

Trail Life NCR

2025 Summer Adventure



Trail Life

LEADERS GUIDE / FAQ

A Message from the Camp Director

On behalf of the Activity Committee for the 2025 North Central Region Summer Adventure, we would like to welcome everyone to beautiful Pipestem State Park and to scenic West Virginia, where we always say to our friends, “welcome home”. It is our goal to make sure every Trailman has the opportunity to challenge themselves to learn something new, experience something special for the first time, finding themselves moving beyond the boundaries they have set in their own minds, and most importantly, encountering our Lord in a way that makes a meaningful impact in their lives.

Activities available for you to enjoy include disc golf, tomahawks, miniature golf, 3D archery, hiking, fishing, horseback riding, zip lines, archery tag and more. Days at camp will be full of warrior clinics designed to teach new skills and take on different challenges. There will be a host of activities simply for fun and adventure. For those looking for a challenge, we ask you to take on the largest zip line on the East Coast, if you dare. During the hot July afternoons, we will take the opportunity to cool off at Adventure Lake, and test our agility on the inflatable obstacles. Don't miss out on the Iron John Sessions if you are an older Trailman looking to make the transition to manhood.

Our evenings will be a special time set aside for God to meet us here, and impact our hearts and minds. Our roster of keynote speakers have prepared special messages to highlight our theme, “endurance produces character, and character produces hope”. Afterward, join your patrol and work toward completing our Daily Devotional Program, where we hope the Holy Spirit will move, work, and make a difference in all our hearts.

Pipestem Resort State Park gets its name from the native pipestem or meadowsweet plant. Native Americans and early pioneers used the hollowed-out twigs as shafts for tobacco pipes. For generations, the descendants of Scotch, Irish and English farmers farmed the relatively flat plateau on the east side of the Bluestone River Gorge. The land was rich in beauty but poor in jobs. In the 1960s, West Virginia received financial assistance to buy property to create a park that would attract visitors who could help grow the local economy. The park was built with grants provided by the Area Redevelopment Administration of the U.S. Department of Commerce under the administration of President John F. Kennedy. The park officially opened on Memorial Day 1970

We are very excited for you to join us for this event. This committee will not be structuring your adventure in a regimented or rigid manner. Instead, in conjunction with the wonderful staff at Pipestem State Park, we are making a wealth of activity and adventure available to you. It will be very much up to the individual Trailmen and patrols what activities they choose to explore.

So again, welcome home to The Mountain State, we are pleased to have you here. We hope you enjoy all Pipestem and West Virginia have to offer.

Walk Worthy -

Terry Collins
2025 Summer Adventure Director

A Message from Our Safety Team

SAFETY FIRST!

Lots of excitement awaits you at camp, but we want to remind you that with adventure comes risk! Are you ready? We've given serious thought to safeguards and response. Just read through the booklet. You'll find our safety team's guidance as you go. Expect a safety briefing or two – and maybe a realistic and amazing experience - once we're on-site!

The Mountain State is very hot and humid in July. Please be cognizant of the heat and ensure all Trailmen drink lots of water. Take time during the day to make sure everyone is drinking water; even the ones who say they are not thirsty. Make sure your trailmen fill their water bottles anytime they pass a water station. Nothing spoils a good time like heat exhaustion.

Be sure every registered Trailman (youth and adult) has a completed a current TLUSA High Adventure Activity Medical Form AND Participant Health and Medical Record Form. No one can participate without both medical forms being submitted. This will be reviewed by a Health & Safety person prior at check-in. Trailman who arrive without a medical form will be denied participation.

MEDICAL FORMS MUST BE SUBMITTED TO THE MEDICAL TEAM AT CHECK IN !!!!

Medications will be kept by the Safety Team. If special considerations (i.e., refrigeration) are required, please notify the Safety Team during check in.

If you plan to bring a Trailman with physical disabilities or limitations, alert the staff **PRIOR** to coming to camp. We need to have time to be fully aware of limitations and special needs so that we can evaluate if we are able to accommodate.

