SIGNATURE

WINTER ISSUE

30 MINUTE EXPRESS WORKOUT

PROVERBIAL WOMAN SERIES

FASHION TRENDS

Perfect Portrait
Simmie Knox
(no such thing as a perfect portrait)

MERRELL
HOLLIS
THE
ULTIMATE
STYLE
CONNOISSEUR

PLUS

FLORI ROBERTS
BRIAN CULBERTSON
TYE TRIBBETT
LAQUAN SMITH
ROBIN WILSON

DAYMOND JOHN

AN ENTREPRENEURIAL CHAMPION SOARING TO NEW HEIGHTS

Robin Trailblazer in the World of Green Interviewed by Cynthia Orr Written by Malinda J. Pernell World SON





Door Style: Riverside Door Construction: Mitered Material: Maple Finish: Antique White Photo Credit: Kitchen Kraft, Inc OH

Using her personal experiences dealing with asthma and allergies as her platform, eco-friendly interior design expert Robin Wilson built a successful practice promoting sustainable and healthy living environments. As the first woman to license her name to eco-friendly custom cabinetry, Wilson is known for her focus on creating design spaces based on sustainable, reusable, recyclable and non-toxic solutions. "Eco-friendly design is about wellness," states Wilson. "It is about the connection between health and environment." A pioneer in the green movement, Wilson developed a prominent brand that advocates eco-awareness and healthy lifestyle initiatives for the home environment.

Door Style: Riverside Door Construction: Mitered Material: Maple Finish: Antique White Drawer: Paneled Photo Credit: Kitchen Kraft, Inc OH 3



As the founder of the New York-based Robin Wilson ment is a fundamental component of design for her Home, an eco-friendly residential and commercial residential and commercial clients. interior design and consulting firm, Wilson acknowledges that it is a calling that evolved. "As a child, I Passionate about generating excitement and createnjoyed rearranging spaces," she says. "But, I was ing awareness about the beauty of eco-friendly dissuaded from pursuing interior design as a career." designs, Wilson lives what she advocates. Her brand After earning a Bachelor of Arts from the University for the conscientious consumer is built on the prinof Texas in Austin, Wilson held various positions in ciples of eco-friendliness that embraces working the areas of management consulting and executive with reusable, nontoxic, recyclable, sustainable search. In 1999, the firm in which she was employed products and practicing responsible construction went public, and Wilson sold her company shares, and renovation. "Your home is your eco-system," using the money for her graduate studies in real says Wilson. "The bottom line is your home is where estate finance at New York University. Although you spend 30 percent of your life, encompassing previously redirected from pursuing her passion, she how you live, sleep, eat and entertain." Wilson exnever forgot her career goals. Wilson eventually plains that many people take indoor air quality and started her project management company in 2000, the products they use for granted. "The reality is Her business quickly expanded after managing small that the air indoors can affect your health," she construction projects for friends who then made states. "Many people do not realize that their wall referrals to her. "It was an easy job for me because insulation, paint or mattress could be toxic." Wilson of my skills set of multi-tasking and communica- promotes the correlation of making healthy choices

tions," says Wilson. Ten years later, project manage- for the home environment to keeping the family healthy.



(Upper Photo)Door Style: Seattle Door Construction: Flat Panel Material: Hickory Finish: Natural Drawer: Paneled Photo Credit: Selin Custom Kitchens IL(Left Photo)Material: Hickory Finish: Natural Drawer: Slab Photo Credit: Selin Custom Kitchens, IL



Today, Wilson has received acco- LEED-certified brownlades for various projects such as stone in 2008, the Esher work on the Westchester quire 'Ultimate Bachelor County home of Robert Kennedy, Apartment" terrace in Jr. As author of her first book, 2007, the Peninsula Ho-Kennedy Green House: Designing tel Spa Salon in 2007 an Eco-Friendly Home from the and multiple renovation Foundation to the Furniture, Wil- projects for the Harlem son chronicles the green remod- office of former Presieling and redesign efforts to dent Bill Clinton since create an eco-healthy, eco-friend- 2004. ly home environment. The book recently was awarded the 2010 A respected authority in IPPY Awards bronze medal in the eco-friendly interior de-Home & Garden category. Now, sign alternatives, Wilson in its second edition printing, the has made countless book also contains information quest appearances on on how the same environmentally many programs includresponsible and health-conscious ing the TODAY show,

