```
Breakfast Served


\title{
＂The Beef Burger＂\(\$ 15.95\) \\ ＂The Turkey Burger＂\＄15．95 \\ ＂The Impossible Burger＂\＄18．95 \\ ＂The Veggie Burger＂\(\$ 15.95\)
}

Served with Lettuce，Tomato，Onion，Pickle
Served with choice of 漛 Potato Chips 畨 French Fries 漛 Cole Slaw
Cheese
\begin{tabular}{|lll|}
\hline & \multicolumn{1}{c|}{\(\$ 2.25\)} & \\
American & \begin{tabular}{l} 
Blue Cheese \\
Feta
\end{tabular} & \begin{tabular}{l} 
Cheddar \\
Pepper Jack
\end{tabular} \\
\hline
\end{tabular}

The Toppings
Bacon \(\$ 2.95 \quad\) Avocado \(\$ 2.95\)
Caramelized Onions \＄1．95 Sautéed Mushrooms \＄2．50
Fried Egg \(\$ 2.50\)
Jalapeños \＄1．95

\section*{＂The All Beef Dog and Fries＂\(\$ 13.95\)}

American Cheddar Chili＊Onions Jalapeños Sauerkraut
Served with choice of French Fries 卷 Potato Chips 漛 Cole Slaw

\section*{Pulled Pork Sandwich \(\$ 15.95\)}

Topped with Cole Slaw，Pickle and Onion Ring and Served with Potato Chips Substitutions for Potato Chips \(\$ 2.95\) French Fries＊weet Potato Fries 累 Side Salad Fruit

\section*{Caprese Panini \(\$ 15.95\)}

Tomatoes，Fresh Mozzarella \＆Arugula on Focaccia with Pesto Mayonnaise and French Fries

\section*{＂The Sandwich＂\＄13．95}

Served with Lettuce，Tomato，Onion，Pickle and Potato Chips
Substitutions for Potato Chips \(\$ 2.95\) 畨 French Fries 畨 Sweet Potato Fries 畨 Side Salad＊Fruit 畨 Cole Slaw
\begin{tabular}{|l|}
\hline \multicolumn{1}{c|}{ Protein } \\
\hline Chicken Salad \\
Egg Salad \\
Tuna Salad \\
Grilled Chicken Breast \\
Roasted Turkey Breast \\
\hline
\end{tabular}
\begin{tabular}{|ll|}
\hline \multicolumn{2}{c|}{ Cheese } \\
\hline \multicolumn{2}{|c|}{\(\$ 2.25\)} \\
American & Blue Cheese \\
Cheddar & Feta \\
Muenster & Pepper Jack \\
Swiss & \\
\hline
\end{tabular}

Bread
Multi－Grain
Rye
White
Bun
Tortilla Wrap

\title{
"The Lunch Favorites"
}

Served with Pickle and Potato Chips
Substitute for Potato Chips French Fries for \$2.95
\(\$ 3.95\) for Sweet Potato Fries Side Salad Fruit Cole Slaw
\begin{tabular}{|c|c|}
\hline \multicolumn{2}{|l|}{Grilled Chicken Burrito \$15.95} \\
\hline \multicolumn{2}{|l|}{Mexican Cheese, Rice \& Beans with Side of Guacamole, Pico de Gallo} \\
\hline \multicolumn{2}{|l|}{Albacore Tuna Melt \(\$ 15.95\)} \\
\hline \multicolumn{2}{|l|}{Tuna Salad with Cheddar Cheese on Rye Bread} \\
\hline add Tomato & 1.00 \\
\hline add Jalapeño & 1.95 \\
\hline add Avocado & 2.95 \\
\hline
\end{tabular}

\section*{Chicken Quesadilla \$15.95 \\ Mexican Cheese Peppers and Onions Side of Guacamole \& Pico de Gallo}
\begin{tabular}{|c|}
\hline Fish Tacos \(\$ 17.95\) \\
Mahi Mahi, Cabbage, \\
Monterey Jack, Queso Fresco \\
with Side of Guacamole, \\
Pico de Gallo \& Tortilla Chips \\
\hline
\end{tabular}
\begin{tabular}{|c|}
\hline Crispy Chicken Wrap \\
\(\$ 15.95\) \\
Lettuce, Tomatoes, \\
Bacon, Avocado \& \\
Ranch Dressing \\
\hline
\end{tabular}
\begin{tabular}{|c|}
\hline Chicken Melt \\
\(\$ 15.95\) \\
Pulled Chicken Breast, \\
Avocado \& Tomato \\
with Melted Monterey Jack \& \\
Cheddar Cheese \\
\hline
\end{tabular}

\section*{Reuben \\ \$16.95}

Corned Beef, Sauerkraut, Swiss Cheese \&
