



### **Q-Switch Tattoo Removal Pretreatment Instructions**

- Avoid direct sun exposure to the treatment site 4 weeks prior to session.
- Avoid use of sunless tanning products 4 weeks prior to session.
- Alert your provider of any medications you are currently taking as some medications may affect the outcome of your treatment.
- Shave the treatment area as advised the morning of your session.

### **Q-Switch Tattoo Post-treatment Instructions**

- Apply cold compress for discomfort. Consider over the counter pain medication for discomfort.
- Cleanse treated area at least once daily in the shower with gentle soap and water, pat area dry.
- After cleansing, apply a thin layer of occlusive ointment and cover with a non-stick dressing until healed.
- Avoid submerging treated area in water until healed (shower is okay)
- Do not pick, peel, or rub the treatment area throughout healing.
- If blistering occurs, do not pop or pick at blisters. Keep the area moist with occlusive ointment and covered with non-stick dressing.
- Once healed, avoid sun exposure to the treated area. Apply zinc-based sunblock daily and reapply every two hours when outdoors.
- Contact provider if there is any indication of blistering or infection