



Vascular Lesion Removal Pretreatment Instructions:

- Avoid direct sun exposure to the treatment site 4 weeks prior to session.
- Avoid use of sunless tanning products 4 weeks prior to session.
- Avoid laser treatments or chemical peels to treatment area 4 weeks prior to session.
- Avoid neurotoxin or filler injections to treatment area 2 weeks prior to session.
- Discontinue any active products such as retinol or hydroquinone 3 days prior to treatment.
- Alert your provider of any medications you are currently taking as some medications may affect the outcome of your treatment.

Vascular Lesion Removal Post-treatment Instructions

- Cleanse the treated area twice daily with gentle soap and lukewarm water, pat area dry.
- Apply gentle moisturizer 2-3 times a day as needed.
- Avoid applying any active products such as retinol to the treatment site for 1 week.
- Avoid activities that cause flushing or excessive perspiration including exercise, spicy foods, alcohol consumption or hot temperatures for 2 days.
- Avoid direct sun exposure for four weeks. Apply zinc-based sunblock daily and reapply every two hours when outdoors. Wear a 4-inch brim sun hat and sunglasses when possible.
- Contact your provider if there is any indication of blistering or infection.