

Pancakes

Add one extra pancake for \$4.
Add a side order of fruit, potatoes, sausage, turkey sausage or two 2 eggs for \$3 each

- Blue Berry Pancakes \$12
- Buttermilk Pancakes \$10
- Corn Bread Pancakes Vegan, gf \$13
- Cinnamon Roll Pancakes \$12
- Gluten Free Blue Berry Pancakes \$13
- French Toast \$11
- Belgium Waffle..... \$10

Benedicts \$14

All benedicts served with poached eggs, on an english muffin, hollandaise sauce. with your choice of country potatoes, fruit, cottage cheese or side salad.
Add avocado \$2

Lox Benedict

Salmon lox, chives and cappers

T.C ORGANIC

Italian Benedict

Prosciutto, basil, tomato, garnish

Noe's Benedict

Braised short ribs, arugula, garnish

Country Benedict

Sausage, bacon, scrambles eggs, homemade gravy

Classic Benedict

Canadian bacon, chives

Eggs Any Benedicts

2 eggs any style, with toast, choice of potatoes, side salad or fruit.
Bagel options for \$2

T.C Organic

Breakfast Burrito \$12

Beans cheese, scrambled eggs, sour cream with choice of protein bacon, chorizo, sausage link, country potatoes, french fries, and side-salad, fruit (\$2).
add avocado \$2

Tacos Dorados \$14

(gluten free)
Three hard shells maize tortillas stuffed with chorizo, potatoes, served with rice, beans, and garnish. Add avocado \$2

Huevos Rancheros \$13

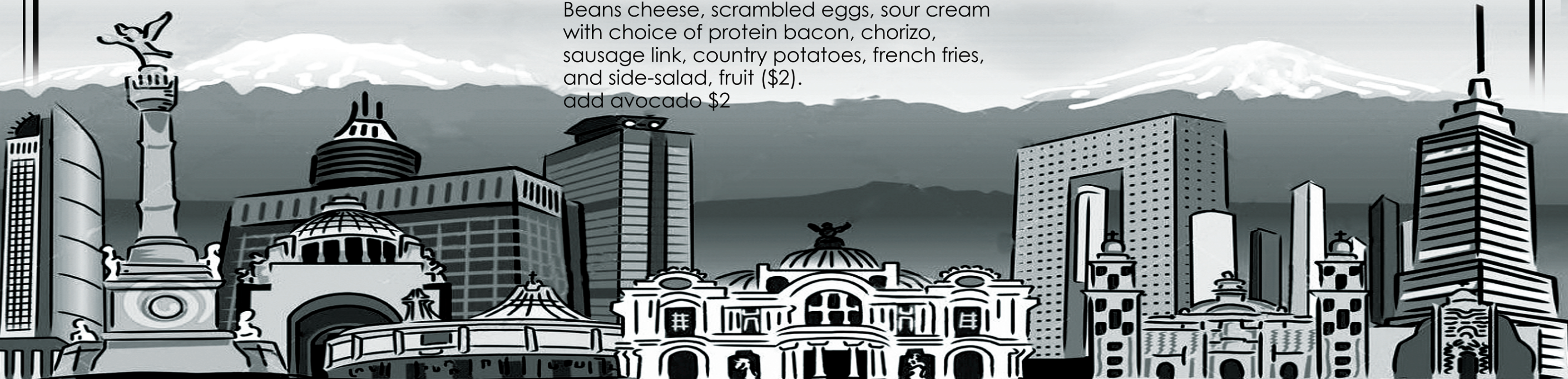
(gluten free)
Two eggs over medium on corn tortillas, dribble with ranchero sauce, topped with avocado, sour cream, queso fresco, served with beans.

Chef's Avocado Toast \$13

Cherry tomato, diced onions, mashed avocado, garnish, served with chimichurri, ricotta cheese. Add 2 eggs any style for \$3. Bread can be substituted for bagel or choice.

Bagel and LOX \$14

Salmon, garnished with cream cheese, red onion, served with side-salad.



Lunch Plates

All lunch plates served with choice of French fries, side salad or sweet potatoes fries or fruit for \$3

All American cheese burger \$15

Beef or vegan patty, lettuce, tomato, red onion, pickles, American cheese.
add avocado \$2

Bacon Cheeseburger \$16

Beef or vegan patty, lettuce, tomato, red onions, pickles and cheddar cheese.
add avocado \$2

Turkey Pesto Melt \$16

Turkey, pesto, arugula, red bell pepper, cheese provolone / fontina on sourdough bread or bun. add avocado \$2

Fried Chicken Sandwich or Wrap \$16

Fried chicken, lettuce, cheddar cheese, cucumber, tomato, secret sauce with maize wheat tortilla.

Vegan Burger \$16

Vegan patty, vegan cheese, arugula, red onions, pickles on vegan bun.

Tacos

Add avocado to tacos for \$2

Carnitas \$14

Two soft shell maize tortillas stuff with pork carnitas, cilantro, onions and cactus salad served with rice, beans.

Tacos Ensenada Vegan \$13

Two soft shell maize tortillas stuffed with fried avocado, pico de gallo, cabbage with creamy chipotle sauce.

Tacos Guisado Vegan \$13

Two soft shell maize tortillas stuffed with green zucchini, yellow squash, mushroom, corn, nacho cheese, pico de gallo, with green salsa.

Shrimp \$14

Two soft shell maize tortillas, stuffed with tempura shrimp, mixed cabbage, pico de gallo with chipotle sauce.

Birria \$14

Two soft shell maize tortillas stuffed with tender shredded beef served with rice beans, consommé soup.

Cochinita Pibil \$14

Two soft shell maize tortillas stuffed with pork served with rice and beans.

Salads

Cobb Salad \$15

Romaine lettuce, tomato, avocado, grilled chicken, bacon, hard-boiled eggs, blue cheese, red onion with red-wine vinaigrette.

Beet Salad \$13

Mixed baby greens, beets, golden beets, arugula, candied walnuts, pomegranate, goat cheese, red onion with balsamic vinaigrette. add avocado \$2

Caesar Kale Salad \$13

Chopped baby kale, arugula, romaine lettuce, pickled onions, parmesan cheese, croutons with caesar dressing. add avocado \$2 or protein \$4

Side Salad \$5.50

Baby greens, carrots, cherry tomatoes and red onions with house dressing.
add avocado \$2 or protein \$4

D.F. Bowl \$16

Home made mole, spanish rice, black mole, yellow mole, kale, and garnish. add protein \$4

Kelp Guilty Noodle \$16

Miso dressing, kelp noodle, green onion, avocado, radish, dickle cabbage, cucumber, (GF, FF) add protein \$4

T.C Bowl \$18

Spanish rice, black beans, blackened chicken, pico de gallo, avocado, lettuce.

Side Orders

Rice \$3

Beans \$3

Sweet Potatoes Fries \$5

Regular French Fries \$4

Side Fruit \$5

Potatoes Side \$4

Vegetable Side \$5

Plantains \$5

Side Bread \$2.50