Thousand Island Dressing on Rye Toast
\begin{tabular}{|c|}
\hline Grilled Cheese \\
\(\$ 12.95\) \\
American Chese on White \\
Toast with Tomato Soup \\
add Bacon 2.95 \\
add Tomato at no charge \\
\hline
\end{tabular}
\begin{tabular}{|c|}
\hline Turkey Club \\
\(\$ 16.95\) \\
Avocado, Bacon, Lettuce, \\
Sprouts, Tomato, Muenster \\
on Multi Grain Bread
\end{tabular}
\begin{tabular}{|c|}
\hline Patty Melt \(\$ 16.95\) \\
Beef or Turkey \\
Caramelized Onions, \\
Muenster Cheese on Toasted \\
White Bread \\
add Bacon \(\quad 2.95\) \\
\hline
\end{tabular}
\begin{tabular}{|c|}
\hline Classic B.L.T. \\
\(\$ 12.95\) \\
Bacon, Lettuce and \\
Tomato on White Bread \\
\hline
\end{tabular}

\section*{Side Orders}
\begin{tabular}{ll} 
French Fries & 6.95 \\
Sweet Potato Fries & 6.95 \\
Onion Rings & 6.95 \\
Cole Slaw & 6.95 \\
Fruit & 6.95 \\
Salad & 4.95 \\
\hline
\end{tabular}

\section*{Soup Favorites}

Roasted Tomato 8.95

Chili
Cheese, Onions \& Sour Cream 9.95

\section*{"The Salad"}
\begin{tabular}{|c|} 
Chimichurri \\
Jumbo Shrimp \(\$ 21.95\) \\
Bibb Lettuce, Avocado, \\
Cucuber, Tomato, HB Egg, \\
Frizzled Onions \& \\
Jalapeno Ranch Dressing \\
\hline
\end{tabular}
\begin{tabular}{|c|}
\hline Santa Fe Salad Bowl \$16.95 \\
Ground Turkey, Romaine, \\
Avocado, ,omato, Corn, \\
Black Beans, Cucumber \& \\
Cheddar Cheese \\
Lime-Cilantro Vinaigrette \\
\hline
\end{tabular}
Classic Platter
Mixed Greens \& Tomatoes
Chicken or Tuna Salad
\(\$ 12.95\)
Grilled Chicken \(\$ 13.95\)
Beef or Turkey Burger 15.95
"Salad Trio" \(\$ 15.95\)
A Scoop of Egg Salad, Chicken Salad \& Tuna Salad

Served with Toasted Pita

\section*{Burrata Salad \\ \(\$ 17.95\)}

Tomatoes, Arugula,
Roasted Bell Peppers with
Pesto Dressing \& Fig Glaze
\begin{tabular}{|lc|}
\hline \multicolumn{2}{|c|}{ Wedge \& Tomato } \\
\$10.95 \\
Iceberg Lettuce, Sliced Tomatoes \\
Crumbled Blue Cheese \& Bacon \\
add Grilled Chicken & 5.95 \\
add Beef/Turkey Burger & 7.95 \\
add Veggie Burger & 7.95 \\
add Jumbo Shrimp (3) & 11.95 \\
\hline
\end{tabular}

Latin Salad \(\$ 14.95\)
Avocado, Black Beans, Bacon,
Garbanzos, and Tomato on Romaine Lettuce add Chicken or Tuna Salad 4.95 add Grilled Chicken \(\quad 5.95\) add Beef or Turkey Burger 7.95 add Veggie Burger \(\quad 7.95\)
add Jumbo Shrimp (3) 11.95

Cobb Salad \$16.95

Chicken Breast, Hard Boiled Eggs, Tomatoes, Avocado, Bacon, Crumbled Blue Cheese \& Choice of Dressing

Caesar Salad \$14.95
Romaine Lettuce, Parmesan,
Croutons \& Caesar Dressing add Chicken Salad 4.95 add Tuna Salad 4.95 add Grilled Chicken \(\quad 5.95\) add Beef/Turkey Burger 7.95 add Veggie Burger \(\quad 7.95\) add Jumbo Shrimp (3) 11.95

\section*{Chef's Salad}
\(\$ 15.95\)
Ham, Turkey, Cheddar \& Swiss Cheese, Tomato, Hard Boiled Egg, Cucumber with Romaine Iceberg Lettuce Choice of Dressing

\section*{Greek Salad \$15.95}

Feta Cheese, Cucumber, Tomato, Onion, Kalamata Olives, Lettuce \& Toasted Pita with Red Wine Vinaigrette add Chicken Salad 4.95 add Tuna Salad 4.95 add Grilled Chicken \(\quad 5.95\) add Jumbo Shrimp (3) 11.95
\(\star\) Monday \(\star\)
