

# January 2020

~ January 2019 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Winter Break	2 Winter Break	3 Winter Break	4
5	6	7	8	9 Track Information Meeting 3:15pm Boys Sub Gym	10	11
12	13	14	15	16	17	18
19	20 No School	21	22	23	24 No School	25
26	27	28	29	30	31	
<b>Notes: All Family ID paperwork must be completed and a valid sports physical on file before you can participate. Conditioning schedules will vary by event coach, please email your individual coach(es) for a schedule.</b>						

# February 2020

~ February 2019 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10 <b>Holiday- No Practice</b>	11 1 <sup>st</sup> Day of Practice 3:30 THS	12	13	14 Family ID/Physical Deadline	15
16	17 <b>Holiday- No Practice</b>	18	19	20 Parent Meeting 6:00pm Cafeteria	21 Pitman Distance Wars** @ Pitman	22
23	24	25	26	27	28	29
<b>Notes: Practice attendance is MANDATORY beginning February 11, unless you are a winter sport athlete still active in post-season competition.</b>						

## March 2020

~ March 2019 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Kimball Scrimmage 3:30pm @THS	5	6	7 Grape Games 9:00am@Tokay
8	9	10	11	12	13 SJ County Meet @ 3:00pm THS	14
15	16	17	18 League Meet vs. Lincoln 3:30pm @THS	19	20	21 Jaguar Invitational 8:30am @Kimball
22	23	24	25 League Meet vs. St. Mary's 3:30pm @ THS	26 Team Picture Day	27 County Clash** @ Oakdale	28
29	30	31	<b>Note: Attendance for the entirety of all League Meets is mandatory, please plan accordingly. Meets with a ** indicate that only qualifying athletes are expected to attend.</b>			

## April 2020

~ April 2019 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Note: Attendance for the entirety of all League Meets is mandatory, please plan accordingly. Meets with a ** indicate that only qualifying athletes are expected to attend.</b>						
			1	2 League Meet vs. Tokay 3:30pm @THS	3 Twilight Invitational** @ 4pm Golden Valley HS	4 Stanford Invitational**
5	6	7	8	9	10 No School – Spring Break	11
12	13 No School – Spring Break	14 No School – Spring Break	15 No School – Spring Break	16 No School – Spring Break	17 No School – Spring Break	18
19	20	21	22	23 League Meet vs. Lodi 3:30pm @ Lodi	24	25 Sacramento Meet of Champions**
26	27	28	29	30 League Meet vs. West 3:30pm @THS		

## May 2020

~ May 2019 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6 League Championship Trials	7	8 League Championship Finals	9
10	11 Uniform Check in for all athletes not competing at Divisionals	12	13 Division 1 Trials**@Tokay	14	15 Division 1 Finals**@ Tokay	16
17	18 Uniform Check in for all athletes not competing at Masters	19 Team Awards Banquet 6:30pm EB Theater	20	21 Masters Trials**@ Davis HS	22 Masters Finals**@ Davis HS	23 <b>Graduation</b>
24	25	26	27	28	<b>Note: State Meet is May 29-30 at Buchanan High School</b>	

## June 2019

~ June 2019 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 Summer Practice Cross Country	<b>Notes:</b>				

Head Coach: Jay Fishburn (Pole Vault & High Jump) [jfishburn@tusd.net](mailto:jfishburn@tusd.net)

Head Coach: Melissa Weagley (Middle & Long Distance) [mrsweagley@gmail.com](mailto:mrsweagley@gmail.com)

Assistant Coach: Robert Bonin (Hurdles & Triple Jump) [rtbonin@gmail.com](mailto:rtbonin@gmail.com)

Assistant Coach: Sammy Cavallaro (Throws) [scavallaro13@yahoo.com](mailto:scavallaro13@yahoo.com)

Assistant Coach: Brandon Russell (Sprints & Long Jump) [brandon.russell4@yahoo.com](mailto:brandon.russell4@yahoo.com)

