



Required Waiting Periods

Below are the required waiting periods. Post waiting periods vary depending on the procedure and individual healing time. Waiting periods for all medical procedures should be discussed with your physician. Do not stop taking any prescription medications or medically recommended supplements without first talking with your doctor. This information is not to be interpreted as medical advice or instruction.

Hours – Before		Weeks – Before & After	B/A	Months – Before & After	
Alcohol	48	Tweeze, wax or electrolysis	1/2	Lasik or Cataract Surgery	3-6
Caffeine	24	Botox or similar	2/4	Lash & Brow growth serums	1-2
Exercise (& after)	24-48	Facials	1/4	Laser to remove old PMU	6
Aspirin, Ibuprofen, Niacin, Vitamins	72	Retinols, Retin A, Glycolic acid, Alpha Hydroxy acid, peels, etc.	4-6	Accutane: half-dose or prophylactic dose require medical release.	12
Mood-altering drugs		Covid, Flu, Shingles vaccinations	2	Suntanned or sunburned	1-2
Lash & Brow Tint, Lash Lift	48-72	Lash Extensions: post final touch-up procedure	3-6	Lasers, IPL; cover treated area or it will turn black	2
Eyeliner procedures: no waterproof mascara and all eyelash extensions must be removed.	24-48	Fillers: Restylane, Juvéderm, etc.	2-4	Fat transfer to lips	3-6
		Before Only		Perfecting visits	2
		Antibiotics	1	Chemical exfoliation	1-2
		Fish Oil, Vitamin E, B6, Omega 3, Ginkgo Biloba & St John's wort	1	Chemo/Radiation requires medical clearance.	12

Lip Blush: It is highly recommended that all clients be on a regimen of ***anti-viral medication** before and after their procedure. If a client has ever, even one time in their life had a cold sore or fever blister it is **required**. (*Valtrex, 500 mg. 2x daily, 2 days prior and 4 days after, or as prescribed by your physician.)

It is illegal, and unsafe, to tattoo anyone under the influence of alcohol or mood-altering drugs, prescription or otherwise. If it is suspected that a client is under the influence, at the sole discretion of the technician, the procedure will be cancelled, the Booking Fee forfeited, and fees will be incurred in accordance with Kymberlee's Policies.

If a client arrives for their procedure and any of the aforementioned conditions are present, the technician reserves the right to refuse service, the Booking Fee will be forfeit, fees in accordance with the "No Show" Policy will apply.

If you have any questions regarding your eligibility, etc., please contact us prior to scheduling an appointment.

By signing below, I declare that I am following all pre-procedure protocols as outlined above. I agree to all Kymberlee's Permanent Makeup & Aesthetics terms and conditions and agree to pay any and all fees related to these terms and conditions.

Client signature

Date

Technician signature

Date