

THE CLINIC CAFÉ

Catering Menu

Serving Peterborough & Toronto

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Hi, I'm Erika, owner of The Clinic Café and the cook behind this menu.

My love for food started professionally at George Brown College, where I trained in culinary arts, and continued in Toronto working in a large, high-volume restaurant as Lead Garde Manger. My dream, however, was always to open a food business of my own, which brings me here today!

I am bringing the skills and experience I have acquired into my cafe and catering business, focusing on well-made dishes that are both flavourful and comforting. Everything on this menu is prepared with care, attention to detail, and the same standards I learned in a professional kitchen, whether I'm cooking for a small meeting or a large group.

While menu items and pricing are included in this package, I am also happy to work one on one with clients, and create more custom dishes to meet their specific preferences or dietary needs.

Breakfast

Item	Details	Price (Per Serving)	Minimum Serving Order	Dietary Information	Premium Item
Egg Wrap	Bacon and Cheddar	\$5.50	5		No
Egg Wrap	Sausage and Cheddar	\$5.50	5		No
Egg Wrap	Spinach, Caramelized Onion, and Parmesan	\$5.50	5	Vegetarian	No
Fruit Platter	Assorted Seasonal Fruits - Serves 10-12	\$35	1	Vegan, Gluten Free, Dairy Free	No
Muffins	Blueberry or Chocolate	\$2.50	8	Vegetarian	No

Sandwiches/Wraps (Hot)

Item	Details	Price (Per Serving)	Minimum Order	Dietary Information	Premium Item
Ribeye Sandwich	Grilled ribeye strips, horseradish mayo, arugula, brioche bun	\$13.00	6		Yes
Pulled Pork Sandwich	Slow roasted pork shoulder, brioche bun	\$6.50	8	<i>Add coleslaw +\$9.00 to minimum order</i>	No
Roasted Vegetable Wrap	Eggplant, bell peppers, onion, zucchini, smoked paprika mayo	\$6.00	8	Vegetarian	No

Trays (Hot)

Item	Details	Price (Per Serving)	Minimum Order	Dietary Information	Premium Item
Lasagna	Meat sauce (beef)	\$6.70	12		No
Lasagna	Vegetable sauce (eggplant and spinach)	\$6.50	12	Vegetarian	No
Pesto Penne	Basil and arugula pesto	\$8.25	12	Vegetarian <i>*Gluten free pasta available +\$5.00 to minimum order</i>	No
Pesto Penne (with chicken)	Basil and arugula pesto, roasted chicken	\$9.25	12	<i>*Gluten free pasta available +\$5.00 to minimum order</i>	No
Pasta al Forno (Baked Ziti)	Rigatoni, meat sauce (pork and beef), bechamel, basil	\$10.50	12		Yes

Sandwiches/Wraps (Cold)

Item	Details	Price (Per Serving)	Minimum Order	Dietary Information	Premium Item
Egg Salad Sandwich	White bread, Boston bibb lettuce	\$6.50	8	Vegetarian	No
Tuna Salad Sandwich	White bread, Boston bibb lettuce	\$7.00	6		No
Smoked Salmon Croissant	Butter croissant, red onion, lettuce, tomato, cream cheese	\$12.50	4		Yes
Chicken Cesar Wrap	Tortilla wrap, homemade dressing, garlic croutons	\$11.75	6	<i>*Add bacon +\$8.50 to minimum order</i>	Yes
Chicken Salad Sandwich	Brioche bun, Boston bibb lettuce	\$6.50	6		No
BLT	Heirloom tomatoes, boston bibb lettuce, applewood smoked bacon, smoked paprika mayo	\$9.50	4		No
Caprese Sandwich	Mozzarella di Bufala, heirloom tomatoes, basil, balsamic glaze, focaccia	\$12.75	4	Vegetarian	Yes

Platters/Trays (Cold)