Closed-toed **shoes** must be worn at all times during activities. Sandals are not permitted. Shoes are a good idea on the lake, **so bring some old tennis shoes that can get wet or some water shoes.**

Temperatures in the Mountain State in late July can easily reach the 90's with 100 percent humidity. Everyone will want to be sure to stay hydrated and drinks lots of water. Don't wait until you feel thirsty to drink water. We encourage everyone to drink water even if you think you don't need to.

The sun will be out and blazing (we hope). Everyone should bring plenty of sunscreen to camp and be sure to apply it each morning before you leave camp. Be sure to re-apply as needed throughout the day. Nothing makes for a tough nights' sleep like a fresh sunburn.

Blessings,
Safety Team

Basic nuts and bolts. . .

You should come to camp prepared! We encourage each Trailman to talk to their fellow Trailmen and bring an entire natural patrol to Camp. However, we also understand that may not be possible. When required, we will assist in setting up provisional patrols for your Trailmen and Registered Adult leaders in attendance. We will offer some meetings for leaders and those that feel they might be stepping into the first officer role prior to camp to help you get to know each other.

Your campsite is your home for the event so work at making it comfortable by bringing flags and banners to dress it up. Build a gateway/entry to your camp if you wish! You should bring any supplies you might need for pioneering projects your Troop may want to build, i.e., entranceways, camp gadgets, etc. Remember – while you can pick up deadfall...you can't cut live trees! And you should note, the camp has a significant supply of poison ivy and even some poison oak on hand.

You should schedule time for rest! That's right. Too often, you don't take time to sit and enjoy the beauty around you at camp. Don't keep such a pace that you miss the trees, the nature, and the clean, fresh air. The area is beautiful – enjoy it!

Be flexible! There will be many other Trailmen attending camp and while the staff is there to meet everyone's needs, we must all practice respectful manners while in camp.

Communicate! If you have a special need or want to do something spectacular, tell us about it as soon as possible and we will do our best to meet your needs. There may be some things we may not be equipped to handle. Being up front and asking ahead of time, saves a lot of stress and worry for all involved.

Advise your Trailmen to be responsible for their own valuables. Watches, spending money, etc. should not be left in the shower room or in an unattended campsite. That goes for cell phones too! Remove temptations! Neither the Camp nor this Event Team can be responsible for lost or stolen valuables.

Speaking of cell phones, we know many of you use your phone for pictures so bring them if you wish – but be aware cell coverage is spotty. No Youth Trailmen will be allowed a cell phone; neither for pictures nor downtime. Bring an old fashioned digital camera if you wish. If a phone call needs to be made home, camp staff can assist. If a youth Trailman is found to have a phone, it will be confiscated and given to their Troop leader. How about other electronics??? No Cell phones, cd players, i-pods, electronic readers (kindle, nook), tablets, hand-held games, mp3 players, dvd players or any other electronics. Leave them at home or lock them up in your car when you arrive. The Trailmen simply cannot use them. Disconnect from the world for a few days and connect with God.

For Adults: Cell service is spotty to non-existent throughout the area. This makes for the perfect opportunity to unplug and enjoy nature with your Trailmen. We encourage all adult leaders to take advantage of this opportunity and disconnect from the world (and work) and draw closer to God. You can thank us after the event.

Camp Policies & Procedures

Safety

Youth Protection: Troops must have at least two registered adults in camp at all times. At least one of these must be 21 years of age; the second adult may be 18 years of age or older. All adults must have current "Child Safety Youth Protection" training.

Do not bring firearms, ammunition, fireworks, or any other explosive material/device to camp. If you are found in possession of these items, you will be removed from camp. Propane, liquid fuel, and fire starters should be kept in a locked area, not accessible without supervision. You shouldn't need any of these things at summer camp.

Smoking by youth is not permitted in camp. Adults who smoke are asked to do so well away from the youth camp area and Trailmen

Alcohol & Controlled Substance

Alcoholic beverages of any sort and possession or use of any controlled substance is strictly forbidden in all TLUSA events and camps. Anyone using them will be removed from camp immediately.

