



***Deep Cleaning House Checklist.***

- clean and disinfect the trash can.
  - clean the microwave. (inside and outside)
  - Deep clean the dishwasher.
  - clean inside the refrigerator and organize.
  - clean and organize the freezer.
  - vacuum refrigerator coils.
  - clean the oven
  - clean the hood vent and change the filter if needed.
  - clean stove top burners.
  - clean and disinfect the garbage disposal.
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- clean and disinfect the coffee maker.
  - clean and disinfect small appliances.
  - clean under the sink and eliminate the unnecessary.
  - Deep clean cabinet doors.
  - deep clean floors.

- disinfect doorknobs, light fixtures, and pulls.
- remove anything from the kitchen that doesn't belong.

#### Deep House Cleaning Dining Room Checklist:

- dust crown molding, wall corners, and floor molding
- scrub walls
- clean and disinfect light switches and outlets
- remove all dust from top to bottom.
- wash table cushions
- clean light fixtures.
- disinfect the table and wipe down all chairs, including legs and underneath.
- remove rug, shake, vacuum and clean floor before replacing rug.

#### **Deep House Cleaning For Bathrooms:**

- Clean air vents from the ceiling.
- Clean and disinfect light switches and fixtures.
- Clean and disinfect toothbrush holders.
- Clean and refill soap dish and/or pump.
- Clean light fixtures.
- Clean mirror.
- Clean shower curtain and liner.
- Clean shower door frame.
- Clean shower glass.
- Clean plastic strip at the bottom of a glass shower door.

- Disinfect counter tops.
- Dust and clean windows, inside and outside.
- Mop and scrub floors.
- Scrub and disinfect toilet, including around base, under seat and around hinges.
- Scrub the bathtub and/or shower.
- Scrub walls. (some stains)
- Wash toilet.
- Wash trash can (inside and out)
- Wipe down cabinets, knobs, towel racks and toilet paper holder.
- Clean bathroom exhaust fan.
- Clean shower head.

**Deep Cleaning Checklist For Living Room/Family Areas:**

- take anything that doesn't belong in the living room.
- dust crown molding, wall corners, and floor molding
- vacuum all carpet area.
- vacuum under furniture and in between cushions
- dust ceiling fans.
- clean lights and wash light globes.
- dust lamps.
- dust edges of wall hangings, mirrors, and pictures.
- clean windows and window sills.
- remove scuff marks from doors and moldings.
- dust electronics.
- disinfect remote controls and electronics devices.

### Deep Clean Checklist For Bedrooms:

- dust ceiling, corners, and upper and lower crown moldings.
- dust baseboards and window sills.
- dust and polish furniture.
- dust edges of wall hangings, mirrors, and pictures.
- clean glass and mirrors.
- dust lamps.
- vacuum lamp shades.
- dust ceiling fan.
- clean light fixtures.
- clean under your bed.
- wash bed sheets.
- wash pillows.
- clean windows and windowsills.
- vacuum carpet, including edges and under furniture.
- disinfect doorknobs and light switch plates.
- Dishwasher cleaning.
- Shower curtain cleaning.
- Decreasing stove top hood.
- Tile grout.