

CHRISTIAN ASSISTANCE BRIDGE (CAB) SHOPPING NON-PERISHABLE SUGGESTED LIST:



Chicken & Dumplings
Salmon
Beef Stew
Spaghetti Sauce
Treet
Tuna
Spam
Peanut Butter
Jelly
Saltine Crackers
Canned Fruit
Jell-o
Greens
Tomatoes
Dried Beans & Peas
Any Canned Vegetables
Rice
Dried Beans
Instant Potatoes
Macaroni & Cheese
Spaghetti Noodles
Ramen Soups
Cereal
Grits & Oatmeal
Pancake mix & syrup
Biscuit/Cornbread Mix (sm)
All toiletry items
Paper products (toilet paper, etc.)

**PLEASE ENSURE THAT ALL DONATED NON-PERISHABLE ITEMS ARE
WITHIN THEIR EXPIRATION DATES AND HAVE NOT EXPIRED.**