

DID YOU KNOW?

***SIGNS OF ALCOHOL/DRUG USE CAN INCLUDE:**
HANGING OUT WITH A NEW GROUP OF FRIENDS
CHANGE IN EATING OR SLEEPING HABITS
DROPPING GRADES
MOODINESS OR ISOLATION

*RESEARCH SHOWS THAT TEENS THAT START DRINKING BEFORE THE AGE OF 15 ARE 4 TIMES MORE LIKELY TO BECOME DEPENDENT ON ALCOHOL THAN THOSE WHO WAIT UNTIL AGE 21.

PAY ATTENTION TO THEIR CLOTHING AS THEY ARE CLUES INTO ACTIVITIES THAT INTEREST THEM.

*CHECKING THE SEARCH HISTORY ON THEIR PC/PHONE IS A GOOD WAY TO FIND OUT WHAT THEY ARE INTERESTED IN/DOING.

*YOU MAY WANT TO CHECK THE BAGS OF TEENS WHO ARE ATTENDING A PARTY OR SLEEPOVER AT YOUR HOME.

ROBOTRIPPING-

DRINKING ENTIRE BOTTLE OF ROBITUSSIN IN ORDER TO OBTAIN A BUZZ

"PURPLE DRANK" OR "LEAN"-

CONSISTS OF PRESCRIPTION COLD MEDS, A SODA DRINK, ICE AND HARD CANDIES.

THE EFFECTS OF THE DRINK LASTS FROM 3-6 HOURS.