

# Re-cap of 2019 recruitment meetings (8th grade sports night, and returning players meeting)

Tracy High School Sports - must register @:

<https://tracyhighsports.com/registration-and-forms>

1. Need to Complete ***FAMILY ID*** registration
2. Need a ***Medical Physical form*** completed by your doctor. Must have this prior to your first day in the pool.

Girls Water Polo web site: under construction, but will be @:

<https://tracyhighsports.com/girls-water-polo>

Keep your grades up. You are a ***student first***.

Summer Conditioning: starts Monday, July 8. Will be Mondays, Tuesdays, and Thursdays, from 3:00 pm to 5:00 pm, @ Tracy High School.

***If we are able to move Summer Conditioning to West High School, the time may change!***

Practice will be after school daily, from 3:30 to 5:30

***If we are able to move practice to West High School, the time may change.***

Actual **games** will most likely be at **West High School** this year, not Tracy HS. The website will have the schedule.

In Tracy, most girls don't play water polo until they get to high school. Therefore, we often have low participation. We need you to ***GO RECRUIT A FRIEND*** (ideally someone who is a star athlete in a different sport, but as long as they can swim, they'll be OK).

Use the ***Remind*** app for communication.

@ ***gh734a*** is the "Class Code"

***THS girls water polo 2018*** is the "class name" ( I haven't built the 2019 team yet, but the 2018 still works)

Thanks!

Coach Todd Lieberg and Coach Bowman