

THE GREEN MOUNTAINS

ROUND NEPAL TRIP



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Welcome to Ride Nepal Tours!

The Green Mountains tour is designed to give you a taste of the best of Nepal. Experience the thrill of an uphill ride in Daman (2500 m). Enjoy the wildlife diversity at the Chitwan National Park, a UNESCO Heritage site. Mingle amongst the steady stream of pilgrims and visitors prostrating around Lumbini (150 m), birth place of Lord Buddha. Witness a spellbinding combination of the snowcapped mountains and the plains of the Terai from the Batase Danda (which translates to the windy hill). Ride through the streets of Pokhara, the city of lakes. We have so much to show you in Nepal and we are barely scratching the surface of Nepal's potential. This itinerary is designed to present a day-by-day overview of The Green Mountains Tour. We can't wait to have you with us as the roaring of the Royal Enfield engines echoes through the mountains of Nepal!

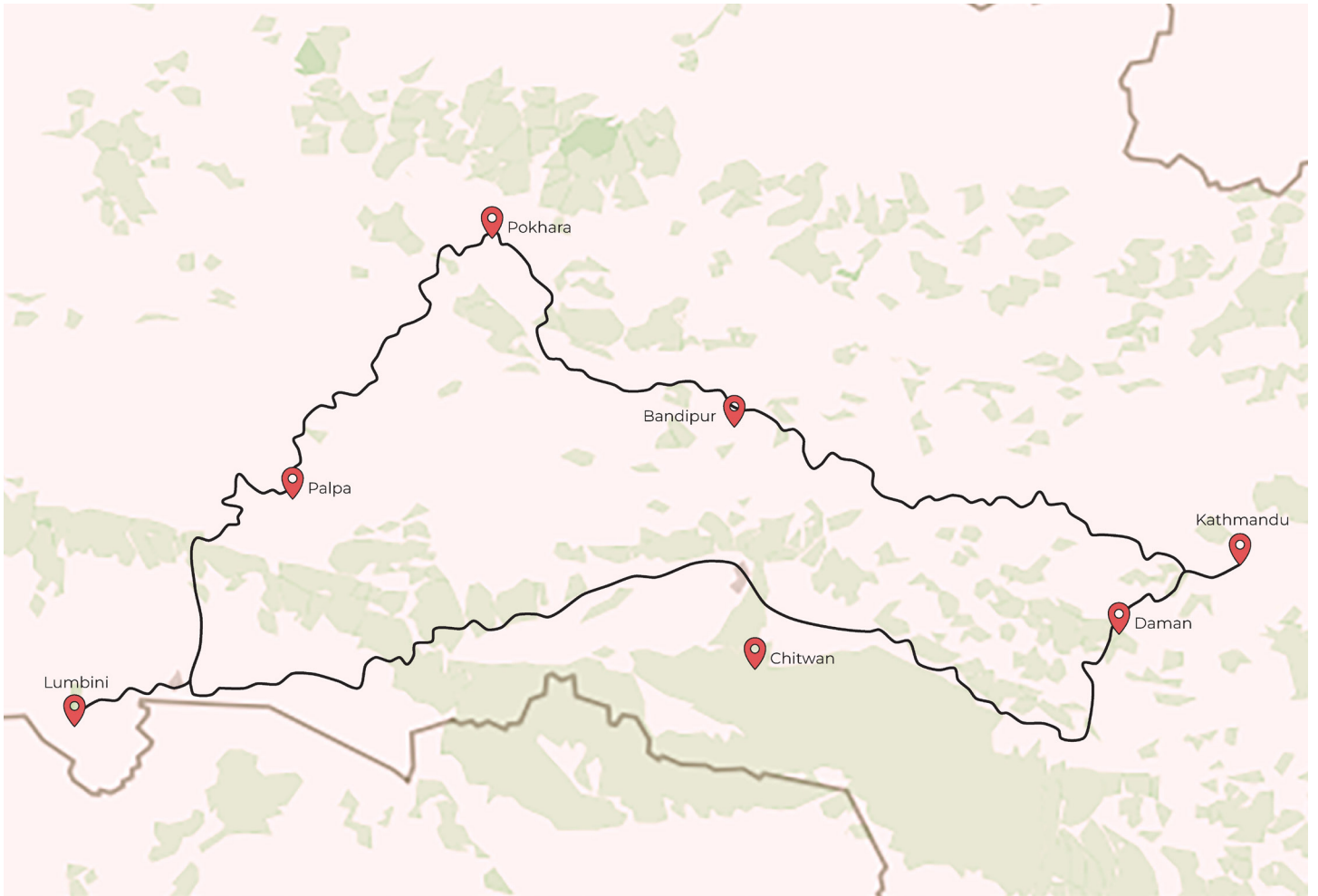
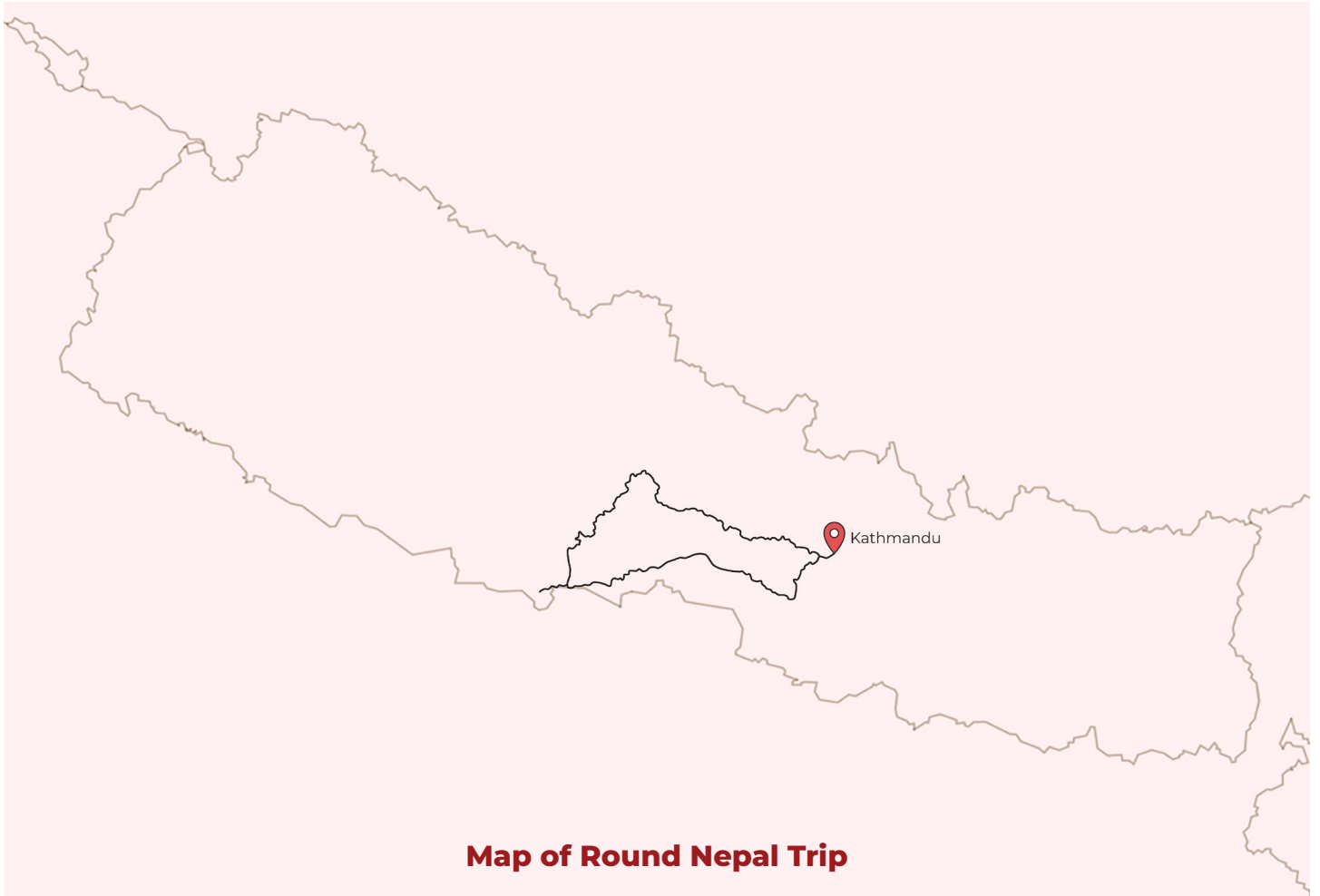
Ride alongside the green forests of Nepal. The scenic views along your route will keep you in awe!