Item	Details	Price (Per Serving)	Minimum Order	Dietary Information	Premium Item
Charcuterie Board	Assorted meats, cheeses, crackers, and accompaniments (olives, fruits, etc) <i>This item is customizable and prices will vary based on selections</i>	*Prices TBD	N/A		Yes
Smoked Salmon Spread	Pickled red onions, plain bagels, capers, cucumber, dill cream cheese	\$9.50	12		Yes
Vegetable Platter	Assorted seasonal vegetables, homemade french onion dip	\$4.00	12	Vegetarian	No

Salads (Cold)

Item	Details	Price (Per Serving)	Minimum Order	Dietary Information	Premium Item
Potato and Egg Salad	Red skin potatoes, celery, red and green onion, dijon mustard mayo	\$5.50	8	Vegetarian <i>*Add bacon +8.50 to minimum order</i>	No
Greek Salad	Homemade greek dressing, feta, kalamata olives, iceberg lettuce, white onions, cherry tomatoes	\$5.75	8	Vegetarian	No
Iceberg Wedge	Homemade blue cheese dressing, tomato, lardons, iceberg lettuce	\$6.00	8		Yes
Spring Pasta Salad	Rotini, asparagus, arugula, peas, vinaigrette, parmesan	\$5.75	8	Vegetarian <i>*Add bacon +8.50 to minimum order</i>	No
Cucumber Salad	Dill mayo, pickled shallots	\$5.25	8	Vegetarian, dairy free, gluten free	No

Bite Sized Apps

Item	Details	Price (Per Serving)	Minimum Order	Dietary Information	Premium Item
Caprese Skewers	Cherry tomatoes, bocconcini, basil, balsamic glaze	\$4.00	12	Vegetarian	Yes
Smoked Salmon Tartlettes	Smoked salmon, dill and chive cream cheese,	\$3.00	12		Yes
Mini Quiche	Mushroom, Smoked Gouda, Caramelized Onion	\$2.50	12	Vegetarian	No
Mini Quiche	Bacon and cheddar	\$2.00	12		No
Sausage Rolls	Pork sausage, puff pastry	\$2.25	12		No
Crab Rangoon	Fried wontons, imitation crab, green onion, sweet cream cheese	\$2.50	12		No
Mini Crab Cakes	Lump crab, lemon wedge, homemade tartar sauce	3.75	12		Yes

Soups/Stews

**All soups and stews are served with dinner rolls*

Item	Details	Price (Per Serving)	Minimum Order	Dietary Information	Premium Item
Broccoli Cheddar Soup	Aged cheddar	\$5.75	12		No
Beef Chili	Served with cheddar and sour cream	\$6.00	12		No
Loaded Potato Soup	Bacon, green onion, cheddar	\$5.75	12		No
Corn and Bacon Chowder	Sweet corn, applewood smoked bacon, yellow potatoes	\$5.75	12		No
Leak and Potato Soup	Slow roasted leaks, yellow potatoes	\$5.50	12	Vegetarian, Gluten Free	No
Butternut Squash Soup	Roasted butternut squash, heavy cream	\$5.75	12	Vegetarian, Gluten Free	No
Tomato Basil Soup	Roma tomatoes, roasted garlic, pecorino	\$5.75	12	Vegetarian, Gluten Free	No
Roasted Vegetable Soup	Zucchini, bell peppers, yellow potatoes, sweet potatoes, onion, bell peppers, tomatoes	\$6.00	12	Vegetarian, Gluten Free	No
Lobster Bisque	Homemade seafood stock, heavy cream, lobster chunks	\$12.00	6		Yes

Dessert

Item	Details	Price (Per Serving)	Minimum Order	Dietary Information	Premium Item
Butter Tarts	Pecans	\$2.00	1	Contains nuts	No
Fruit Platter	Assorted seasonal fruits	\$4.00	12	Vegan, gluten free	No
Brownies	Homemade	\$3.00	12	Vegetarian	No
Fruit tarts	Homemade, seasonal fruits	\$3.00	12	Vegetarian	Yes
Cinnamon Apple Puff Pastry	Homemade, maple syrup glaze	\$4.00	6	Vegetarian	Yes

**GST/HST not included in prices*

**5% cash discount*