



PiXel8-RF Pre-Treatment Instructions

- Drink at least 64 ounces of water per day, two days prior to the treatment.
- Avoid direct sun exposure for 2 weeks prior to the treatment.
- Avoid use of sunless tanning products 2 weeks prior to treatment.
- Notify clinician if there is a known history of herpetic outbreak (cold sore/fever blister): Antiviral prophylactic is recommended.
- Discontinue active products such as retinol or hydroquinone 3 days prior to treatment.
- Avoid alcohol consumption 24 hours prior to treatment.
- Avoid anti-inflammatories (Aspirin, Aleve, Motrin, etc) and fish oil supplements 72 hours prior to treatment.
- Avoid treatments such as IPL, lasers, and chemical peels 2 weeks prior to treatment - unless otherwise directed by your clinician.
- Avoid fillers/neurotoxin 2 weeks prior to treatment.
- It is important to use any prescribed pre-treatment skin care products or medications as directed by your treatment provider. PiXel8-RF Post-treat

PiXel8-RF Post-Treatment Instructions

- Do not wash the treated area for 6 hours post treatment.
- Wash with gentle cleanser, such as Cetaphil, and clean hands
- Do not use any lotions, creams or makeup for 24 hours post treatment unless otherwise directed by your provider.
- You may resume your regular skin care regimen 24 hours post treatment with the exception of:

Active products such as AHA/BHA 48 hours post treatment

Retinoids/Hydroquinone 1-week post-treatment

- Drink at least 64 ounces of water per day
- Avoid vigorous exercise 48 hours post-treatment
- Avoid direct sun exposure for 4 weeks following treatment
- We recommend you shield your skin from harmful UV rays with a ZINC based product and 4-inch brim sun hat
- Reapply sun block every 2 hours when outdoors □ A certain degree of discomfort, redness, and/or irritation during and after treatment is expected. If any discomfort or irritation persists longer than 24 hours, please notify the treatment facility
- Instructions for discomfort:

Tylenol (Acetaminophen) for discomfort

Avoid anti-inflammatory medications such as Ibuprofen, Motrin, Aleve, Advil and Aspirin for 1 week post treatment

You may use cold compresses for 15-minute intervals up to 4 times a day

- Micro-scabs (of less than 1 mm in diameter) may form 24-72 hours post treatment and may remain for several days. The scabs should not be touched or scratched (even if they itch) and should be allowed to shed naturally