

WELL FED



BREAKFAST & LUNCH MADE FRESH TO ORDER
OPEN DAILY 8 AM - 2 PM

FRESH EGGS

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OMELETTES

OMELETTES COME WITH HOMEFRIES
AND CHOICE OF TOAST
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IN PLACE OF HOMEFRIES:
FRESH FRUIT CUP \$3
CHEF JOEY'S HASHBROWNS \$2
SIDE SLICED TOMATOES

- EGG PLATTER

2 FRESH EGGS, CHOICE OF
BREAKFAST MEAT, SEASONED
HOMEFRIES AND CHOICE OF
TOAST

\$12
- VEGGIE OMELETTE

PEPPERS, ONIONS,
MUSHROOMS, SPINACH AND
TOMATOES

\$13
- FARMERS OMELETTE

CRISPY BACON, SPINACH,
CARAMELIZED ONION AND BLUE
CHEESE

\$14
- ★ PHILLY OMELETTE

SCRAPPLE, ONIONS AND SHARP
CHEDDAR

\$14
- WESTERN OMELETTE

HAM, PEPPERS, ONION AND
AMERICAN CHEESE

\$14
- ITALIAN OMELETTE

SAUSAGE, HOUSE ROASTED LONG
HOTS AND SHARP PROVOLONE

\$14
- CHEF MIKE'S OMELETTE

OMELETTE WITH CRISPY BACON,
SAUSAGE, MUSHROOMS, ONION
AND AMERICAN CHEESE

\$15

CHECK OUT OUR SEPARATE
MENU FOR MONTHLY SPECIALS
AND FRESH JUICE SELECTION

ASK YOUR SERVER ABOUT OUR
CURRENT MUFFIN FLAVORS

SIGNATURES

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CREATE YOUR OWN

- THE OG SWEET POTATO SCRAMBLE

ROASTED HALF OF SWEET POTATO
WITH EGGS SCRAMBLED WITH
CRISPY BACON, MUSHROOMS,
SPINACH, MELTED CHEDDAR AND
GREEN ONION

\$16
- CLASSIC EGGS BENEDICT

TOASTED ENGLISH MUFFIN TOPPED
WITH GRILLED CANADIAN
BACON, POACHED EGGS AND HOUSE
HOLLANDAISE SAUCE SERVED WITH
HOMEFRIES

\$17
- NEW AGE BLT 🌾

FRIED EGGS, CRISPY BACON,
JALAPEÑO CREAM CHEESE, SPINACH
AND TOMATO ON A TOASTED BAGEL

\$12
- CYO BREAKFAST SANDWICH

CHOICE OF BREAKFAST MEAT,
2 EGGS ANY STYLE AND CHEESE
SERVED ON A TOASTED KAISER
ROLL

\$9
- CYO OMELETTE

CHOICE OF BREAKFAST MEATS,
VEGGIES, AND CHEESE SERVED
WITH HOMEFRIES AND CHOICE
OF TOAST
- CHEESES

AMERICAN | CHEDDAR | SWISS
SHARP PROVOLONE | PEPPERJACK
MOZZARELLA | FETA* | BLUE CHEESE*
- BREAKFAST MEATS

BACON | TURKEY BACON | HAM
SAUSAGE | SCRAPPLE | PORK ROLL
CHICKEN SAUSAGE | CANADIAN BACON
- VEGGIES

ONION | BELL PEPPER | TOMATO
SPINACH | JALAPEÑO | MUSHROOM
CARAMELIZED ONION | AVOCADO*
HOUSE ROASTED LONG HOTS*
- TOASTS

WHITE | WHOLE WHEAT | MARBLE RYE
SOURDOUGH | CINNAMON RAISIN
ENGLISH MUFFIN
PLAIN BAGEL* | BISCUITS* | GLUTEN FREE*

LIGHT OPTIONS

- AVOCADO TOAST 🌾

SMASHED AVOCADO AND EVERYTHING
SEASONING ON LEBUS WHEAT TOAST
WITH 2 EGGS ANY STYLE

\$10
- LITTLE ITALY AVOCADO TOAST 🌾

TOASTED SOURDOUGH WITH SMASHED
AVOCADO, CHERRY TOMATOES,
BASIL AND MOZZARELLA CHEESE
TOPPED WITH 2 SUNNY SIDE UP
EGGS, A BALSAMIC REDUCTION AND
EVERYTHING SEASONING

