

EYELINER PRE-CARE

- Arrive WITHOUT any eye makeup or eyelashes on
- Remove eyelash extensions 2 weeks prior to the eyeliner procedure
- Discontinue Latisse and any other lash growth serum for a minimum of 8 weeks prior
- No lash tinting, lifting, perming or curling for a minimum of one week prior
- If you wear contacts, please do not wear them to your appointment and refrain from wearing them for at least 24 hours after the procedure is finished.
- Do not work out on the day of your procedure
- **NO** alcohol or caffeine 24 hours before the procedure (Yes, there is caffeine in decaf coffee and tea!).
- Avoid sun and tanning on your face **2 weeks** prior to the procedure.
- Do not take Aspirin, Niacin, Vitamin E, Fish oil or Advil/Ibuprofen 24 hours before procedure.
- Discontinue Retin-A, Chemical and Laser Peels, Microdermabrasion, Alpha Hydroxy

Acid (AHA), and any chemical exfoliant or "brightening" skincare at least 6 weeks prior

(Once your eyeliner has fully healed, you must cover your tattoo area with VASELINE prior to the use of these products to prevent premature fading).

****Please Note: You will be more sensitive during your menstrual cycle.**

Permanent makeup is NOT recommended for any clients who are or have

- Pregnant or nursing
- Diabetic
- Undergoing Chemotherapy (consult your doctor)
- Viral infections and/or diseases
- Epilepsy
- A Pacemaker or major heart problems
- Had an Organ transplant
- Skin irritations or Psoriasis near the treated area (rashes, sunburn, acne, etc.)
- Had Botox in the past month
- Used Accutane in the past year.

Steps for Eyeliner permanent makeup after care.

Day 1 (Day of the procedure)

1. Do not touch your eyes. Before bed, you can ice your eyes by applying it over a clean cloth. Do not apply ice directly on the skin.
2. Do not wash your eyes, try to keep them dry

3. If the eyes are swollen, you may take Tylenol.

Day 2

1. Your eyes may swell the day after the procedure. This is a normal reaction; some clients swell more than others. The swelling should start going down during this day, and your eyes should look better by the end of the second day.

Day 3 & 4

1. If the skin feels very dry by day 3 you can apply a very thin layer of aftercare healing ointment.
2. Do not apply too much to avoid adverse reactions. Wash your hands before applying ointment.

**** For the next 7 days or even longer (until the scabs are gone)**

- AVOID water, makeup, excessive sweating, no sauna, no pools,
- No Sunbathing, do not PEEL the scabs at all (you may cause scarring otherwise)
- Do not apply anything besides Aquaphor ointment such as Vaseline, antibiotic cream,
- Neosporin etc. Grapeseed oil may be used to substitute Aquaphor.

****During 4 weeks after the procedure is best to not use creams that contain acid or ingredients that will lighten or exfoliate the skin.**

- No Latisse, any lash serum for 4 full weeks
- No lash extensions extension for 3 full weeks.

****The touch-up is best to be done 5-8 weeks later.**