

# RESUSCITATION

## DRSABCD RESPONSE

### **DANGER**

Check for hazards & ensure safety.

#### Infants Under 1 Year



### **RESPONSE**

A casualty who is unresponsive and not breathing normally needs urgent resuscitation.

### **AIRWAY**

Open to check breathing.

### **BREATHING**

If the casualty is not breathing OR breathing abnormally, start CPR.

### **CPR**

30 Compressions: 2 Breaths.  
(if unwilling or unable to do breaths, consider compressions only).

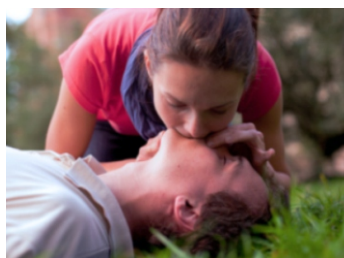
### **DEFIBRILLATE**

As soon as available, follow the prompts.

### **SEND FOR HELP**

Call the ambulance - 000.

#### Adults & Children



**Ensure Safety  
for Self and Others**

**Call Triple Zero (000)  
for an Ambulance**

### **SIGNS & SYMPTOMS**

Unconscious, not responding,  
not breathing normally, or not  
breathing at all.

### **CPR DETAILS**

	Adults & Children	Infants Under 1 Year
Open Airway →	Head tilt/chin lift	Neutral head
Press with? →	2 Hands	2 Fingers
How hard? →	1/3 chest depth approx 5 cm	1/3 chest depth approx 4 cm
Breath pressure? →	Full breaths	Puffs
How many? →	30 Compressions : 2 Breaths	
How fast? →	Compressions should be done at the rate of almost 2 per second (continuous rate of 100 - 120 per minute)	

For more information visit: [www.resus.org.au](http://www.resus.org.au)

### **CONTINUE CPR / DEFIBRILLATION**

Until responsiveness or normal breathing returns, or help arrives.