Buddy System

Three (3) or more Trailmen constitutes the buddy system in Trail Life. That will be our standard of accountability at camp.

Entering & Leaving Camp

Anyone entering or leaving camp must sign in and out with the Safety Team (First Aid/Administration Area) before doing so. Troop leaders are accountable for the whereabouts of their Trailmen at all times. A Camper Release Authorization must be signed and kept on file at camp for any Trailman wishing to leave during the week. The adult picking up the Trailman must present a photo ID and have had their name listed on the Camper Release Authorization Form in order to be able to remove the Trailman from Camp. Only individuals authorized to pick up a Trailman by written permission of the parent will be permitted to do so. Registered Adults who wish to enter and leave camp, must check in and out with the Safety Team as well.

Transportation In Camp

All vehicles must be parked in assigned areas. Vehicles are not to be used for transportation to/from any area unless there is a medical need, or a registered adult has been authorized by the camp director to transport a group of Trailmen to an offsite location. Campers are never authorized to ride in or on the back of an open vehicle or trailer.

Knives

Please do not bring fixed blade knives to camp. We recommend/encourage folding/lock-blade knives. Any Trailmen wishing to carry a pocketknife should have complete the Edge Tool badge and have the appropriate Edge Tool Card.

Staff Campsite

Staff campsites are off limits to all campers. If you need to see a staff member, make arrangements in advance so they can meet you in their primary work area.

Uniform

You are expected to wear TLUSA formal uniform at dinner and during evening flags. Wear it with pride! If you have the full field uniform, wearing it will give you preferential treatment for flag ceremonies.

Campsite

Your campsite is your home during your time at camp. Keep it clean and orderly. You should not enter anyone else's campsite without their permission. Courtesy calls for you to call out, "Permission to enter camp?" then wait for a reply before entering another's campsite.

Lights Out

Lights Out for all campers is at 10:30 P.M. This is quiet time, everyone needs to get their rest. No one is to be out of their campsite after unless they are accompanied by an adult from their Troop.

What You Must Bring With You!!

- Health and Medical Form
- High Adventure Medical Form
- Swim Test Form
- Camper Release Authorization (if leaving camp during the week)
- Edge Tool Card (of carrying/using a knife or edged tool)

General Information

Camp Location

Address: 3405 Pipestem Drive, Pipestem WV 25979

Emergency Phone Number & Telephone Use

The Camp Directors cell phone number is: 304-612-5529 (Terry Collins)

Assistant Director (Chris Richards) is 304-629-8934 but remember Cell coverage is spotty at best.

Pipestem State Park Office – 304-466-1800

Navigator/Adventurer Camp: The camp is limited to Trailmen who have or will turn 11 by August 1 through age 18.

This higher-level Trail Life Camp will test and expand the Navigator and Adventurer abilities. **THIS IS NOT A BADGE CAMP**; however, Trailmen will have the opportunity to work on and learn new skills.

Uniforms

We are expecting Trailmen and Adult Leaders to wear the official uniform during dinner, flag, and chapel activities. In the event you do not have the official uniform, please do wear TLUSA clothing (event shirts, travel and trail shirts) at flags and dinner.

Activity Wear— We are asking that Trailmen wear any official TLUSA shirt on Tuesday and the provided camp t-shirts on Wednesday. Beyond that, Trailmen and adults can wear whatever clothing makes them comfortable in the July heat, but please do be respectful and remember what we represent. Any clothing that advertises or implies anything inappropriate or inconsistent with the faith and values of Trail Life USA, including but not limited to obscenities, alcohol, or tobacco use will not be tolerated. All clothing and accessories must reflect the values of TLUSA. Questionable clothing will be deemed appropriate or otherwise by either the Camp Director or Chaplain. This includes sleepwear. You will be in photos.

Wicking material for shirts, synthetic underwear, a good supply of extra socks, and your personal stash of Gold Bond powder would be good choices when you pack!

