



G=Gluten Free, V=Vegetarian, L=Lactose Free

Breakfast

Spinach & Egg Casserole

- (1) each Sweet Onion, Diced
- (2) each Bell Peppers, Diced
- (12) oz Baby Spinach
- (2) cloves Garlic
- (2) Tbsp Fresh Dill, chopped
- (18) each Eggs
- (2) cups Milk (optional)
- (2) Tbsp Dijon Mustard
- (8) oz Feta Cheese

Preheat oven to 375 degrees. Grease 9x13 pan. Whisk all ingredients except cheese together. Pour whisked ingredients in prepared pan. Sprinkle feta cheese on top. Bake until lightly brown, eggs are set and toothpick comes out clean.