

Be Well Massage Skin Care Spa

Massage Enrichments Menu

Member Non-Member

Sweet Treat for My Feet – Sugar Foot Scrub Massage

\$40

\$55

Pamper your tired achy feet with a foot massage. Your Therapist will apply hot towels, sugar foot scrub, Ecofin (Paraffin Alternative, environmentally friendly), followed by Hot Stones while massaging your feet and legs. A 30 minute add on.

\$23

\$29

Pamper Me – Ultra Hydration for Hands & Feet

\$14

\$19

For Hands or Feet

A paraffin like product, Ecofin, is used to drench dry cuticles and rough heels with an ultra- intensive moisturizing treatment. Incorporated into your session.

\$23

\$29

Indulge My Senses – Deluxe Aromatherapy

The subtle aroma of the essential oils fills the air around you during the massage. The therapist will use hot towels in combination with the essential oils to promote healing and a feeling of well-being and relaxation for you. Incorporated into your session.

\$24

\$30

Melt Away to Relaxation – Hot Stone Upgrade

Relax and unwind with the warmth of hot stones for a comforting and deeply relaxing experience. Hot stone massage is suited to people who tend to feel chilly. It's also suited for people who have muscle tension but prefer a lighter massage. The heat relaxes muscles, allowing the therapist to work the muscles using lighter pressure. Incorporated into your session.

\$19

\$24

Drift Away – Tension Tamer Scalp Massage

We apply a warm scented neck wrap and use gentle strokes on your scalp to help you relax and unwind as you drift away to a deep relaxing state. Scalp massage is said to offer a variety of benefits, which may include stress relief, reduction in headaches and migraines, and boost in blood flow stimulation. Incorporated into your session.

\$40

I Want More! – 30 Minute Upgrade

Treat yourself to an additional 30 minutes of massage.

\$209

\$259

I Deserve it ALL!

2 ½ hour service with the works! All of the above plus a 30 minute purification treatment in our full spectrum infrared sauna, followed by a complimentary snack and cold tea in our tranquility lounge

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Full Spectrum Infrared Sauna

What is Infrared?

Infrared light (experienced as heat) is the invisible part of the sun's spectrum with the ability to penetrate human tissue, giving a soothing, natural warmth. It is naturally occurring from the sun and is the basis for Sunlighten™ sauna therapy.

Sunlighten's Solocarbon infrared technology is therapeutic because it is 95-99% efficient at heating the body directly rather than simply heating the air. It works to raise the core body temperature to produce a deep, detoxifying sweat at the cellular level where most toxins reside.

Monthly Membership	
4 Purification Treatments (30 min) – \$19.75 / Treatment	\$79
Additional Treatments (30 min)	\$24
One Complimentary Treatment during your birthday month.	

30 Minute Purification Treatment **\$35**

45 Minute Purification Treatment **\$45**

Packages

5 Purification Treatments (30 min) – \$30 / Treatment **\$150**

8 Purification Treatments (30 min) – \$27 / Treatment **\$216**

12 Purification Treatments (30 min) – \$24 / Treatment **\$288**

Upgrade to 45 minutes **\$10**

Two is Better Than One

Enjoy a Purification Treatment with a friend and you'll both receive \$10 off

Make it a Day

Combine a Purification Treatment with any 1 hour service and receive \$10 off

See other side for Massage Enrichments