Shoes—TLUSA policy requires that shoes be worn at all times except when swimming, showering or in a tent. **NO OPEN TOED SHOES.**

Retreat & Chapel Services—All Trailmen and leaders are expected to be in full uniform (as described above and as commonly required by YOUR Troop) for flags and evening meals and flag retreats during the week.

Color Guard—Trailmen who provide the Color Guard at retreat should be in full TLUSA uniform. Jean or Khaki shorts are acceptable. **No athletic shorts.**

Camp Staff

Camp Staff will help implement the Trail Life program and camp activities for the enjoyment and learning opportunities of our Trailmen. The camp staff during program activities will not counted as part of our adult ratios.

Trail Life Registered Adult Camper Roles

Registered Adult (RA) campers make Trail Life Summer Adventure possible. RA's will contribute to 2 - deep leadership coverage per the TL Health and Safety Guidelines. ALL RA's are expected to pitch in and assist throughout the week.

Accommodations

- This is adventure camp, we will sleep in tents or under the stars.
 - Tents may sleep the number they are rated for.
- There is NO electricity available in the camping/tenting area.

Showers and Restrooms

Limited shower facilities are being constructed and will be available during the event. They will be outdoor showers and hot water might be a premium. Plan accordingly.

Portajohns will be available throughout the camping area.

Visitors

At this time non-registered individuals are not allowed in Camp other than pre-arranged instructors and during the hours of check - in and check -out.

Vehicles in Camp and Parking

ONLY DESIGNATED VEHICLES ARE PERMITTED IN CAMP. All vehicles should be parked in the designated area and are not to be driven unless leaving camp.

Upon your arrival at camp, you will be given instruction as to where you will be camping. You may leave a trailer in camp, otherwise once unloaded, all remaining vehicles must be parked in the designated parking lot. Please be mindful of the camp speed limit.

Leaving or Entering Camp / Release of Trailmen

Any Trailman or leader who leaves or enters camp during the week, for any reason, must sign in and out. NO Trailman will be permitted to leave camp without the permission of their parents as approved on the "Camper Release Authorization Form." Those individuals coming to camp to remove a Trailman during the event must **bring a current photo ID with them and be at least 18 years of age** when they come to check out the Trailman. Trailmen cannot be released to anyone without a photo ID. At the end of camp, all Trailmen will be released to their Registered Adult Leader from their troop. The Registered Adult Leader will then conduct the release of Trailmen to any parents.

Release of Campers

In accord with our TLUSA policy, youth/Trailmen may only be released to an authorized person as listed on the "Camper Release Authorization Form" held on file. The form must be completed and turned in with the camper's medical form at the time of check-in. Only the camper's parent or legal guardian may complete and sign this form.

NO CAMPER SHALL BE RELEASED TO ANYONE NOT LISTED ON THE "CAMPER RELEASE AUTHORIZATION"

Main Objective of Camp

The main objective of camp is to give every Trailman a great camping adventure filled with new experiences and FUN. The Law of the Camp is the Golden Rule and Christian Charity – enjoy the camping, but in all things, let your behavior honor God – Walk Worthy.

Rookie Campers!

Care should be taken with any youth new to camping. Too many times the first camp experience is the last because of the way he is treated by other boys and leaders while at camp. We want everyone to have fun, but not at the expense of an inexperienced camper. There are numerous instances where HAZING has led to serious consequences, both to the physical well-being and emotional health of a boy. Hazing is not tolerated.

Media Inquiries

Please refer all media inquiries to the Camp Director

Check-in Procedure

- 1) When you arrive at camp, you will be directed to the Registration area.
- 2) Submit all documentation to the Safety Team, including:
 - Health and Medical Form
 - High Adventure Medical Form
 - Swim Test Form
 - Camper Release Authorization (if leaving camp during the week)
 - Edge Tool Card (of carrying/using a knife or edged tool)

CAMPERS AND ADULTS WITHOUT CURRENT MEDICAL FORMS WILL NOT BE PERMITTED TO STAY IN CAMP!!!!!!!!!!