THE PLAN

Day	From	To	Altitude at Destination	Ride Distance (approx.)
1	Flight to	Kathmandu	1400 m	-
2	Kathmandu	Kathmandu	1400 m	-
3	Kathmandu	Daman	2500 m	85 km
4	Daman	Chitwan	415 m	135 km
5	Chitwan	Chitwan	415 m	-
6	Chitwan	Lumbini	150 m	190 km
7	Lumbini	Tansen	1310 m	85 km
8	Tansen	Pokhara	827 m	135 km
9	Pokhara	Pokhara	827 m	-
10	Pokhara	Nuwakot/Bandipur	1022 m/1100 m	180 km/77 km
11	Nuwakot/Bandipur	Kathmandu	1400 m	80 km/147 km
12	Kathmandu	Kathmandu	1400 m	-
13	Kathmandu	Flight back	1400 m	-

Two weeks of absolute pleasure is awaiting you!





INDIVIDUAL DAY PLANS

Day 1: Arrival

Namaste and welcome to Kathmandu! We will pick you up at the airport and take you to a fine hotel in Kathmandu where you can witness Nepali hospitality at its finest. Kathmandu is the tourist hub of the capital that offers abundant sightseeing and shopping opportunities. The iconic Kathmandu Durbar Square is a short walk away, so you can enjoy your first night in Nepal taking strolls through Basantapur's Freak Street and other temples and stupas in the area. The day will end with a welcome dinner with everyone at the hotel.

Day 2: Kathmandu

As we finalise our preparation for The Green Mountains, we will have a chance to explore the best of Kathmandu. We can also visit Brahmasthani Awareness Society (BAS) Nepal, an NGO that provides a patient shelter to disadvantaged patients and education to the children of such patients. This is the NGO that we also help from our profits. In the afternoon, we will also have a 'puja' - worship ceremony to wish good luck to the bikes and the riders. The day will end with a briefing of the tour and discussions regarding what to expect along the way.

Day 3: Daman

Our adventure begins! We start our ride early in the morning to avoid the busy traffic of Kathmandu. A slow drive for nearly 5 hours will take us to Daman, 2500m above sea level. Daman boasts beautiful views of the Himalayas in the distance and a hilltop experience unlike any other. The busy people from Kathmandu take time off during winter to enjoy snowfall here. We will be staying here for one night.

Day 4 and 5: Chitwan

The road to Chitwan from Daman consists of a 41km downward drive in the first phase and a 70km straight drive in the plains in the second phase. Along the way, you will have an opportunity to experience the smell of the ripe rice fields and vegetable farms in southern Nepal, commonly known as the breadbasket of Nepal. We will reach the famous Chitwan National Park by the late afternoon. Home to many endangered species, most notably the one-horned rhinoceros, the sanctuary is enlisted in UNESCO's World Heritage Site.

On day 5, we continue to stay in Chitwan and enjoy the various activities the National Park has to offer: Jungle safari, elephant riding, boating, a cultural show of the Tharu locals, etc.. With a bit of luck, we might catch a glimpse of the Royal Bengal Tiger and the One-Horned Rhinoceros, two of the most iconic endangered species that are boasted by Nepal's protected areas. We will spend the evening relaxing on the bank of the Rapti River and watching the charming sunset that has attracted thousands to Sauraha.

Day 6: Lumbini

We continue our adventure as we ride the plains to the spiritual heart of Buddhism and the birthplace of Buddha - Lumbini. The sprawling premises of Lumbini consists of multiple monasteries and stupas constructed by foreign governments in the honour of the founder of Buddhism, widely regarded as one of the most peaceful of all religions. The hymns of monks in the area chanting prayers throughout the day only add to the ambience of Lumbini. We will also have the opportunity to witness the Bodhi Tree, Mayadevi Temple, and Ashoka Pillar which are ancient remnants of the history of the region.

