

	Eyeliner	Eyebrows	Lips
Swelling	<ul style="list-style-type: none"> Moderate to severe swelling, if you swell when you cry, you will likely swell with an eyeliner procedure, typically lasts only 1-2 days. Sleeping propped up may help. Ice with mask for 10 minutes, hourly, on the day of the procedure. If still swollen the following day, continue icing. 	<ul style="list-style-type: none"> Minor with varying degrees of redness. Ice for 10-minute intervals as needed. Put a clean paper towel or aesthetic wipe between the ice pack and your brows. 	<ul style="list-style-type: none"> Moderate to severe swelling is not uncommon for 2-3 days following the procedure. Ice periodically for 10 minutes, apply Vaseline and put a clean paper towel or aesthetic wipe between the ice pack and your lips.
Moisture	<ul style="list-style-type: none"> Eyeliner is essentially dry healing, topical is applied only as needed to relieve tightness or itching during healing. On _____, if needed, you may apply a tiny amount of the topical provided, once daily. Use a clean micro-brush. Wipe off any excess, if you can see it, you've used too much! 	<ul style="list-style-type: none"> On _____, you may apply topical as needed to relieve any tightness or itching during healing. Use a tiny amount of the topical provided, do not over saturate, your skin needs to be able to breathe. 1-2x daily (max) as needed until healed. 	<ul style="list-style-type: none"> Lips tend to be very dry, keep them moist using the topical provided, 7-14 days. Do not over saturate, your skin needs to breathe. Lips will peel, Do Not pick! <i>Note: Lips can fade up to 60% and color can hide for up to 4-weeks before resurfacing.</i>
Avoid Until Healed	<ul style="list-style-type: none"> Use NOTHING on or around your eyes, other than the topical provided, as instructed above, until healed, 4-7 days. Be careful not to get the topical in your eyes as this can invite an infection. 	<ul style="list-style-type: none"> Lymph build-up. Blot frequently with a clean tissue following the procedure to absorb any lymph. Do not allow lymph to build up as this will increase scabbing. Use NOTHING on your brows except the topical provided until healed, 4-7 days. 	<ul style="list-style-type: none"> Do not bleach teeth for a minimum of 3 weeks. When eating, only "pat" lips with a napkin, 2 weeks. Avoid hot liquids. Drink through a straw.
	<ul style="list-style-type: none"> Other than daily cleansing, avoid contact with water and steam until healed. 		
Cleanse	<ul style="list-style-type: none"> The morning after the procedure, wash twice daily with the cleanser provided, rinse with warm water and gently pat dry with clean towel. 		<ul style="list-style-type: none"> See after care card.

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Take Notice	<ul style="list-style-type: none"> • Eyelids may have some redness near tattoo after the procedure. • Minor bruising may occur. • Bloodshot eyes or puss in the corners of the eyes may be a sign of infection, seek immediate medical attention. 	<ul style="list-style-type: none"> • Light redness is normal but if a red ring appears around the tattooed area, seek immediate medical attention. 	<ul style="list-style-type: none"> • If you have ever, even one time, had a cold sore or fever blister, you will require a prescription for Valtrex. Recommended dose: 500 mg, 2x a day, 2 days before and 4 days after, or as prescribed.

- **At FIRST sign of an infection, contact your physician immediately, and please let us know.**
- A touch-up is typically required for all permanent makeup procedures, occasionally more than one may be needed.
- No Retin-A, AHA's, Vitamin C, Glycolic and like acids on pigmented areas. See Pre-procedure sheet.
- No touching with fingers, direct sun, tanning beds, self-tanners, or use of sunscreens on pigmented areas.
- No swimming, hot tubs, saunas, or steamy showers. Face away from the showerhead to avoid getting water, shampoo, or conditioner on the pigmented areas.
- No activities that expose you to dirt and dust or cause heavy perspiration for the first week to prevent possible infection. Sweat has salt, salt pulls pigment!
- If a crust appears on the pigmented area, do NOT try to remove it as this can pull the pigment and cause scarring. Use a warm cloth to loosen lymph build-up. You are not considered healed until all crusting has exfoliated on its own.
- Don't be alarmed if pigment comes off onto the applicator when applying after care products.
- Don't be alarmed by fading after the first application. Final color can't be judged until 4-6 weeks post procedure.
- Once healed, use a good sunscreen daily, this will help extend the life of the pigment color.
- If planning a chemical peel, **MRI** or other medical procedure, notify them you have an iron-oxide cosmetic tattoo.
- If having laser hair removal or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. **Ablative and non-ablative lasers may cause pigment to turn black.**
- **Buy NEW mascara and liquid eyeliner! Do not risk an infection over a tube of mascara or eyeliner!**
- **Break tips and re-sharpen all cosmetic pencils prior to use! Clean eyeshadow pallets with alcohol wipes.**
- **Put a clean pillowcase on your pillow(s).**
- If you donate blood, it is a Red Cross policy for people to wait one year after any tattooing procedure.
- Contact us with questions or concerns.

Client printed name

Date

Client Signature

Technician Signature

Date