All medications, over the counter, or prescriptions should be kept by the Safety Team. Medications must be packaged in their original containers with the prescription clearly labeled along with dosing instructions. Emergency meds for those with insect allergies and asthma may be carried on the person but must still be registered with the Health Officer. All Medications, including those requiring refrigeration, should be turned in at check in.

- 3) Once you are checked in with the Safety Team, you will be directed to your campsite to unload.

Please unload your equipment at your campsite quickly. Do not leave your vehicle in camp while you set up. Once all needed items are removed from your vehicle/trailer, please take it to the designated parking area.
- 4) Once your campsite is established, adhere to the program schedule.

CHECK-IN WILL BEGIN AT 9:30 am on Monday, July 21st

Check-out Procedure

- 1) Immediately following the awards ceremony on Friday morning, all campers can begin to breakdown their campsite, load their equipment, and clean up their area. Everyone cannot grab their cars and bring them to camp at once, so be patient and considerate.
- 2) Once you have finished cleaning your campsite, please see the Camp Director / Assistant Director to clear your campsite and confirm that no evidence of you ever being there remains.
- 3) Once released by the Camp Director, meet with the Safety Committee in the designated area to retrieve your medical forms and other documentation. You will be released from camp from there by one of the safety officers.

FINAL NOTES AND TIPS

Personal Identification

All adult campers are expected to wear their lanyards and official TLUSA ID cards at all times during the event. All Trailmen will be issued a wristband during registration that identifies them as part of the event.

Visitor Identification

All visitors entering camp must sign-in with the Safety Team upon arrival and sign out at the same location when they leave. In addition, they will be issued a "Visitor ID" lanyard.

Anyone in camp without appropriate identification . . . Will be escorted to the Camp Director for processing. Everyone in camp is REQUIRED to have a VISIBLE ID displayed on their person at all time.

Food

Meals will be provided by Camp Staff from lunch on Monday to lunch on Friday.

Snacks will be included following evening assembly.

Camp is not able to accommodate special dietary needs. If you have dietary restrictions, please plan on bringing prepared food and a way to keep it cold.

Campsite Cooking

Cooking at the campsite is not allowed.

Duty Rosters

We will be needing a few volunteers in the kitchen and managing a few logistics each day. Please be sure to sign up to help out during registration.

First Aid

An individual trained in first aid will be available at all times. For emergencies, the camper will be transported to a nearby hospital where a physician is on duty. All registered Trailmen are covered by minimal accident insurance [which is secondary to the family's own insurance plan]. Report all injuries and illnesses to the Camp Director immediately.

If a Trailman becomes sick or develops a fever, it is the decision of the Safety Team as to the course of action.

Fire Prevention

Fires should never be left unattended.

Fires should be started only with natural materials, no accelerant.

In case of fire, notify the Camp Director or closest staffer immediately.

Fires are only allowed in Approved Fire Pits.

Fires in the Campsite are allowed at the discretion of the Camp Director.

Troops are responsible for their own firewood for Personal Campsite Camp fires.

KEEP ALL FLAMES OUT OF & AWAY FROM TENTS !!!!!

General Health & Safety

- No Trailman or leader should leave the camp property without checking in or out with the Safety Team.
- Each Patrol will act under its own adult supervision at all times.
- Shoes must be worn at all times to prevent cuts, bruises, or thorn punctures to the feet. Open-toed shoes and sandals are not permitted.
- Alcoholic beverages, firearms, controlled substances, illegal drugs and fireworks are prohibited.
- Do not climb trees.
- NO horseplay. More Trailmen are injured because of carelessness than any other cause.
- No swimming outside of designated lake activities
- Report all injuries and illnesses immediately.
- Each Trailman should be supervised in the use of knives, axes and other hand tools.
- When the weather forecast presents a potential hazard, the Camp Director, Program Director, and/or Safety Director have the authority to temporarily suspend ALL activities.

