sunsets, warm and sticky nights when loud crickets sing their songs; the world around us so green, lush and ALIVE.

In addition to a lot of these wonderful things that we filled our summer with, we also spent some of our summer planning for you! A full calendar of programs is laid out for the year ahead and a line-up of classes we hope you’ll enjoy. In addition to learning something this year, we also hope you’ll make many new friends and deepen friendships from last year.

So we give thanks for the delight that is summer, but we also eagerly anticipate the seasons ahead because it means being together with you, new experiences, and different traditions to enjoy. Ecclesiastes 3:1 in the Bible says, “*For everything there is a season, and a time for every matter under heaven.*” As we say goodbye to summer, we feel this truth deeply in our souls, ready to say hello to what comes next.



UPCOMING DATES

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| Sept 8th | Welcome Back! First Day of Friendship |
| Sept 15th | Exercise with Julie (<i>come ready for some light, fun movement</i>) |
| Sept 22nd | <i>Where Are You From?</i> Table Talk |
| Sept 29th | Field Trip to Keeneland (No Classes) |

CELEBRATE HISPANIC HERITAGE MONTH

Head down to the nearby town of Nicholasville for a celebratory afternoon of music, dance, live animals, family fun, and activities.

No registration is required, and all are welcome! Festivities take place on September 23 from 2:30-5:30 p.m. at Riney B. Park.

[Click here for more info](#)

[Click here for directions to Riney B. Park](#)



- Activities and games provided by Jessamine County Public Library and the Jessamine County Migrant Education Program: 2:30 pm to 5:30 pm
- Food trucks: 2:30 pm to 5:30 pm
- Berryman Farm alpacas & llamas: 2:30 pm to 5:30 pm
- Lexington Salsa Center dance instruction and performance: 3:00 pm to 3:45 pm
- Appalatin concert: 4:00 pm to 5:30 pm

FREE EVENT; FOOD TRUCKS EXTRA COST

KIDS EAT FREE (OR CHEAP)!

Many restaurants in the area offer "Kids nights" where kids eat free (or cheap) on certain nights of the week.

There may be limitations around the offer, such as requiring the purchase of an adult meal, only being available during certain hours, or age limitations, so be sure you understand the offer of each restaurant so that you know what to expect when you go.

The link below from the Lex Fun 4 Kids website shows a full listing of all the restaurants in the area who have some type of kids deal! The offers are listed by the day they're available.

[Click here or the image to the right to see the list.](#)



AS THE DAYS GET SHORTER, WARM UP YOUR HOME WITH THIS GLOWING CRAFT: **PRESSED FLOWER LANTERNS**



SURPRISE YOUR KIDS WITH THIS FUN SNACK AFTER SCHOOL! **HEALTHY APPLE "NACHOS"**