INDIVIDUAL DAY PLANS

Day 7: Tansen

From Lumbini, we embark on an 85km ride through the western hills of Nepal to Tansen - an ancient hill town. A short ride further north will take us to “Batase Danda” which translates to “windy hill”. We will stay atop a mountain here for a night. You will be awestruck when you witness the combination of both snow-capped mountains towards the north and plains of the Terai towards the south from the same hill.

Day 8 and 9: Pokhara

Next on our list is Pokhara: the ultimate tourist destination in Nepal. A 129km ride will take us to the city of lakes by late afternoon. You can enjoy a peaceful walk along the lakeside in the evening.

On day 9, we will go to the sunrise point at Sarangkot hill early in the morning. This sunrise attracts hundreds of visitors who simply run out of words to describe the first rays of the Sun that give the nearby mountains a golden look from the typical white.

Pokhara is a city of beautiful lakes, caves, and adventure sports such as paragliding and zip lines. We will make the most out of our two-night stay in Pokhara and stay overnight in an excellent hotel in the city.

Day 10: Nuwakot

After breakfast in Pokhara, we head to Nuwakot, a district that shares a border with the capital and yet offers the best experience of rural Nepal. We will reach Nuwakot in the afternoon, leaving us with a day to explore the life in the villages of Nepal. You can spend your time in the Trishuli River, famous for rafting. You can even swim in the river if you wish!

or

Day 10: Bandipur

(If road constructions to
Nuwakot are not finished)

A short drive of 80 km takes us to Bandipur. As per Lonely Planet, Bandipur is a living museum of Newari culture, a beautifully preserved village with traditional row houses, which have now been reborn as cafes and lodges. This place was an important stop on the India–Tibet trade route for centuries until 1960s. Its attractive 18th-century architecture, pedestrian zone and outdoor dining, gives a distinctly European feel.

Day 11, 12 and 13: Kathmandu

70km of driving will take us back to Kathmandu, where we began our Nepali adventure. After reaching the capital in the afternoon, we will hand over our bikes and reflect upon the days of The Green Mountains tour in the Goodbye dinner. We enjoy the evening! We deserve it!

Day 12 is a well deserved day off. Soothe your fatigued body at a massage spa or take a stroll around the local area. This is your last day in Kathmandu so make the most of it. Try momo, have a beer at a local pub, or buy some souvenirs!

On day 13, our adventure comes to an end and we shall drop you off at the airport. As you sit down on your flight home, you will cherish the memories you've made in Nepal. And with the hope of meeting someday in the future, we bid farewell!

OUR BIKES

Royal Enfield Classic 500cc

We have always used the Indian Royal Enfield Classic 500cc for our trips around the mountains in Nepal. These bikes are heavy, powerful for the uphill and offroads while at the same time gives a luxurious cruising vibes while riding the highways. Our former riders have bought Royal Enfields and shipped them back to Europe because they love it so much.



Royal Enfield Himalayan 411 cc

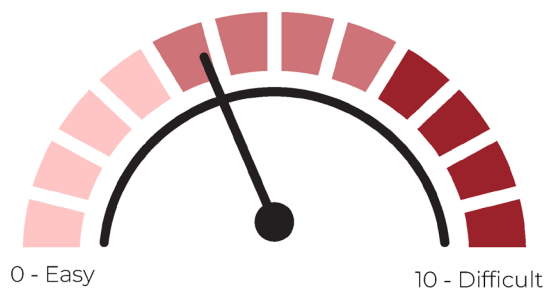
For those who prefer a slimmer bike with a bigger shock - we provide the Himalayan alternative. This is a bit more expensive (additional USD 110 for the whole trip). But some riders have preferred Himalayan as it allows 'standing while riding' a bit more easy.

Our main mode of transportation is on Royal Enfield motorcycles, but we also have a support vehicle (either a bus or jeep) available to carry participants' luggage. In case of difficulty or discomfort, participants can join the jeep as a passenger and resume biking the next day. The jeep can also accommodate non-riders who want to follow the trip. Rest assured, we have made provisions for everyone to enjoy the journey.



TOUR DIFFICULTY

4 / 10



Most of the riding will be in tarmac so this trip is appropriate for riders familiar with long rides. The altitude won't be above 2500m for this trip so altitude sickness is highly unlikely. Overall, this ride is for everyone!

