

10 DAYS

HOUR

(OF)

PRAYER



spend **5 minutes** at each step

- 1 PRAISE** Begin prayer by praising God for who He is. Praise His character, His Words and His Works. Psalms 63:3
- 2 WAITING** Wait on God. Quiet your heart & mind on God. "Be still and know that I am God" Psalms 46:10.
- 3 CONFESSION** Confess your sins to God "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." 1 John 1:9
- 4 PRAYING THE WORD** Take scripture and begin to speak them as personal prayers. Psalms and proverbs are great places to start (Psalm 119:38-46)
- 5 WATCHING** Be alert, present and intentional in your prayers. aware of what God is doing and saying. Colossians 4:2
- 6 INTERCESSION** Pray for yourself, family, friends, co-workers, leaders, circumstances and whatever else the Lord puts on your heart. 1st Timothy 2:1-2
- 7 PETITION** Bring your needs, wants and desires for yourself and others before God. Matthew 7:7, Philippians 4: 6
- 8 THANKSGIVING** Give thanks to God for what he has done in your life, what He is doing and what He is going to do. 1 Thessalonians 5:18
- 9 SING TO GOD** Sing songs of worship to God. "Sing the praises of the LORD, you his faithful people; praise his holy name. Psalms 30:4
- 10 FOCUS ON GOD** Meditate on God. Meditate on a verse in scripture, an attribute of God or on something He has done. Jobs 1:8
- 11 LISTENING** Wait on God with an expectation that He will speak. Listen for his still small voice. Psalms 25:3,5
- 12 PRAISE** End by praising God for Who He is. Praise His character, His words and His works.