\$12

- OATMEAL

MADE TO ORDER
RAISINS, CRAISINS, BROWN SUGAR
OR WALNUTS \$.50 EACH
BANANAS \$1 FRESH BERRIES \$3

\$6
- FRUIT BOWL 🌾

LARGE BOWL WITH FRESH
BANANA, PINEAPPLE,
BLUEBERRIES, STRAWBERRIES
AND BLACKBERRIES

\$9

🌾 This symbol represents available options for those with gluten sensitivities, facility is not gluten free.

COMFORT FAVORITES		
WAFFLES ★ FRENCH TOAST ★ PANCAKES	SAUSAGE GRAVY AND BISCUITS 🍳 HOUSE MADE SAUSAGE GRAVY POURED OVER FRESH GRILLED BISCUITS GARNISHED WITH GREEN ONION \$13	THE CBG OUR SIGNATURE CRISPY FRIED CHICKEN OVER GRILLED BISCUITS SMOTHERED IN SAUSAGE GRAVY GARNISHED WITH GREEN ONION \$17
	CHIPPED BEEF 🍳 CHIPPED BEEF IN COUNTRY GRAVY OVER CHOICE OF TOAST GARNISHED WITH GREEN ONION \$10 ADD SIDE HOMEFRIES +\$2	
	MAKE YOUR PANCAKES OR FRENCH TOAST GLUTEN FREE +\$2 PLEASE TALK TO SERVER IF ALLERGY IS SEVERE	
WAFFLES ★ FRENCH TOAST ★ PANCAKES	CLASSIC PANCAKES 🍳 2 BIG PANCAKES DUSTED WITH POWDERED SUGAR SERVED WITH BUTTER AND HOT SYRUP ADD TO PANCAKES CHOCOLATE CHIPS BLUEBERRIES BANANAS STRAWBERRIES WALNUTS HOUSE WHIPPED CREAM	\$10
	CINNAMON SWIRLS 🍳 2 PANCAKES WITH A CINNAMON BROWN SUGAR SWIRL AND POWDERED SUGAR SERVED WITH HOMEMADE WHIPPED CREAM, BUTTER AND HOT SYRUP	\$12
	BRIOCHE FRENCH TOAST 🍳 2 PIECES OF THICKLY SLICED BRIOCHE FRENCH TOAST DUSTED WITH POWDERED SUGAR WITH BUTTER AND HOT SYRUP ADD FRESH BERRIES +\$3	\$10
	BANANA BREAD FRENCH TOAST HOUSE SCRATCH MADE BANANA BREAD DIPPED AND GRILLED LIKE FRENCH TOAST TOPPED WITH FRESH BANANAS AND POWDERED SUGAR SERVED WITH BUTTER AND HOT SYRUP	\$14
	CLASSIC BELGIAN WAFFLE FRESHLY MADE BELGIAN WAFFLE DUSTED WITH POWDERED SUGAR SERVED WITH BUTTER AND HOT SYRUP	\$10
WAFFLES ★ FRENCH TOAST ★ PANCAKES	WAFFLE WITH BERRIES FRESHLY MADE BELGIAN WAFFLE TOPPED WITH FRESH STRAWBERRIES, BLUEBERRIES & BLACKBERRIES DUSTED WITH POWDERED SUGAR, BUTTER AND HOT SYRUP	\$13
	CHICKEN AND WAFFLES *A WELL FED SIGNATURE* OUR SIGNATURE BUTTERMILK CRISPY FRIED CHICKEN ON TOP OF A FRESH BELGIAN WAFFLE DRIZZLED IN HOUSE HOT HONEY ADD 2 EGGS \$3	\$15
LITTLE PIGGIES	KIDS EGG PLATTER 1 EGG ANY STYLE, 1 PIECE OF TOAST WITH 1 SAUSAGE OR 2 PIECES OF BACON	\$6
	SILVER DOLLAR PANCAKES 🍳 3 SILVER DOLLAR PANCAKES TOPPED WITH POWDERED SUGAR WITH BUTTER AND SYRUP	\$6
	BABY PIGLET BREAKFAST 2 SCRAMBLED EGGS AND A SIDE OF SLICED AVOCADO	\$4
	CHICKEN FINGERS & FRIES BASKET OF HOUSE CUT FRENCH FRIES AND THREE CHICKEN FINGERS	\$9