Wilson emphasizes that each been featured in such publicaproject is unique and each client tions as House Beautiful, Reader's

is different. One of the most chal- Digest, Wall Street Journal, Home transformation of their space, zine 2007 Innovator of the Year. with the WOW moment being the

reveal of the finished green space. Her other notable projects include the Good Housekeeping

changes can be used by any hom- CBS Early Show, Good Morning eowner, from full-scale renova- America Now, PBS Nightly Busition to common household items. ness News, CNN, FOX Business, and HGTV. Her design work has

lenging aspects of any project is Furnishings, Good Housekeeping to understand the goals of the and O at Home. Wilson, as an client. While she has designed entrepreneur and public speaker, several high-profile projects, one has been recognized and particiassignment that she is very proud pated in various forums such as a of is a medical facility that pro- panelist in the 2010 Aspen Instivides prenatal and testing services tute Environment Forum; a panelfor women and girls in Brooklyn, ist in the 2009 Harvard Business New York. "This project was very School Dynamic Women in Busirewarding because of the reduced ness Conference; a 2008 AMEX fees to refurnish," states Wilson, and Count Me In "Make Mine a In general, her satisfaction is the Million \$ Business" Award Recipiability to assist people in the ent; and Black Enterprise Maga-



Door Style: Riverside Door Construction: Mitered Material: Maple Finish: Mocha. Sandalwood Drawer: Paneled Photo Credit: Unique Custom Cabinetry OH



Door Style: Riverside Door Construction: Mitered Material: Maple Finish: Mocha, Sandalwood Photo Credit: Unique Custom Cabinetry OH

Rebranded Robin Wilson Home in 2006, the firm is such as dishware, baby items and other household a member of the Sustainable Furnishings Council goods. and the U.S. Green Building Council. Because of her work on various LEED projects, Wilson has a thor- In the business of interior design, Wilson says that ough understanding and familiarity of those re- one must possess business skills and a creative quirements and encourages her clients to mindset, with the ability to balance both. However, implement cost-effective, green solutions and stan- the key to fulfilling any professional goal is to follow dards. Her multi-dimensional brand recently ex- your passion or dream no matter what others may panded to include her first licensing endeavor with say or the obstacles you may encounter. "Set goals Holiday Kitchens, a 65-year old company in the and position yourself to achieve them," she states. United States known for its sustainable practices "Life is precious, and it is about living now." It is a and lifetime warranties. The line of eco-friendly, philosophy Wilson truly embraces, personally and kitchen cabinetry is available through more than 400 professionally. dealers throughout the country. And, in 2008, she launched her online store, The Nest Store For more information on Robin Wilson Home,

(theneststore.com), featuring affordable products please visit www.robinwilsonhome.com.

41 40

Practical, Yet Affordable, Tips

to Achieve a More Eco-Friendly Home

Shower Curtain

Change your vinyl shower curtain to nylon as it is mildew-resistant.



who have slept on their pillows for six years without washing them," states Wilson,"It is like wearing the same, unwashed pair of pajamas for six years." She recommends washing your pillow every six months in hot water and giving them to an animal shelter

after two to three years.

Light Bulbs

Change your light bulbs to energy efficient options such as LED bulbs that last longer and can lower your electric bills because they do not generate heat. CFL light bulbs contain mercury, and you will need to dispose themproperly to avoid contaminating waterway.



Close the toilet lid when you flush. It has been scientifically documented that flushing creates a two to four foot toilet spray of particles in your bathroom.



Cleaners

Use affordable non-toxic cleaning products







shoes in the entry to avoid tracking dirt or pesticides into your living space.