Camp-Wide Emergencies

Fire Plan

When a person detects a fire they should alert those in the area and then notify the nearest staff member or troop leader who will in turn notify a Staff Member. At no time should any Trailman be exposed to danger. Campers must not fight the fire. Adults in the area should try to control the fire if possible. The Camp Director [or his designee] will activate the emergency warning (continuous long airhorn blast). All program areas of the camp will be closed and all campers report to the amphitheater immediately assembling there by Patrol.

Lost Camper

Adult leaders should be aware of where their Trailmen are during the course of the day. If a Trailman is unaccounted for, proceed as follows: Assemble the Patrol. Find out pertinent information such as last seen location, homesickness, camp interests, friends from other sites, topics of conversation, etc. Check all areas where the Trailman may be including tents, cars, latrine, program areas, etc. If not found quickly, contact the Camp Director or the closest staffer. Staff search procedures will be initiated.

Major Medical Emergencies

The nearest trained First Aider provides immediate primary care. Do not move an injured person; send for help from the Safety Director. Notify the Camp Director. The Camp Director will evaluate the situation and determine what further steps need to be taken. The rescue squad will be called if required. Transportation will be arranged to proper facilities as needed. The Trailman's parents will be notified if a camper is sent for treatment.

Severe Weather

A severe weather warning of will be activated at the discretion of the Camp Director or Safety Director based official NOAA and/or local weather alerts.

Severe Storm or Tornado **WATCH** - A staff member will notify the program areas and campsites that a Watch exists until an established watch expiration time.

Severe Storm or Tornado **Warning** – A long **air horn blast will be sounded**. All program areas will close immediately and Trailmen must report to the designated safety area in their activity area - and remain in that area until the threat has passed and the Camp Director, Program Director or Safety Director has released campers to return to their activities. In most cases, simply reporting to and remaining in your campsite is the correct procedure. However, in extreme cases, you will need to take the following action(s).

The Camp Director (or his designee) will direct the campsites to evacuate to the safe shelters. Troop leaders should be alert and ready to move their Troop to a safe area in any condition that looks dangerous. ***If you are caught on the trail, take cover in the nearest depression or ravine. Be on the lookout for flash floods and falling branches.***

Troop Organization in Camp

If you are coming to Summer Adventure as a troop, or with several members from your home troop, you will be together in a patrol. If you are coming individually, or with a small contingent from your home troop, you will be assigned to a provisional patrol for the duration of the event. This will happen the first evening. This gives the new patrol a chance to develop patrol spirit and the new leader gets some on-the-job training. Each patrol will work together to designate a Patrol Leader (youth) and Troop Master (adult) that will be the primary point of communication with the event staff.

The main objective for adult leaders should be to see that every Trailman gets to the activities on time. Troop Masters will also be responsible for implementing caveats of the Daily Devotional Program as directed by the Chaplain each day.

The First Officer, as the youth leader in charge, should conduct the Patrol Leader Conference and be responsible for program scheduling, announcements, changes to schedules and the overall coordination of the event. Patrol Leaders should act in their usual capacity as the youth leader of the patrols they are assigned in all activities.

Packing List

LABEL EVERYTHING WITH YOUR NAME!

