

# Friendship International



MARCH 28, 2025

## WHAT IS MARCH MADNESS?

March Madness is the nickname for the NCAA Men's and Women's Basketball Tournaments, which happen every March and April. These are single-elimination tournaments (meaning if a team loses, they are out) featuring the best college basketball teams from across the U.S. The tournament is so popular because it is full of surprises—underdog teams (teams who are not expected to win) sometimes beat favored teams, and fans love the excitement of unpredictable games.

People fill out brackets, trying to guess which teams will win each round. Even people who don't usually watch basketball often get involved!

Kentucky is one of the most basketball-obsessed states in the U.S., with UK Basketball at the heart of it all. The University of Kentucky Wildcats are one of the winningest teams in college basketball history, with eight national championships, and they play in Rupp Arena, one of the largest arenas in the country. Their passionate fanbase, Big Blue Nation, fills the streets after big wins and travels nationwide to cheer them on.

### **If you're new to March Madness and UK basketball, here's how you can join the fun:**

- ✓ Fill out a bracket – You do not need to know much about basketball to make guesses! Even though it has already started, it is just for fun. ([Men's Tournament](#). [Women's Tournament](#).)
- ✓ Wear UK Blue – On game days, you will see a sea of blue everywhere in Lexington.
- ✓ Watch a game – Even if you do not understand all the rules, the energy of UK fans makes it exciting!



## UPCOMING DATES

March 28	Choir Class Show
April 4	Extended Classes
April 11	Spring Break/ No Friendship
April 18	Easter Story with Dr. Sarah Baldwin
April 25	International Food Fair (No Classes)

# GARDENING 101

If you have been thinking about planting a garden this year, the time to start taking action will be very soon!



Whether you are new to gardening or have some experience, we all have room to grow in our skills and knowledge.

The Lexington Library will be holding a class at the Eastside Branch on *"Container Gardens, Raised Beds & In-Ground Gardening."*

Check out more information at the link below. If this class is full or you cannot make it to this one, there are links to more upcoming gardening classes you might like to check out.

**Sat, March 29 | 2 to 3 PM**

**Lex Library Eastside Branch | 3000 Blake James Drive**

**[Click here for more info and to register](#)**

**Stay tuned for an upcoming announcement about Ashland Avenue Baptist Church's community garden and how you can be involved!**



## Reforest the Bluegrass

Reforest the Bluegrass is a large community tree planting festival -- maybe even the biggest in the country!

Join other volunteers on April 19<sup>th</sup> at Jacobson Park to plant saplings (small, young trees) to give back and invest in the future of our landscape and quality of life here in Kentucky.

This special community event has been taking place for over 25 years now. In 2023 over 7000 trees were planted by over 500 volunteers! No registration necessary.

**Sat, April 19 | 9 AM to 1 PM**

**Jacobson Park | 4001 Athens Boonesboro Rd**

**[Click here for more info](#)**



**10 EASTER & SPRING MASON JAR CRAFT IDEAS**



**EASY DINNER: CHICKEN CHEESESTEAK SKILLET**