Roast Beef Sandwich
Caramelized Onions, Swiss Cheese \& Au Jus on a Hoagie, and Side of French Fries 15.95
\(\star\) Tuesday \(\star\)
Crunchy Grouper Sandwich
Cole Slaw, Lettuce, Tomato, Onion \& Chipotle Mayo on a Kaiser Roll with a Side of French Fries 16.95
\(\star\) Wednesday \(\star\)
Seared Salmon
Warm Lentils, Quinoa, Wilted Spinach \& Rustic Tomatoes 18.95

\author{
\(\star\) Thursday \(\star\) \\ Crunchy Grouper Sandwich \\ Cole Slaw, Lettuce, Tomato, Onion \& Chipotle Mayo on a Kaiser Roll with a Side of French Fries 16.95 \\ \(\star\) Friday, Saturday \& Sunday \(\star\) \\ New York Strip Steak \& Eggs \\ French Fries, Sliced Tomatoes \& Chimichurri Sauce 21.95
}

\section*{要 Soup of the Day \\ \(\star\) Monday \(\star\)}

Chicken Fajita Soup with Tortilla Strips
\(\star\) Tuesday \(\star\) Italian Wedding
\(\star\) Wednesday \(\star\) Chicken Curry with Jasmine Rice
\(\star\) Thursday \(\star\) Minestrone

\author{
* Friday \(\star\) \\ New England Clam Chowder
}

Bowl 8.95

\title{
BREAKFAST
}

\section*{＂The Basic Two Organic Eggs＂}

Served with Home Fries or Arugula Salad and Toast \(\$ 8.95\) add an Egg 2.50

\title{
＂Make your own Three Egg Omelet or Scramble＂
}

Served with Home Fries or Arugula Salad and Toast \＄10．95
絭 Egg Whites 2.50 畨 add an Egg 2.50
\begin{tabular}{|l|}
\hline \multicolumn{1}{|c|}{ Add Veggie } \\
\＄1．95 per item \\
Jalapeños \\
Kalamata Olives \\
Mushrooms \\
Onions \\
Peppers \\
Spinach \\
Tomatoes \\
\hline
\end{tabular}
\begin{tabular}{|l|}
\hline \multicolumn{1}{|c|}{ Add Cheese } \\
\multicolumn{1}{|c|}{\(\$ 2.25\)} \\
American \\
Cheddar \\
Feta \\
Monterey Jack \\
Muenster \\
Pepper Jack \\
Swiss \\
\hline
\end{tabular}
\begin{tabular}{|l|}
\hline \multicolumn{1}{|c|}{ Add Protein } \\
\＄2．95 per item \\
Bacon \\
Chicken Breast \\
Ham \\
Chicken Sausage \\
Pork Sausage \\
\hline
\end{tabular}

\section*{＂Power Start＂}

Scrambled Egg Whites with Chicken Breast，Tomatoes，Spinach \＆Mushrooms Served with Arugula Salad or Home Fries and Multi－Grain Toast \＄14．95

\author{
＂Avocado Toast＂ \\ Guacamole Mash on Multi Grain Bread，Topped with Two Poached Organic Eggs Served with a Side of Pico de Gallo and Arugula Salad \＄14．95
}

\section*{＂The Benedicts＂Served with Home Fries or Arugula Salad}
\begin{tabular}{|lc|}
\hline \multicolumn{2}{|c|}{ Pancakes } \\
Regular & \(\$ 10.95\) \\
Short Stack & \(\$ 9.95\) \\
\hline
\end{tabular}
\begin{tabular}{|lr|}
\hline \multicolumn{2}{|c|}{ Blueberry Pancakes } \\
Regular & \(\$ 13.95\) \\
Short Stack & \(\$ 11.95\) \\
\hline
\end{tabular}

\section*{Texas Cut}
French Toast \(\$ 11.95\)
Top with Strawberries 2.95
Pure Maple Syrup 2.95
\(\$ 2.95\) Each
Pure Maple Syrup 漛 Top with Strawberries 漛 Top with Blueberries 漛 Top with Chocolate Chips

\section*{"More Breakfast Favorites"}
\begin{tabular}{|c|}
\hline Egg Burrito Wrap \\
\(\$ 12.95\)
\end{tabular}
\begin{tabular}{|c|}
\hline Mexican Burrito Wrap \\
\(\$ 13.95\) \\
Scrambled Eggs, Chorizo, \\
Onions, Peppers \& \\
Mexican Cheese \\
Served with Home Fries \\
\hline
\end{tabular}

