



TRACY HIGH CHEER TEAM TRYOUTS 2023-24

March 15 CHEER	March 16 CHEER	√March 17 CHEER
5pm-7:30	5pm-7:30	9 th : 4:15-5pm 10 th - 5-6pm 11 th &12 th – 6-8pm
THS CAFETERIA	THS Cafeteria	
<i>Technique Review</i> <i>Learn Cheer</i>	<i>Learn Chants</i> <i>Material Review</i>	Cafeteria TRY-OUTS

WHAT TO WEAR:

Please wear workout/ athletic attire to all practice dates. Attire **MUST** be a T-shirt or Tank-Top and shorts that are SOLID Green, Gold, Black, or White OR anything “TRACY HIGH.” Please wear white laced athletic shoes. Hair should be pulled back into a clean pony tail or bun with no bangs or fly-aways. NO JEWELRY or BODY PIERCINGS... NO TAPING OVER OR BANDAIDS. ABSOLUTELY NO: Jeans, long sleeved shirts, “short” shorts, pants, flip-flops, or boots. No Chewing Gum. **For try-outs on Friday please apply the same standards for clothing, hair, shoes, and jewelry. If these basic rules seem tough joining our teams may be difficult for the athlete maybe consider another sport!**

Please download forms at TRACYHIGHSPORTS.COM OR e-mail a request to:

Tracy.cheer.dance@gmail.com

Paperwork **MUST** be turned into Tracy High Front office no later then 3:00pm March 10th