	GRILLED CHEESE 🍳 WHITE OR WHEAT BREAD WITH AMERICAN CHEESE SERVED WITH A PICKLE AND CHIPS	\$11
LITTLE PIGGIES	KIDS SMASHBURGER 1 HOMEMADE FRESH ANGUS BEEF PATTY WITH AMERICAN CHEESE ON A TOASTED BRIOCHE BUN WITH A PICKLE AND CHIPS	\$11
	ALL LUNCH OPTIONS COME WITH CHIPS UPGRADE TO HOUSE CUT FRENCH FRIES OR MR. RON'S COLESLAW +\$2 FRESH FRUIT CUP +\$3	
WAFFLES ★ FRENCH TOAST ★ PANCAKES	CLASSIC LUNCH	BLT 🍳 CRISPY BACON, LETTUCE, TOMATO AND MAYO ON TOASTED LEBUS WHEAT TURKEY JR CLUB 🍳 THINLY SLICED TURKEY, LETTUCE, TOMATO, BACON AND MAYO ON TOASTED LEBUS WHEAT BAT GRILLED CHEESE 🍳 FRESH SOURDOUGH GRILLED WITH MELTED CHEDDAR, CRISPY BACON, TOMATO AND AVOCADO CHEESE SMASHBURGER 🍳 2 HOMEMADE FRESH ANGUS BEEF PATTIES WITH YOUR CHOICE OF CHEESE ON A TOASTED BRIOCHE BUN WITH LETTUCE, TOMATO & ONION CHICKEN SANDWICH 🍳 CHOICE OF OUR SIGNATURE CRISPY FRIED CHICKEN OR GRILLED CHICKEN ON A TOASTED BRIOCHE BUN WITH LETTUCE, TOMATO & MAYO
	A LA CARTE	GRILLED BANANA BREAD \$6 FRESH BAKED MUFFINS \$5 BASKET OF HOUSE FRIES \$4 SIDE OF HOMEFRIES \$3 SIDE BREAKFAST MEAT \$5 CHEF JOEY'S HASHBROWNS \$4 FRESH FRUIT CUP \$4 SIDE MR RON'S COLESLAW \$3
	DRINKS	JUICES SM/LG ORANGE CRANBERRY GRAPEFRUIT APPLE TOMATO LEMONADE COKE PRODUCTS UNSWEETENED ICED TEA COLD BREW COFFEE HOT FRESH COFFEE SPECIAL COFFEE FLAVOR FRESH JUICE OPTIONS
	WHOLE & CHOCOLATE MERRYMEAD FARM MILK	

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

★ WELL FED ★



MADE FRESH TO ORDER. HERE ALL OCTOBER.

HARVEST OMELETTE

A Well Fed fall favorite! Seasoned roasted butternut squash, savory sausage, spinach and melty smoked Gouda served with homefries and toast

ONION MCMUFFIN

SHE'S BACK BABY! Over easy eggs fried inside crispy onion rings with Pepper Jack cheese, smoky house bacon jam and our signature zesty sauce on an English muffin served with homefries

FRIED CHICKEN CAESAR SANDWICH

Our signature crispy fried buttermilk chicken topped with crisp romaine, shaved Parmesan and house-made Caesar dressing on herby Focaccia bread

APPLE PIE WAFFLE

Warm homemade apple pie filling on a crispy golden waffle, topped with house candied walnuts and fresh whipped cream

OKLAHOMA BURGER

Thinly sliced onions smashed and seared into two Angus patties, stacked with bacon, melty sharp Cheddar cheese and our signature zesty sauce

PUMPKIN PANCAKES

Two autumn-spiced pumpkin pancakes topped with a velvety cream cheese icing

OCTOBER SPECIALS