

RESUSCITATION

DRSABCD RESPONSE

DANGER

Check for hazards & ensure safety.

Infants Under 1 Year



RESPONSE

A casualty who is unresponsive and not breathing normally needs urgent resuscitation.

AIRWAY

Open to check breathing.

BREATHING

If the casualty is not breathing OR breathing abnormally, start CPR.

CPR

30 Compressions: 2 Breaths.
(if unwilling or unable to do breaths, consider compressions only).

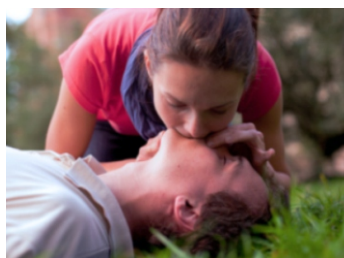
DEFIBRILLATE

As soon as available, follow the prompts.

SEND FOR HELP

Call the ambulance - 000.

Adults & Children



**Ensure Safety
for Self and Others**

**Call Triple Zero (000)
for an Ambulance**

SIGNS & SYMPTOMS

Unconscious, not responding,
not breathing normally, or not
breathing at all.

CPR DETAILS

	Adults & Children	Infants Under 1 Year
Open Airway →	Head tilt/chin lift	Neutral head
Press with? →	2 Hands	2 Fingers
How hard? →	1/3 chest depth approx 5 cm	1/3 chest depth approx 4 cm
Breath pressure? →	Full breaths	Puffs
How many? →	30 Compressions : 2 Breaths	
How fast? →	Compressions should be done at the rate of almost 2 per second (continuous rate of 100 - 120 per minute)	

For more information visit: www.resus.org.au

CONTINUE CPR / DEFIBRILLATION

Until responsiveness or normal breathing returns, or help arrives.