## Lesson plan for budgeting topic - duration 30 minutes+

### Learning goals

- · To explain what a budget is.
- · Why it is useful
- Persuade students that it is worthwhile to try a personal budget.

#### Resources

- WizeUp powerpoint presentation
- · online games
- Kahoot! quiz

# Content & teach activity Slides



### **Starter**

- •Ask students if anyone has tried a budget
- •Explain that a budget is just a plan on how to spend a finite commodity
- •All students are good budgeters of time
- •Discuss why it important to have a budget use personal experience.



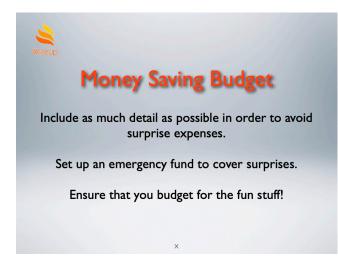
- •Use an analogy of an alarm clock to a budget
- •Choice whether to get up when it goes off of hit the snooze button.
- •Similar to seeing a budget doesn't add up and doing something about it or ignoring it.
- ·No right or wrong answer.
- •It's a personal choice.
- •Maybe consequences of delay talk about the things that may be given up for an extra 15 minutes in bed.



- •Starting point if more money coming in than going out = choices
- •Most of us have more money going out than coming in.
- •This is ok if its spotted early but if left it can be a precursor for debt spiral.
- •Ask if any students can explain debt spiral
- Advert on TV for Ocean Finance
- •Replace existing debt with cheaper debt.
- •Although APR may be lower, time for repayment is longer
- •Two elements to debt AP{R and time



- •Would a simple budget help?
- •Ask what it gives a list, a starting point
- •Ask the shortcomings no detail, too few categories



- •We need a budget to help us save money.
- Need lots of detail.
- •Easy to budget if nothing ever goes wrong.
- •Need an emergency fund (10%-15% of income) to cover surprises.
- •Could be car tyre puncture, MOT failure, invite to a party
- •Independence = ability to solve financial problems without asking for help.
- Planning is needed for this



- Example of money saving budget
- •Highlight more detail
- •Explain every persons budget with be personal and different

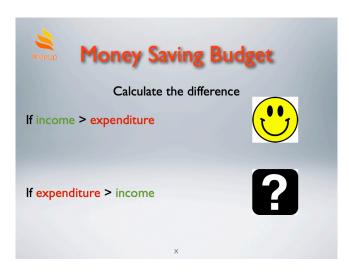


- •Once categories have been listed then they need to be prioritised
- Must haves = things without which you can't exist
- •Needs = things without which you can't function
- •Wants = Fun and pleasurable things
- •Warn that decisions need to be objective
- ·Heart mustn't rule head

Opportunity to use prioritising worksheet here - allow 5 minutes to complete. Discuss results



Transfer to spreadsheet and add numbers Show how to annualise Take spending from income



- •If more money coming in than going out then nothing to do
- •If more money going out than coming in the two choices:
- Cut expenditure
- •Increase income
- •No right answer all about choice
- •Give some personal experience
- •Explain that this is a snapshot
- •Be prepared to make changes to budget as lives progress
- •Because it doesn't add up it doesn't mean its not working



Film to finish showing 1st year university students discussing their budget.

Opportunity to play budgeting games if time allows - good selection on website.

### **Plenary**

Get students to compile a personal budget using their own circumstances OR

Compile one using an imaginary income of £1,500 per month Discuss results.