



# Resolve with Hypnosis

*“Where change happens naturally”*

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## RE: Location Guidelines, Reopening July 2020

### **Overview:**

My client's safety is my number one concern. The guidelines below have been put into place for my clients, to ensure that the clients, the hypnotist, and space during the sessions are all following the CDC regulations, as well as the NYS legal and health regulations regarding COVID-19. Following the guidelines below will help to ensure that each client is safe at all times during the sessions.

### ***Entering/Exiting the location of the sessions:***

Clients must wear a mask once on the property, 2601 West Seneca Turnpike, Marcellus, NY 13108. Clients cannot take their masks off while inside the building. While I know this will be tough, I allow for break times and water breaks for each client. Session times will be shortened as well, so they will not be wearing them for long periods of time.

Clients will be instructed to enter from the usual front entrance, the grey door that leads right into the house. I ask that you wait in your car until you are instructed to come to the entrance. One client at a time will enter

Once the client's session is due to start, I will open the door and lead the client into the house. Once inside, the client will be instructed to use hand sanitizer, provided by me, before entering further. The door then will be locked before each session starts, as the waiting area inside the house will be closed off to parents or other clients. Parents (or other clients) will not be able to enter unless an emergency or disruption occurs, in which case one parent will be allowed in, wearing a mask.

Once the client's session has ended, they will be led out the same door to exit the building. I ask that parents/guardians wait for their child in their vehicle. If they need to exit their vehicle, please wear a mask.

The clients' scheduled-sessions are specifically assigned so that no sessions overlap. This will prevent multiple clients from entering/exiting at the same time or too close together. Clients will be entering & exiting with their session only. If the client arrives to a session early while another session is still in session/exiting, they must stay in vehicle until the previous client has fully exited the building & you have been instructed to enter. (As before, should a session go longer than anticipated, there will be a sign hanging on the door knob to alert you that there is still another client 'still in session' inside.)

***Sanitizing/Cleaning:***

I will be properly sanitizing/cleaning prior to starting sessions & after finishing sessions. Enough time will be allowed between each session for me to sanitize all surfaces before another client is scheduled to enter. Clients will also be sanitizing their hands when entering and exiting the building. There will also be hand sanitizer available to the clients during the session to use as needed throughout their session.

Bathroom use will now be **EMERGENCY ONLY**. Parents/guardians of minors are asked to please encourage and explain to your child the priority of using the bathroom prior to arriving to the session. I will follow guidelines if a client does have an emergency where they need to use the bathroom.

Clients will no longer be able to refill their water bottles during the session. They will only be able to use what they brought, so please make sure you are prepared with plenty of water. As before, I will have extra bottles of water on hand should a client request one. In addition, please make sure that no food comes to the session. It is not allowed. If the client has a health concern, please bring that to my attention, and I will set guidelines for that.

***Social Distancing:***

Once inside, there will be marked out areas 6ft apart where clients will be instructed to stand/sit throughout the session. A reminder will be given at the beginning of each session about keeping your distance.

***Punctuality:***

It is important that clients are punctual for sessions. As stated above, there is a distinct way to enter/exit the building. Remember, the doors will be locked while clients are in session so that no one can just come and go. Also, attendance will be noted, so that I can keep track of all clients who have been in session and what day/time they were there.

Finally, for the summer months, I will only be accepting a limited number of new clients. This ensures there will be very few new clients arriving and attending sessions.

R-July, 2020
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