	Sleeping:		Compass
	Sleeping Bag		Personal First Aid Kit
	Pillow		Pocket Knife - (FOLDING PLEASE)
	Sleep mat if you want to be a bit more comfortable		Watch
	Clothing:		
	Poncho or Rain Suit		
	Shirts (pack a few - we will be wearing camp t-shirt and official TLUSA t-shirt on Tue)		
	Pants/Modest Shorts		
	Sweatshirt (could be chilly in the evening)		Optional:
	Socks (enough for each day plus one extra pair)		
	Underwear (at least one pair per day plus extra pair)		Sunglasses
	Extra pair of shoes or hiking boots, Flip Flops only for shower		Personal Medications (to be given to your Troopmaster and the Safety Team)
	Old Shoes for water play		Elevated Fire Pit
	PJ's (Sweats/shorts are great)		Fan, battery powered
	Swim Suit (modest)		Camera (not on a phone)
	Trail Life Uniform (At least the Shirt)		Leave at Home:
	Toiletries:		Sheathed Knives
	Wash Cloth/small towel		
	Beach Towel		ALL electronics (radio, cell phones, ipods, etc)
	Soap		
	Brush/comb (Do not share with other campers)		Fireworks, guns, tobacco, alcohol
	Toiletries (Toothbrush, toothpaste, deodorant)		Illegal substances
			Phones are not allowed
	Miscellaneous:		Consider a Convenient Day Pack: (To be carried with camper to activities):
	Flashlight or headlamp with new batteries		
	Camp Chair		
	Journal/Bible/Pen/Devotional booklet		
	Sunscreen		
	Bug Spray		
	Hat/Bandana		
	Large mesh bag (for wet clothes - do not use plastic bag)		
	Re-fillable water bottle (MUST HAVE)		
	Tent (or a plan to share with a buddy)		EVERYTHING MUST BE LABELED WITH
			TRAILMAN's NAME

A Few Special Notes as we Close

Duty Rosters – We will have a few things that we need assistance with around camp. Remember to have a servant's heart and volunteer quickly. We want you to have fun and spend time with God while you are with us, so we promise to keep the time you spend helping facilitate camp to an absolute minimum.

Leadership at Camp – The First Officer is the primary leader at camp. He will be calling Patrol Leader Conferences as needed to ensure good communication. Reach out to an adult leader if you need assistance, but the proper chain of command should be your individual Patrol Leader, First Officer, Troop Master and Camp Director. Please give the young leaders the opportunity to show what they can do.

The Camp Director is an old Army NCO, and a stickler for uniform standards. The official TLUSA Uniform is to be worn at dinner, evening colors, and chapel activity each night. If a Trailman does not have official uniform shorts/pants, he may wear clean cargo shorts of tan, dark green, or khaki in color. The uniform will be worn with pride. Shirts will be tucked in, buttoned up, and respected at all times. If a hat is worn with the uniform, it should be an official TLUSA cap. GYM SHORTS OR SWIM TRUNKS WILL ABSOLUTELY NOT BE WORN WITH THE UNIFORM SHIRT AT ANY TIME !

Please remember to bring any TLUSA shirt to wear on TUESDAY. Everyone please wear the provided Summer Adventure Shirt on Wednesday.

Wear your wristband or adult leader ID lanyard at all times. Anyone wondering around the activity area without proper ID will be stopped by event staff. Trailmen losing their ID bracelets will be required to do about 2000 pushups to get a new one. Be responsible! We must keep everyone safe.

ALL TLUSA Safety Guidelines will be in effect for this entire event. NO one-on-one interactions. Two-deep leadership at ALL TIMES. The officially recognized buddy system is THREE (3) Trailmen, not two.

We want you to have fun, be safe, and enjoy your stay in the Mountain State. Most of all, we want you to spend some quality time with The Holy Spirit while you are here "on the mountain". We sincerely hope you come to play hard and pray harder. We are eager to assist you in this venture in any way we can

DON'T FORGET A REFILLABLE WATER BOTTLE AND KEEP IN ON YOU WHILE YOU ARE HERE !!!! It is hot and sunny in WV during July and the humidity can get high. YOU WILL SWEAT!! Drink plenty of fluids even though you may not feel thirsty.

DON'T FORGET MEDICAL FORMS – ADULT AND TRAILMAN !!

NO ELECTRONICS, not what we are here for. Take advantage and disconnect from the world while connecting with the Spirit.

Hikes and Bikes - There will be time for elective activities built into the schedule. If you want to bring a mountain bike or just your favorite hiking boots, there are a number of trails throughout the park where you can use both. If your troop or patrol wants to hit a trail for some adventure, grab a couple adult leaders, let the Camp Director know, and head out in a small group.

DON'T FORGET YOUR HELMET AND OTHER SAFETY GEAR (and your bike) !!!!!!!!!!!!!!!