Volunteer Opportunities

Here are 2 websites that list lots of possible volunteer opportunities in the Lexington area:

https://www.volunteermatch.org/search/index.jsp http://greatnonprofits.org/city/Lexington/KY

Hospital or healthcare-related volunteer positions			
UK Hospital	http://ukhealthcare.uky.edu/volunteer		
Baptist Health	http://www.bhlexvolunteers.com		
St. Joseph	http://www.kentuckyonehealth.org/volunteer- 3363		
Cardinal Hill	http://www.cardinalhill.org/chrh/volunteer- opportunities	A facility for people who need to recover from an illness or an accident	
Shriners' Hospital	https://www.shrinershospitalsforchildren.org/locations/lexington/volunteer	Treats children with very serious illnesses for free	
Helping people in need			
Red Cross	http://www.redcross.org/ky/lexington/volunte er		
The Hope Center	http://www.hopectr.org	Provides food, shelter, clothing and other services to homeless people	
Hope Lodge	http://www.cancer.org/treatment/supportprogramsservices/hopelodge/index	Provides free housing and meals for people who are in Lexington for cancer treatments	
Nicholasville United Methodist Church	https://www.volunteermatch.org/search/org454 072.jsp	Serves a hot meal to anyone in need every Saturday noon	
Kentucky Refugee Ministries	http://kyrm.org/get-involved/volunteer	Helps families who are moving to the United States get adjusted to their new home and learn about American culture	
Habitat for Humanity	http://lexhabitat.org/#&panel1-4	Builds affordable homes for low-income families	
Wesley Village Retirement Center - Wilmore	http://wvillage.org	Contact Rebecca Bruner (859.858.3865) to learn about volunteer opportunities	
Wilmore-High Bridge Community Service Center	http://www.wilmore.org/csc	Contact Connie Sunda (859.858.2819) to learn about volunteer opportunities	
Volunteering with animals			
Kentucky Horse Park	http://kyhorsepark.com/about-us/volunteer- opportunities		
Lexington Humane Society	http://lexingtonhumanesociety.org/index.php?cI D=93		
Primate Rescue Center	http://www.primaterescue.org/get- involved/volunteer	Provides a permanent home for chimpanzees, monkeys and other primates that have been discarded as pets or that were used for research	

Arts and Culture			
Lexington	http://www.lexpublib.org/page/volunteer-		
Public Library	<u>information</u>		
The Explorium	http://explorium.com/about/volunteer		
Woodsongs Oldtime Radio Hour	http://www.woodsongs.com/contact.php	Presents live music most Monday evenings at the Lyric Theater	
Outdoors and Nature			
The Nature Conservancy of Kentucky	https://www.volunteermatch.org/search/opp43 3460.jsp		
Seedleaf	http://www.seedleaf.org	Teaches about growing, cooking, sharing, and recycling food in order to combat hunger	
The Sierra Club	http://kentucky.sierraclub.org/Groups/bluegras s/#.Uvl-L6ko51t		

Questions to ask yourself when you are looking for a volunteer position

What language skills are important?

Do I have to have a car?

Is there any training involved?

Are the hours fixed or flexible- that means: do I have to commit to certain hours to work or can I volunteer when I have time?

Will I need to get a background check?

Kiva Microloans

kiva.org

Here are some videos about Kiva

Premal Shah, president of Kiva, explains how Kiva works

http://www.youtube.com/watch?v=TLQX_5kQHyo

a very short introduction to Kiva

http://www.youtube.com/watch?v=oXSSqwuNGKI

a farmer in Sierra Leone talks about how much a Kiva loan has meant to him http://www.youtube.com/watch?v=e9DhycsHEfs

a short video about how Kiva works

http://tongal.com/work/3rhw0

an African woman talks about how Kiva has changed her life

http://www.youtube.com/watch?v=ClBcrdHztqM