

## ICE: Inspiring Children to Empowerment

At ICE, we're dedicated to helping kids and youth heal from the effects of domestic violence, trauma, and loss through the transformative power of hockey.

## Our Mission:

- Assist with hockey registration fees and equipment.
- Connect youth with positive role models through coaching.
- Host fun ice sessions for children to learn, have fun, and meet new mentors
- Provide resources for off-ice training and overall well-being.
- Facilitate networking opportunities for hockey families.



## Why ICE?

Every child deserves the opportunity to heal, grow, and thrive, regardless of their challenges. Through hockey, children can channel their energy into something positive, building confidence, resilience, and life skills along the way.



While organizations like Jumpstart and KidSport do invaluable work in providing financial assistance for children from low-income families to participate in sports, ICE offers a unique approach that complements and extends beyond income-based criteria.



- Tailored Support: Unlike income-based models, we understand that trauma and loss can impact families across all income levels. Our criteria for funding and involvement are not income-based but instead focus on meeting families where they are.
- Holistic Approach: In these challenging economic times, we recognize that families faced with trauma and loss may experience financial strain beyond traditional indicators of low income. By offering free programming and information, we aim to alleviate the burden of expenses associated with sports participation.
- Collaboration and Partnership: Rather than competing with organizations like Jumpstart and KidSport, we see ourselves as partners. By working alongside these established organizations, we can leverage resources and expertise to maximize impact and reach more children in need.
- At ICE, our goals extend beyond merely providing funding for hockey equipment and registration fees. We envision a vibrant community that fosters mentorship, facilitates information sharing, and encourages positive role modelling.

Contact us to learn more or get involved!





You can also find us on Facebook and Instagram