\section*{Egg \& Cheddar on English Muffin \(\$ 12.95\)}

Bacon, Ham or Sausage \& Home Fries or Arugula

\section*{Dan's Breakfast \\ Sandwich \(\$ 12.95\)}

Fried Egg, Avocado, Grilled Tomato, American Cheese on Toasted Multi Grain Bread

\section*{*** Smoked Salmon \\ \$19.95}

Cream Cheese, Toasted
Bagel, Tomatoes, Onions, Capers and Hard Boiled Egg
\begin{tabular}{c} 
Granola \\
\(\$ 12.95\) \\
\begin{tabular}{c} 
Served with Berries \\
and Greek Yogurt
\end{tabular} \\
\hline
\end{tabular}
\begin{tabular}{|c|} 
Steel Cut Oatmeal \(\$ 9.95\) \\
Golden Raisins, Walnuts \& \\
Brown Sugar on the Side \\
Top with Strawberries or \\
Blueberries or Banana 2.95 \\
\hline
\end{tabular}
\begin{tabular}{|cc|}
\hline Raisin Bran or \\
Cheerios \\
\(\$ 5.95\) \\
Top with Strawberries & 2.95 \\
\hline
\end{tabular}

\section*{Side Orders}
\begin{tabular}{|lr|}
\hline Bacon & 4.95 \\
Canadian Bacon & 4.95 \\
Organic Chicken Sausage 4.95 \\
Pork Sausage & 4.95 \\
\hline
\end{tabular}
\begin{tabular}{|lr|}
\hline Cottage Cheese & 4.95 \\
Fruit & 6.95 \\
English Muffin & 3.95 \\
Bagel \& Cream Cheese & 4.95 \\
\hline
\end{tabular}
\begin{tabular}{|ll|}
\hline Natalie's O.J. & 6.95 \\
Apple Juice & 4.00 \\
Cranberry Juice & 4.25 \\
Tomato Juice & 4.00 \\
\hline
\end{tabular}

音"Shaces"

Chocolate • Strawberry • Vanilla 10.95


All Served in Individual Splits
Mimosa
Fresh Squeezed Orange Juice \& Prosecco 13.95

Bellini
Peach Nectar \& Prosecco 13.95

Pineapple Mimosa 13.95
Prosecco - Cavit, Lunetta 10.95

\section*{"BEERS"}

Amstel Light 7.95
Corona Light 7.95

\section*{Heineken 7.95}

Samuel Adams 7.95
Yuengling 7.95


All Served in Individual Splits
Cavit, Pinot Grigio 7.95
Cavit, Chardonnay 7.95
Cavit, Rosé 7.95
\({ }^{* * *}\) Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-bourne illness, especially if you have certain medical conditions.


\section*{Dessert}
\begin{tabular}{|c|c|}
\hline Chocolate Chip Cookie & 4.25 \\
\hline Oatmeal Raisin Cookie & 4.25 \\
\hline Muffin - Blueberry, Corn, Cranberry, & \\
\hline Morning Glory, Orange Citrus & 4.25 \\
\hline Slice of Chocolate Cake & 7.95 \\
\hline Slice of Coconut Cake & 7.95 \\
\hline Soft Serve & \\
\hline Milkshake & 10.95 \\
\hline Chocolate, Strawberry or Vanilla & \\
\hline Vanilla Soft Serve Gelato Cup & 7.95 \\
\hline Non-Fat Frozen Yogurt & 7.95 \\
\hline Add Toppings .50 each & \\
\hline Chocolate Sauce • Mini M\&M's •Mini Reese's Rainbow Sprinkles • Walnuts • Coconut • & - Oreos nola \\
\hline
\end{tabular}

\section*{Beverages}

Coke Zero, Diet Coke, Coke, Sprite 3.95
Lemonade 3.95
Root Beer 3.95
Fresh Brewed Iced Tea 3.95
Iced Coffee 3.95
Arnold Palmer 3.95
Cranberry \& Soda 3.95
Milk 3.95
Chocolate Milk 3.95
Almond Milk 5.95
Fiji Bottled Water 4.95
San Pellegrino 5.95

\section*{Coffee \& Tea}
\begin{tabular}{ll} 
Coffee & 4.00 \\
Hot Tea & 4.00 \\
Hot Chocolate & 4.00 \\
Espresso & 4.00 \\
Double Espresso & 6.95 \\
Cappuccino & 7.95 \\
Double Shot Cappuccino & 8.95 \\
Café Latte & 8.95 \\
Double Shot Café Latte & 9.95 \\
Iced Café Latte & 8.95 \\
Iced Café Latte with Almond Milk & 9.95
\end{tabular}```