PACKAGE

Package Includes:

- ✓ Royal Enfield 500cc Motorcycle
- ✓ Petrol for Motorcycle
- ✓ Support 4WD Jeep for Luggage (Can carry 15 kgs per person)
- ✓ Accommodation for Twin-Sharing Basis
- ✓ All Breakfasts and Dinners
- ✓ All Government Taxes
- ✓ English Speaking Road Captain
- ✓ English Speaking Tour Guide
- ✓ Motorcycle Mechanic (in the follow-up vehicle)
- ✓ 3rd Party Motorbike Insurance
- ✓ Basic First-Aid Medical Kit

Package Excludes:

- ✗ International Flight Tickets and Visa for Nepal
- ✗ Travel and Medical Insurance (Mandatory)
- ✗ Drinks/Alcohol/Lunch
- ✗ Personal Expenses and additional adventures
- ✗ Tips for Local Guides

Notes:

- You will need complete MC gear with proper hard boots with you when you come for this trip.
- We will have an experienced mechanic and all the tools stand by in the jeep. So, you don't need to worry if your motorcycle breaks on the way.
- If you, at any point, feel uncomfortable riding, you can rest or even continue on the jeep and we will help you. It's a collaborative sport so we always help each other!



IMPORTANT INFORMATION

Make sure you:

- Bring your complete motorcycle gear (helmet, boots, gloves, etc.)
- Arrange your personal travel and medical insurance, passport, and visa.
- Have got a valid passport and motorcycle driver's license.
- Book your flight ticket.
- Follow the (local) traffic rules, laws, and regulations as well the tour leader's instructions.
- Take care of your own equipment and motorbike. We will assist you whenever needed, but will not be held responsible for loss or damage of materials due to reckless behavior.



In most destinations, we will savor Nepali cuisine, which is influenced by Indian and Tibetan flavors and tends to be spicy (although chefs can adjust the heat upon request). Make sure to try our signature dish, Daal Bhaat Tarkari (lentil soup, rice, and curry), as well as the various scrumptious variations of mo:mo - dumplings filled with different ingredients that are a local favorite.



During your trip, you can expect to stay in fine hotels and resorts that the mountains have to offer. We have selected the best hotels from the available options. They offer excellent service, and stunning surroundings. Rest assured that your stay will be a delightful and memorable experience.



While we have a history of safe travels without major accidents, it's always best to exercise caution. In the rare event of unforeseen circumstances, we have the option of helicopter rescue. Therefore, it's advisable to ensure your travel insurance includes coverage for high-altitude rescue. We prioritize your safety and well-being, and taking precautions is always better than taking chances.

Things to carry with you:

- Motorcycle gear: jackets, pants, boots, gloves, helmets etc.
- Rain Jacket
- Toilet Paper (for emergencies)
- Torch Light (for emergencies)
- Personal medicines
- Snacks/energy bars
- Personal towel and bathroom amenities
- Glass, Sunglass and Masks

MEET YOUR HOSTS **‘THE KHAREL FAMILY’**



Ramesh and Rita Kharel

ABOUT BAS



Profits from one of our trips sponsored a three wheel scooter to a patient with spinal injury so that he can load his wheelchair and can move freely anywhere in the city.

Rita founded BAS in 2001 to help sick and poor patients from rural Nepal coming to hospitals in Kathmandu for treatment. She provided free food and accommodation (beds) in a small flat she rented. As the demand for beds was rising, the flat could not accommodate enough people. As such, many people got together and helped BAS in building its own shelter home through raising funds, selling spices, selling bags made by women at BAS etc.

One of the big and sustainable ideas pioneered by a Swedish rider (Bjorn Carlsson) was to run MC-Trips. Over the years it has been greatly successful and our family has grown exponentially.

**PARTS OF OUR PROFIT GOES TO THE
IMPORTANT WORK OF BAS**

A scenic photograph of two hikers ascending a stone staircase on a mountain. The hiker in the foreground is wearing a light blue long-sleeved shirt and dark pants, while the hiker behind him is wearing a dark jacket and a backpack. They are surrounded by lush green vegetation. In the background, a vast sea of clouds fills the valley, with mountains visible in the distance under a bright sky.

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