



# 2021 Marines Helping Heroes 5k Challenge

Presented by **Live!** CASINO • HOTEL

**WHEN**  
October 2, 2021  
8:00 AM Start

**WHERE**  
Arundel Mills  
7000 Arundel Mills Cir  
Hanover, MD

**VIRTUAL RUN**  
Sept 11 to Oct 2, 2021

**FEATURING** • All ages • Optional push-up & sit-up challenges • Stroller Division • Walkers

**INCLUDES** • Race T-shirt • Medallion • Prizes • Refreshments

Details and registration at:



[RunSignUp.com/Race/MD/Hanover/MarinesHelpingHeroes5kChallenge](https://RunSignUp.com/Race/MD/Hanover/MarinesHelpingHeroes5kChallenge)

For additional information: [MarinesHelpingHeroes.org](https://MarinesHelpingHeroes.org)

Contact: [info@MarinesHelpingHeroes.org](mailto:info@MarinesHelpingHeroes.org)

*The Marines Helping Heroes Foundation is an IRS 501(c)3 tax exempt organization. Donations may be tax deductible.*

**ADVANCE  
REGISTRATION  
\$35  
Active Duty Discount**

**AT THE DOOR  
\$40**

**BENEFITING**  
A charity event to benefit our military and veterans •  
**Semper Fi & America's Fund** •  
**TreatNOW**

