



# Shoshone County EMS Corporation

## Monthly EMS Training November 2018

### Purpose:

To provide Shoshone County EMS Providers a monthly training topic for Continuing Education. This program is geared to our current 911 system and will follow the 50 hours of required C.E. for NREMT recertification of the [NCCP model at the Advanced-Level](#). In addition, included will be local protocols and quality improvement trends. For any questions, discrepancies please contact me through email [aboatman@scems.org](mailto:aboatman@scems.org)

### Instructions:

As a crew, review all portions of the monthly topic in order and fill out an appropriate Fire House training log. Each month will contain between 2-5 hours of EMS training. All information for the month will be located on the Shoshone County EMS website under TRAINING tab, then select the appropriate month.

### November 2018 – Cardiovascular Part 2

1)	Watch	Infant (0-12mo) CPR BLS One rescuer	
2)	Watch	Infant (0-12mo) CPR BLS Two rescuer	
3)	Watch	Pediatric BLS CPR	
4)	Watch	PALS Pediatric Cardiac Arrest	
5)	Review Protocols	Pediatrics (Yellow)	
6)	Watch	Stroke Review Video by RN	
7)	Watch	Acute Stroke (Pink)	
8)	Test	Stroke Online Test	
9)	Log	Department Training – Fire House	
		1.5Hour – Cardiovascular – Pediatric Cardiac Arrest	
		1Hour – Cardiovascular – Acute Stroke	

<b>1)</b>	<b>Watch</b>	Infant (0-12mo) CPR BLS One rescuer
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In this video we will review everyone's nightmare. CPR on an infant by yourself. This could become a reality so lets review what to do.

<https://www.youtube.com/watch?v=5vWV2-yLRVU>

<b>2)</b>	<b>Watch</b>	Infant (0-12mo) CPR BLS Two Rescuer
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In this video we watch 2 rescuer CPR for an Infant.

*15:2 Give compressions using the two-thumb encircling hands method. Be sure not to press on the end of the sternum as this can cause injury to the infant. (Compression depth should be 1.5 inches, that is 4 cm, and the compression rate should be at least 100 to 120 per minute.) Use AED or the defibrillator while continuing CPR until further help arrives or until infant's condition normalizes."*

[https://www.youtube.com/watch?time\\_continue=4&v=DjHJV9PH8-I](https://www.youtube.com/watch?time_continue=4&v=DjHJV9PH8-I)

<b>3)</b>	<b>Watch</b>	Pediatric BLS CPR
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In this video we quickly overview "Pediatric BLS CPR"

<https://www.youtube.com/watch?v=w5snpqV6bNk>

<b>4)</b>	<b>Watch</b>	PALS Pediatric Cardiac Arrest Overview
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Notes:

As EMT Advanced providers we may don't have all the fancy medications but the BROSLOW tape is still essential for Defibrillation Joules, Appx Height, WT, and IV size.

[https://www.youtube.com/watch?time\\_continue=7&v=qz7xErbSAas](https://www.youtube.com/watch?time_continue=7&v=qz7xErbSAas)

<b>5)</b>	<b>Review Protocols</b>	Pediatrics (Yellow)
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Review Pediatrics (Yellow)

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<b>6)</b>	<b>Watch</b>	Stroke Review Video by RN
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A stroke occurs when blood rich in oxygen can NOT reach brain cells (due to either a blockage or bleeding) and the cells begin to die.

<https://www.youtube.com/watch?v=U8s427-tv58>

<b>7)</b>	<b>Review Protocols</b>	Acute Stroke (Pink)
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Review Acute Stroke (Pink)

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[https://img1.wsimg.com/blobby/go/ab729f28-1b8e-4f18-b891-ed1a26a12b4b/downloads/1ch1otohn\\_781213.pdf](https://img1.wsimg.com/blobby/go/ab729f28-1b8e-4f18-b891-ed1a26a12b4b/downloads/1ch1otohn_781213.pdf)

<b>8)</b>	<b>Test</b>	Stroke Online Test
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Take test as a crew

<http://www.registerednursern.com/stroke-cva-nclex-questions/>

<b>9)</b>	<b>Log</b>	Training	
		1.5Hour – Cardiovascular – Pediatric Cardiac Arrest	
		1Hour – Cardiovascular – Acute Stroke	

Log in to your department Fire House account and log training following the below

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