



Brow Aftercare Instructions:

It is essential that you follow these instructions after your Permanent Brows Session:

DAY 1 (Day of treatment): 30 minutes after treatment, gently clean the area with a **STERILE WATER WIPE**. Alternatively, you may use a very small amount of water or witch hazel on a cotton pad, just barely damp, **NOT** wet. Do this 2 to 4 times today to avoid build-up of blood/lymph on the area. Apply a thin layer of ointment before bed.

DAYS 2 - 14: Wash brows with a gentle cleanser twice a day, morning & night. Be gentle. Wash for 1 minute & rinse with cool water. Pat dry & apply a thin layer of aftercare ointment.

Please Note: **Brows should not appear greasy, glossy or shiny. If they do, you used too much.** Do not use aggressive movement/manipulation of the skin – be gentle. Make sure your hands are clean before touching your brows.

THE FOLLOW MUST BE AVOIDED FOR 10 DAYS POST- PROCEDURE:

DO NOT allow any water to touch the brows! No shower stream over brows. Wash face **CAREFULLY** with a washcloth or cleansing wipes, avoiding the brow area.

- Sweating
- Exercising
- Practicing sports
- Swimming
- Hot sauna, hot bath, or Jacuzzi
- Sun tanning or salon tanning
- Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic Acid on the face or neck
- Picking, peeling, or scratching of the brow area. You will cause scarring of the area or removal of the pigment if you pick or peel scabs prematurely.

- Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris – now is not the time!
- Smoking
- Drinking alcohol in excess, as it may lead to slow healing of wounds
- Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles
- Touching of the eyebrow area except for when rinsing and applying the post-care with a cotton swab
- **Absolutely do not use any other ointments, antibiotic creams or gels, or vitamin creams over the brow area. It will draw out the pigment. Only use the ointment that has been provided to you in your aftercare kit.**

*Before showering apply a thick layer of ointment or Aquaphor to protect your eyebrows from moisture. During the shower keep your face away from the showerhead. Remove the thick layer of Aquaphor gently after the shower.

PLEASE NOTE: Itching and flaking may appear during the first seven days post-brow procedure. However, experience has shown that by following these after-care instructions, these symptoms may quickly disappear.

Touch-ups and/or correction of the shape-design is recommended only after 6-8 weeks.

Signs and symptoms of infection may include:

- Redness
- Swelling
- Discharge
- Smell
- Crusting
- Itchiness

If you notice any of the above signs & symptoms, please seek medical attention.

If you have any unexpected problems with the healing of the skin, please contact Shay immediately at 216-200-8071 or email bebrowedetc@gmail.com.